

**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA
(MACFAST)**



MACFASTTM
Igniting wisdom since 2001

3.4.3. and 3.4.4.

**Extension and Outreach Programmes Conducted by Institution
through NSS/NCC/Red Cross/YRC etc. and those Organised in
Collaboration with Industry, Community and NGOs**

2017-18

Criteria 3: Research, Innovations and Extension

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA (MACFAST)

Tiruvalla, Pathanamthitta, Kerala 689 101

2017-2018



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA
(MACFAST)

MACFAST
Igniting wisdom since 2001

2017 – 2018			
Sl. No.	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme
1	Training Programme in Cake Making for Prospective Entrepreneurs	School of Biosciences	Entrepreneurship Promotion
2	Training Programme in Chocolate Making for Prospective Entrepreneurs	School of Biosciences	Entrepreneurship Promotion
3	Organic Farming Mass Awareness programme - Jaivam 2017	NSS	Social Welfare
4	Cleaning of Government school premises - Govt. Higher Secondary School, Kuttoor	NSS	Social Welfare
5	Blood donation Camp	NSS	Health Awareness
6	Disha Job Fair 2017-18	Alappuzha and Pathanamthitta District Employment Exchange Employability Center and MACFAST	Social Welfare
7	Plastic Awareness and Collection campaign in trains	Thiruvananthapuram division of Southern Railway, NSS MACFAST and School of Biosciences	Social Welfare
8	Punyam Poonkavanam-Cleaning of Sabarimala premises	Kerala Police, the NSS unit, Radio MACFAST 90.4 and forestry club of MACFAST	Social Welfare
9	Jackfruit - Mango festival -2018	YMCA and School of Bio Sciences	Health Awareness





MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

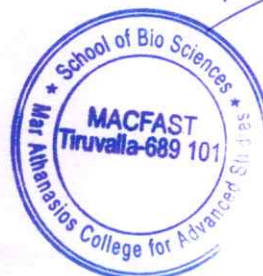
Thiruvalla - 689101

Workshop on “Cake making for prospective entrepreneurs”

7-8 December, 2017

While you may be wondering how to start a cake business from home, there are many other home bakers who have already converted their passion into a successful business and have started selling cakes from home. This industry is rapidly growing and there's heavy competition. According to another research study, the Indian cake market is projected to grow at a steady rate. From the past few years, there's a high demand for customized and artisanal cakes as well. Factors like product innovations in terms of new flavours, rise in disposable income and changing consumer tastes and preferences are the key drivers of the segment. This is where home bakers have a role to play and a business space to explore.




MACFAST has catered to these demands by arranging a training programme on Cake making in this regard. A two day training program on cake making, for prospective entrepreneurs was conducted on 07th and 08th of December, 2017. The coordinator and the main resource person of the program was Mrs. Pinchu Elizabeth Thomas. A total of 8 participants attended the training programme to start cake making as a business. 3 students from School of Biosciences were present as volunteer helpers for the programme.



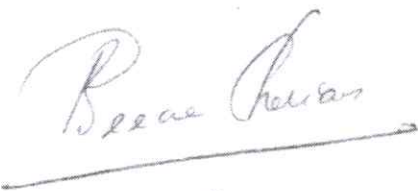
Beena Cherian

*Beena Cherian
Dean, School of Biosciences*

Training Programme in Cake Making
7 & 8 December 2017

Name of Student	Course	Signature
Ammur Bejoe	FTQA	
Renu John	"	
Mathai Mathew	"	





Beena Cherian
Dean, School of Biosciences



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla - 689101

Workshop on “Chocolate making for prospective entrepreneurs” 2017-18

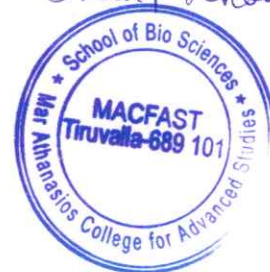
Small-scale entrepreneurship in the food industry can open up new job opportunities for women and young talents and will also help in national development. With the idea of encouraging people in this field, the School of Biosciences, MACFAST has organized hands-on training in chocolate making. The two sets of training programs conducted in 2017-2018 were coordinated by Mr. Biju Dharmaplan and the technical section was handled by Mrs. Pinchu Elizabeth Thomas. The date of conduct and no. of participants in each session are enlisted below.

Sl.No	Date	No of participants	No of student Volunteers
1	10 th -11 th Nov 2017	6	2
2	7 th -8 th March 2018	10	3



Beena Cherian

Beena Cherian
Dean, School of Biosciences

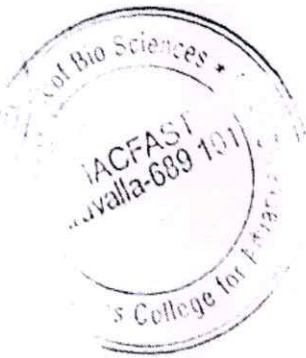


Training Programme in chocolate making

10 & 11 November 2017

Student participation

name of student	course	signature
Manija Madhu	FTQA	Manija
Mercy Jose	"	Mercy Jose






Beena Cherian

Beena Cherian
Dean, School of
Biosciences

Training programme in Chocolate Making

7-8th March 2018

Name of Student	Course	Signature
Sarwan Iqbal	FT&VF	
Keerthana Reop	"	
Bini Alias	"	



Beera Cherian

Dean, School of Bioscience



Organic Farming Mass Awareness programme - Jaivam 2017

6th to 12th September 2017

'Jaivam 2017' an organic farm initiative launched by Kerala state government and the College N.S.S unit organized a one week Jaivam Campaign activities based on this programme. Jaivam 2017 was basically organized to promote the culture of organic farming in households of Kerala. The one week organic farming awareness was conducted during Onam holidays from 6th to 12th September, 2017. In the awareness campaign, the NSS volunteers went door to door and conducted a survey at Payippad Panchayath, in Kottayam district. They also gave organic farming awareness to the housewives. 50 students actively participated in this programme.



A. Athar

[Signature]
 08.06.2022

Fr. Dr. CHERIAN J KOTTAYIL
 PRINCIPAL
 Mar Athanasios College For Advanced Studies
 Tiruvalla- 689101, Kerala





മാറാത്തോസാ നാഷണൽ സർവ്വീസ് യൂണിറ്റ്
 കോട്ടയം ജില്ലാ
 ഭരണ സാക്ഷരതാ യജ്ഞം
 ആഗസ്റ്റ് - ഡിസംബർ 2017

Jain
 NSS

അഭിനവം | ഭരണനിരവം | സുസ്ഥിരീകരണം
 ഹൃദയം കരുണം | സേവാ കരുണം

വിവര ശേഖരണ ഫാറം

കുടുംബത്തെ സംബന്ധിച്ച പൊതുവിവരങ്ങൾ

ഗൃഹനാഥന്റെ പേര് : ജെ. വി. ശങ്കർ

വീട്ടുപേര് : കുടുംബം

തദ്ദേശ സ്വയംഭരണ സ്ഥാപനം : പഞ്ചായത്ത് / മുനിസിപ്പാലിറ്റി

വാർഡ് നമ്പർ : 6

വീട്ടിലെ അംഗങ്ങളുടെ എണ്ണം : 4

സ്ത്രീകൾ : 2

പുരുഷന്മാർ : 2

കുട്ടികൾ : 1

ഗൃഹനാഥന്റെ തൊഴിൽ : കർഷകൻ

മോലിയുള്ള മറ്റ് കുടുംബാംഗങ്ങൾ എത്ര : 1

ഭരണ കൃഷിയെ സംബന്ധിച്ച വിവരങ്ങൾ

സ്വന്തമായുള്ള സ്ഥലത്തിന്റെ വിസ്തീർണ്ണം : 13

കൃഷി ചെയ്യുന്നുണ്ടോ? : ഉണ്ട് / ഇല്ല

ജലസേചനം ഉണ്ടോ? : ഉണ്ട് / ഇല്ല

പച്ചക്കറികൾ വാങ്ങുകയാണോ അതോ സ്വയം കൃഷി ചെയ്യുകയാണോ? : വാങ്ങുന്നു / സ്വയം കൃഷി ചെയ്യുന്നു

ഒരു ദിവസം പച്ചക്കറികൾ വാങ്ങുന്നതിനു മാത്രം ശരാശരി എത്ര രൂപ ചിലവഴിക്കുന്നുണ്ട്? : 50

വിലകൊടുത്തു വാങ്ങുന്ന പച്ചക്കറികളിലെ കീടനാശിനികളെ പറ്റി താങ്കൾ ബോധവാനാണോ? : ഉണ്ട് / ഇല്ല

പച്ചക്കറികൾ കൃഷി ചെയ്യാൻ താൽപര്യം ഉണ്ടോ? : ഉണ്ട് / ഇല്ല

ഭരണ കൃഷിയെപ്പറ്റിയും ഭരണ പച്ചക്കറികളെപ്പറ്റിയും അറിവുണ്ടോ? : ഉണ്ട് / ഇല്ല

ഭരണ കൃഷി ചെയ്തിട്ടുണ്ടോ? : ഉണ്ട് / ഇല്ല

ഭരണ കൃഷി ചെയ്യാൻ താൽപര്യം ഉണ്ടോ? : ഉണ്ട് / ഇല്ല

അഭിപ്രായങ്ങൾ:

സ്ഥലം : പേര് (Kandamangal)

തീരത്ത് : ഒപ്പ് [Signature]

Questionnaire of the survey conducted in the Payippad Panchayath by NSS volunteers



MAHATMA GANDHI UNIVERSITY

NATIONAL SERVICE SCHEME



SPECIAL CAMPING PROGRAMME

HOW TO USE THIS REGISTER

1. The register has to be signed by the campers on each day of the camp.
2. The campers have to reach the campsite at least before noon on the first day and may depart from there in the evening of the last day of the camp.
3. Ten percent of the total number of campers may belong to the category "non-student campers."
4. The campers strength allotted to a college is normally 50% of the volunteer strength of the college. This number includes the teachers who give guidance in the camp.
5. The Programme officer has to countersign the register on each day of the camp.
6. The Principal is requested to countersign the register when he visits the camp.
7. The attendance register in duplicate has to be sent to the University by registered post as soon as the camp is over and no addition or correction will be allowed.

PROGRAMME CO-ORDINATOR.

ATTENDANCE REGISTER

2016-2018.
200... - 200....

MACFAST
Thiruvalla

COLLEGE

Unit No.

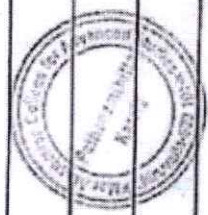
Venue of Camp: G.H.S.S. Kuttaloor.

Dates: 6th September to 12th September 2017.



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CamScanner.

21	GARUL KRISHNAN .G KLOS/124/16/17	Male	Male	Male	Male	Male	Male	Male	Male	Male	Male				
22	M. KRISHNA KUMAR KLOS/124/16/24	Male	Male	Male	Male	Male	Male	Male	Male	Male	Male				
23	J.G.B. NARAYAN KLOS/124/16/14	Male	Male	Male	Male	Male	Male	Male	Male	Male	Male				
24	ANILIN THOMAS KLOS/124/16/40	Male	Male	Male	Male	Male	Male	Male	Male	Male	Male				
25	HEENA JOSEPH KLOS/124/16/67	Female	Female	Female	Female	Female	Female	Female	Female	Female	Female				
26	LITTY THOMAS KLOS/124/16/26	Female	Female	Female	Female	Female	Female	Female	Female	Female	Female				
27	HINDU MOLIKP KLOS/124/16/50	Female	Female	Female	Female	Female	Female	Female	Female	Female	Female				
28	AKHIL KLOS/124/16/96	Male	Male	Male	Male	Male	Male	Male	Male	Male	Male				
29	ARAJITH KLOS/124/16/94	Male	Male	Male	Male	Male	Male	Male	Male	Male	Male				
30	AKHIL KLOS/124/16/93	Male	Male	Male	Male	Male	Male	Male	Male	Male	Male				
31	LINTO THOMAS KLOS/124/16/59	Male	Male	Male	Male	Male	Male	Male	Male	Male	Male				
32	OSY K KLOS/124/16/95	Male	Male	Male	Male	Male	Male	Male	Male	Male	Male				
33	TINTU MAKIN KLOS/124/16/100	Male	Male	Male	Male	Male	Male	Male	Male	Male	Male				
34	ANUJA Somanakulasingam KLOS/124/16/99	Female	Female	Female	Female	Female	Female	Female	Female	Female	Female				
35	SARANYA KLOS/124/16/98	Female	Female	Female	Female	Female	Female	Female	Female	Female	Female				
36	PARVATHY KLOS/124/16/82	Female	Female	Female	Female	Female	Female	Female	Female	Female	Female				
37	PARVATHY NARAYAN KLOS/124/16/66	Female	Female	Female	Female	Female	Female	Female	Female	Female	Female				
38	ANNY S GEORGE KLOS/124/16/38	Female	Female	Female	Female	Female	Female	Female	Female	Female	Female				
39	DIVA KLOS/124/16/64	Female	Female	Female	Female	Female	Female	Female	Female	Female	Female				
40	DALIYA SIMON KLOS/124/16/57	Female	Female	Female	Female	Female	Female	Female	Female	Female	Female				



Handwritten marks and signatures in the right margin, including numbers like 41147, 411614, 41149, 41117, 41118, 41119, 411616, 411615, 411617, 411618.

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**Cleaning of Government school premises at
Government Higher Secondary School, Kuttoor
6th to 12th September 2017**

In accordance with the cleanliness campaign associated with Swachh Bharat Mission, NSS team organized a cleaning activity at Govt. HSS, Kuttoor from 6th to 12th September 2017. The programme was coordinated by Mr. Stephen James, programme coordinator and 50 student volunteers were actively involved in this programme. Classrooms, verandas and toilets etc. were cleaned well by the volunteers and the grass and bushes in the school premises were cleared and plastic waste was removed. The school PTA secretary addressed the students and appreciated the efforts of members.



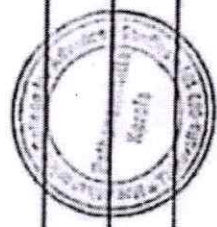
Kuttoor Govt. Higher Secondary School cleaning programme (4th to 9th September 2017)

Attenu
Stephen James
08.06.2022

Mr. Dr. CHERIAN J KOTTAYIL
PRINCIPAL
Mar Athanasios College For Advanced Studies
Tiruvalla- 689101, Kerala



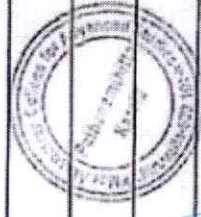
	I	II	III	IV	V	VI	VII	IX	X
1 ASWIN SAMJEEV KLOS/124/16/32	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
2 ARCHANA LIL KLOS/124/16/33	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
3 ANNA DEEJA KLOS/124/16/70	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
4 SERA TRESA MATHAN KLOS/124/16/31	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
5 JESLA SOMAN KLOS/124/16/35	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
6 VISHVA - C KLOS/124/16/30	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
7 ALEENA T. MATHAN KLOS/124/16/73	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
8 MUHAMMAD JASIR M. I. KLOS/124/16/72	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
9 ABHINAV M ANANTHAN KLOS/124/16/83	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
10 AMAL ANAND KLOS/124/16/79.	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
11 SONIA PHILIP KLOS/124/16/81	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
12 DHANU S. LEKSHMI KLOS/124/16/50	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
13 BHAGY A VIJAYAN KLOS/124/16/47	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
14 BOOY GEORGE KLOS/124/16/37	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
15 ANNAI MATHAN KLOS/124/16/41	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
16 VISHNU SAJAN KLOS/124/16/01	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
17 JASON JACKSON KLOS/124/16/06	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
18 JAIS THOMAS KLOS/124/16/08	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
19 ROBIN KURIATROSE KLOS/124/16/07	Pass	Pass	Pass	Pass	Pass	Pass	Pass		
20 ASU VARGHESE KLOS/124/16/16.	Pass	Pass	Pass	Pass	Pass	Pass	Pass		



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	VI	VII	VIII	IX	X	Remarks by P. O.
21 RAKUL KISHANAN . G KLOS/124/16/17						
22 M. KANISHA KUMAR KLOS/124/16/14						
23 JRB P NARGAYYAKK KLOS/124/16/14						
24 ANSILIN THOMAS KLOS/124/16/40						
25 TIJAYA JOSEPH KLOS/124/16/67						
26 LILLY THOMAS KLOS/124/16/36						
27 HANSA MOL K P KLOS/124/16/50						
28 AKHIL KLOS/124/16/96						
29 ANA JITH KLOS/124/16/94						
30 AKHIL P KLOS/124/16/93						
31 LINDO THOMAS KLOS/124/16/89						
32 OBY K KLOS/124/16/91						
33 TINTU MAKIN KLOS/124/16/100						
34 ANUJA Srinivasakumar & KLOS/124/16/179						
35 SARANYA B KLOS/124/16/118						
36 PARVATHY KLOS/124/16/112						
37 PARVATHY NARAYANAN KLOS/124/16/116						
38 ANNY S GEORGE KLOS/124/16/38						
39 DINA KLOS/124/16/164						
40 DALIYA SIMON KLOS/124/16/59						



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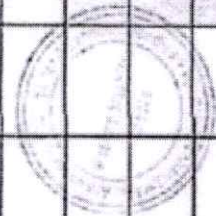
Scanned with CamScanner



Sl. No.	Candidate Name	Enrollment No.	VI	IV	III	II	I
41	BESIYA	124/16/100	Ref	Ref	Ref	Ref	Ref
42	ASHIKH BASH	124/16/105	Ref	Ref	Ref	Ref	Ref
43	MADHUN RAO	124/16/106	Ref	Ref	Ref	Ref	Ref
44	ANBARA SYAM	124/16/107	Ref	Ref	Ref	Ref	Ref
45	RIYA P. C. A. NARGHESH	124/16/108	Ref	Ref	Ref	Ref	Ref
46	VINETA FRANCIS	124/16/109	Ref	Ref	Ref	Ref	Ref
47	ANJALI S	124/16/110	Ref	Ref	Ref	Ref	Ref
48	NITHIN NATHAN	124/16/111	Ref	Ref	Ref	Ref	Ref
49	KORY NARGHESH	124/16/112	Ref	Ref	Ref	Ref	Ref
50	LAKSHMI S. SURESH K	124/16/113	Ref	Ref	Ref	Ref	Ref
51							
52							
53							
54							
55							
56							
57							
58							
59							
60							

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12/11/21
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12/11/21



Blood Donation Camp

11th October, 2017

In association with the HDFC bank and the District Hospital Pathanamthitta, the MACFAST NSS unit organized a blood donation camp on 11th October, 2017. The camp started at 10:00 AM with a short inaugural address by Rev. Fr. Pradeep Vazhatharamlayil Principal, MACFAST. 87 students actively participated in this programme and 42 blood samples were collected and handed over to District Hospital Pathanamthitta. The Principal and NSS programme officer appreciated the students who donated the blood.



NSS volunteers donating blood at the blood donation camp

Stephan James
NSS'S P.O



Fr. Pradeep Vazhatharamlayil

Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101



Attendance sheet for Blood Donation Camp

11th Oct 2017

Sl. No.	Name of Student	Signature
1	Aswin Sanjeev	
2	Archa UL	
3	Ammu Bejoy	
4	Sera Treesa Mathew	
5	Jesla John	
6	Vishnu L	
7	Aleena T Mathew	
8	Muhammad Jasirm T. K.	
9	Abhijith M Ananthan	
10	Amal Anand	
11	Sonia Philip	
12	Dhanu S. Lakshmi	
13	Bhagya Vijayan	
14	Boby George	
15	Mathai Mathew	
16	Vishnu Sajan	
17	Jaison Jackson	
18	Jais Thomas	
19	Robin Kuriakose	
20	Aju Varghese	
21	Rahul Krishnan G	
22	M. Krishna Kumar	





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MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA
(MACFAST)
Thiruvalla - 689101



23	Job P Varghese	<i>Job P Varghese</i>
24	Ambili M. Thomas	<i>Ambili</i>
25	Teena Joseph	<i>Teena</i>
26	Litty Thomas	<i>Litty</i>
27	Anjumol K.P.	<i>Anjumol</i>
28	Akhil T.S.	<i>Akhil</i>
29	Amaljith M.S	<i>Amaljith</i>
30	Akhil P. C.	<i>Akhil</i>
31	Linto Thomas	<i>Linto</i>
32	Oby K.M.	<i>Oby</i>
33	Tintu Martin	<i>Tintu</i>
34	Anuja Omanakuttan	<i>Anuja</i>
35	Saranya B.	<i>Saranya</i>
36	Parvathy J.	<i>Parvathy</i>
37	Parvathy Nandakumar	<i>Parvathy</i>
38	Annu S. George	<i>Annu</i>
39	Dilna T.	<i>Dilna</i>
40	Daliya Simon	<i>Daliya</i>
41	Kesiya Joy	<i>Kesiya</i>
42	Abhijith Babu	<i>Abhijith</i>
43	Midhun Raj	<i>Midhun</i>
44	Anaswara Syam	<i>Anaswara</i>
45	Riya Elsa Varghese	<i>Riya</i>
46	Vinitha Francis	<i>Vinitha</i>
47	Anjali S.	<i>Anjali</i>
48	Nithin Mathew	<i>Nithin</i>





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49	Roby Varghese	Roby
50	Lakshmi S. Kumar	Lakshmi
51	Seeja Mathai	Seeja
52	Shyno Sajan	Shyno
53	Gokul R Nair	Gokul
54	Tiny Saly Ponnachan	Tiny
55	Rohan P	Rohan
56	Samuel George Anna Mathai	Samuel
57	Anu Susan Raji	Anu
58	Megha Babu	Megha
59	Ansu Mary Joji	Ansu
60	Roshin Mathew	Roshin
61	Blesson K Chandy	Blesson
62	Sibin Babu	Sibin
63	Arun D Nair	Arun
64	Shyma John	Shyma
65	Tinsu Acha Chacko	Tinsu
66	Ambili M Thomas	Ambili
67	Mercy Jose	Mercy
68	Elma Susan Reji	Elma
69	Athira Krishnan. R	Athira
70	Parvathy Nandakumar	Parvathy
71	Pallavi Dinesh C P	Pallavi
72	Ardra S Pillai	Ardra
73	Ashwin Issac Shaji	Ashwin
74	Manisha Mathew	Manisha






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75	Tracy Ann Mathew	Tracy
76	Dyson Thomas	Dyson
77	Gopu G Nair	Gopu
77	Kannan Shaji	Kannan
78	Nithin Antony	Nithin
79	Dileep M Das	Dileep
80	Joyel V Samuel	Joyel
81	Nandhagovind M	Nandha
82	Tom Abraham	Tom
83	Edwin Vargese George	Edwin
84	Jusmin Iqbal	Jusmin
85	Karthika Bakkrishnan	Karthika
86	Mareena Raji	Mareena
87	Riya Joice Sharbu	Riya


Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Thiruvalla-689101




Program Officer



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

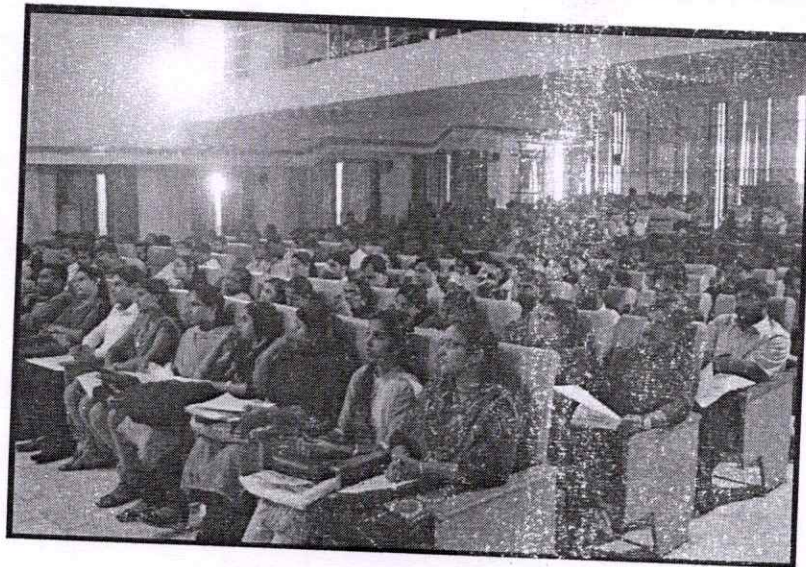
(MACFAST)

Thiruvalla - 689101

Disha 2017-Job Fair

22/07/2017

In association with Alappuzha - Pathanamthitta District Employment - Exchange Employability centre, the college organized a mega job fair on 22nd July 2017 from 8am to 5pm at MACFAST campus. Twenty five various reputed companies from IT, BPO, marketing, & finance sector were involved in the fair. Around 1659 job aspirants with MBA, MCA, BCom, B Tech, Software trainees, PHP developer, Magneto developer, Architect and Designers attended the interview. Out of this, 428 candidates were shortlisted and 163 seekers selected after a fruitful interview. A total of 98 volunteers were allocated for controlling the job fair.



NITHIN MATHEWS JAMES
PLACEMENT OFFICER
Mar Athanasios College
For Advanced Studies
Thiruvalla - 689101, Kerala



Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Thiruvalla-689101



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

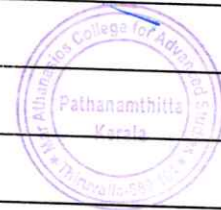
Thiruvalla - 689101

Disha 2017-Job Fair

22/07/2017

Sl. No.	Name of student	Signature	Remarks
1.	Aishwarya S.	Aishwarya	
2.	Akshara K.	Akshara	
3.	Anju Gopi	Anju	
4.	Dileep M. Das	Dileep	
5.	Greeshma Raj S.	Greeshma	
6.	Jency James	Jency	
7.	Joel V. Samuel	Joel	
8.	Linto Thomas	Linto	
9.	Neeraja Rajindran	Neeraja	
10.	Akhil T.S.	Akhil T.S.	
11.	Krishnaveni V.	Krishna	
12.	Arun D. Nair	Arun	
13.	Enet Mary Abraham	Enet	
14.	Oby K.M.	Oby	
15.	Priyanka S.	Priyanka	
16.	Parvathy Rajesh	Parvathy	
17.	Vignesh P. Vijay	Vignesh	
18.	Subin S.	Subin	
19.	Roby Varghese	Roby	
20.	Riswana Subier	Riswana	
21.	Tintu Martin	Tintu	

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Thiruvalla - 689101

22.	Sunitha S.		
23.	Sreelakshmi S.		
24.	Sneha Thomas		
25.	Jagan Thomas		
26.	Analjith M.S.		
27.	Annamma Joseph		
28.	Bhagyalekshmi Umithan		
29.	Manju Mohan		
30.	Nithin Mathew		
31.	Archa Lal		
32.	Anuja Omanakuttan		
33.	Dilna Basheer		
34.	Arathi Pradeep		
35.	Akhil Mohandas		
36.	Bhavana Murali		
37.	Amal T Jacob		
38.	Anagha S		
39.	Anju Raj		
40.	Anoop M Crofi		
41.	Anny Mathew George		
42.	Arun Philip		
43.	Ayza S Nair		
44.	Denijith		
45.	Feba Jose		

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46	Jeffin C Thomas		Jeffin
47	Jeena Mary		Jeena
48	Jiji K Joy		Jiji
49	Joseph Sibi		Joseph
50	Jothi vijayan		Jyothi .v
51	Keethi Sajeer hal		Keethi
52	Kurian Jacob		Kurian
53	Lekshmi T J		Lekshmi
54	Linu Chacko		Linu
55	Lekha Basad.		Lekha
56	Mathew Joseph .		Mathew
57	Meenumol A B		Meenumol
58	Nijamol Joseph.		Nijamol
59	Within Rajagopal		Within
60	Rinju T. Reji		Rinju
61	Rony Roy		Rony
62	Priya Thomas		Priya
63	Ajmal shajahan		Ajmal
64	Akshara P		Akshara
65	Jeena Daniel Rajan		Jeena
66	Marin Anna John		Marin
67	Athira S		Athira
68	Nevin Reji Varghese		Nevin
69	Terin Mathew		Terin

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70.	Pooja k Bija	Pooja	
71	Priya Thomas	Priya	
72	Rakhi Mohan	Rakhi	
73.	Rameya Thankam Simon	Rameya	
74.	Renjith R	Renjith	
75	Rinju T Reji	Rinju	
76.	Riya M Joy	Riya	
77.	Romy Roy	Romy	
78	Shilpa Thomas	Shilpa	
79.	Sibi M Saji	Sibi	
80.	Sissi Mary Shibu	Sissi	
81.	Siyamol Mathew	Siyamol	
82.	Sneha Susan Babuji	Sneha	
83.	Souali Mathew	Souali	
84.	Stephy Susan George	Stephy	
85.	Sujitha S	Sujitha	
86.	Susmitha	Susmitha	
87.	Tomina Thomas	Tomina	
88.	Vipul Raj	Vipul	
89.	Sony Joy	Sony	
90.	Aswarya Vasanth	Aswarya	
91.	Ayali Pradeep	Ayali	
92.	Aswathy Ramesh	Aswathy	
93.	Nithya N. Pillai	Nithya	

NITHIN MATHEWS JAMES
PLACEMENT OFFICER
Mar Athanasios College
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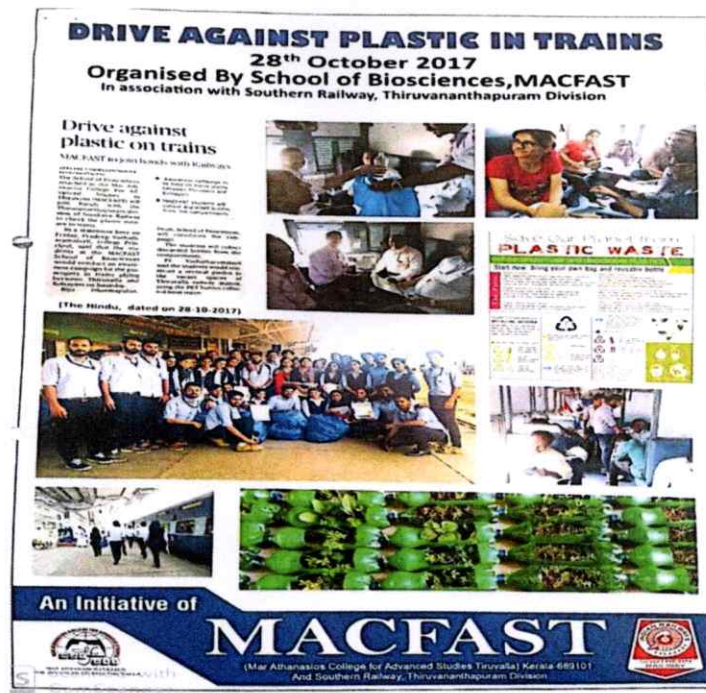




Plastic Awareness and Collection Campaign in Trains

28th October, 2017

The school of Biosciences, MACFAST College Thiruvalla in association with the Thiruvananthapuram division of Southern Railway conducted an awareness programme on the harmful effects of plastic on health. The awareness campaign was done for passengers in the trains plying between Thiruvalla and Kottayam on 28th October, 2017. Mr. Biju Dharmapalan, HoD, School of Biosciences coordinated the event and 41 students were actively involved in this programme. NSS volunteers and students from School of Biosciences collected the discarded plastic waste bottles from the train compartments and these were used to construct a vertical garden in the vacant space of Thiruvalla railway station and in the college campus.



Poster for the plastics awareness campaign conducted by NSS volunteers in the trains

Handwritten signature in blue ink:
 Biju Dharmapalan
 NSS Unit
 28.10.17



Handwritten signature in green ink:
 Rev. Fr. Pradeep Vazhatharamalayil

Rev. Fr. Pradeep Vazhatharamalayil
 Principal, MACFAST
 Thiruvalla-689101



Drive against Plastic in trains

28th October, 2017

Attendance List

Sl No	Name Of Student	Signature
1	Abhishek. A	
2	Akshay B .Chandran	
3	Akshaya S S	
4	Aneesha S Kumar	
5	Anjali Prakash	
6	Anjali G	
7	Anju Jose K	
8.	Durga Venugopal	
9.	Rineesh Milton	
10.	Ashifa N	
11.	Abhijith A	
12.	Fathima Rahim S R	
13.	Keerthana Roop	
14.	Mohammed Saheed	
15.	Ratheesh G	
16.	Ribu Dilshad P P	
17.	S Fathima Nazeer	
18.	Sarwar Iqbal	
19.	Akhil S	
20.	Binil Alias	
21.	Abhijith M. Anandan	
22.	Annu S. George	
23	Daliya Simon	
24.	Nikhil A N	
25.	Muhammad Jasir M. T. K	





National Service Scheme (NSS) Unit
MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA
(MACFAST)



Tiruvalla - 689101

26.	Mathai Mathew	<i>Mathai</i>
27.	Aswin Sanjeev	<i>Aswin</i>
28.	Amal Anand	<i>Amal</i>
29.	Bhavya Xavier	<i>Bhavya</i>
30.	Dhanu S. Lakshmi	<i>Dhanu</i>
31.	Sibin Babu	<i>Sibin</i>
32.	Amaljith M.S	<i>Amal</i>
33.	M. Krishna Kumar	<i>M. Krishna</i>
34.	Job P Varghese	<i>Job</i>
35.	Saranya B	<i>Saranya</i>
36.	Nithin Mathew	<i>Nithin</i>
37.	Roby Varghese	<i>Roby</i>
38.	Annu S. George	<i>Annu</i>
39.	Tintu Martin	<i>Tintu</i>
40.	Linto Thomas	<i>Linto</i>
41.	Jais Thomas	<i>Jais</i>



Pradeep Vazhatharamalayil

Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101

Pradeep Vazhatharamalayil
N.S.S.P.O



Cleaning Campaign at Sabarimala - Punyam Poonkavanam 2017

15th to 19th December 2017

In association with Kerala Police, the NSS unit, Radio MACFAST 90.4 and forestry club in the college, participated in 'Punyam Poonkavanam' during "Mandala Kalam". This campaign is an initiative of the Kerala Police which intends to promote awareness among the devotees on not to bring plastic wastes and to abstain from dumping it at Sabarimala. The objective of this programme is to keep the pilgrimage site of Sabarimala clean, green, save forest, save wildlife, use dust bins and avoid plastics. The total NSS unit of 85 students and 7 faculty members actively participated in this campaign from 15th to 19th December 2017. The programme is coordinated by the Kerala Police in association with the National Service Scheme (NSS) unit of MACFAST during the "Mandala Kalam".

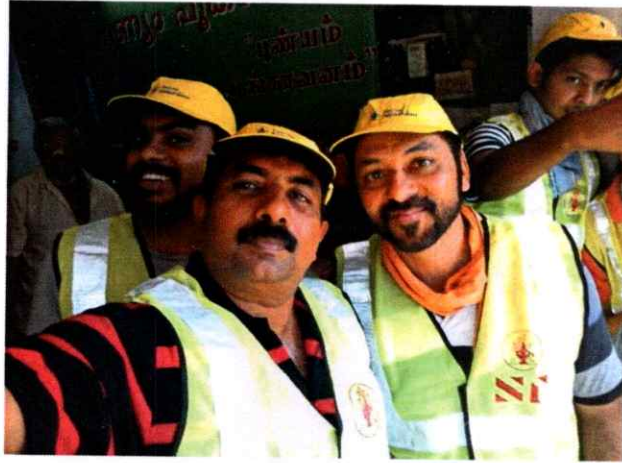


Poster for 'Punyam Poonkavanam' cleaning campaign conducted by NSS





National Service Scheme (NSS) Unit
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Thiruvalla - 689101



Faculty members and students at the Sabarimala site



Faculty members and students at the Sabarimala site





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(MACFAST)
Thiruvalla - 689101



NSS volunteers talking to pilgrims on harmful effects of plastics

Handwritten signature and text:
Steph Javer
A.S.S.P.O

Handwritten signature in green ink:
Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Thiruvalla, Kerala





Thiruvalla - 689101

Cleaning campaign at Sabarimala - Punyam Poonkavanam 2017

15-19th December, 2017

Attendance Sheet of Students Participated

Sl No:	Employee Name	Course	Signature
1	Blesson K Chandy	MCA	<i>Blesson</i>
2	Rabin Joseph Elvis	MCA	<i>Rabin</i>
3	Abhijith G. Abhilash	MCA	<i>Abhijith</i>
4	Abhinand V	MCA	<i>Abhinand</i>
5	Akhil Murali	MCA	<i>Akhil</i>
6	Akhil P R	MCA	<i>Akhil</i>
7	Anoop C Mathew	MCA	<i>Anoop</i>
8	Ashwin Issac Shaji	MCA	<i>Ashwin</i>
9	Dyson Thomas	MCA	<i>Dyson</i>
10	Gopu G Nair	MCA	<i>Gopu</i>
11	Harikrishnan R.	MCA	<i>Harikrishnan</i>
12	Jibin Prasannan	MCA	<i>Jibin</i>
13	Kannan Shaji	MCA	<i>Kannan</i>
14	Nithin Antony	MCA	<i>Nithin</i>
15	Noble Philip	MCA	<i>Noble</i>
16	Nandhagovind M	MCA	<i>Nandhagovind</i>
17	Nibin John	MCA	<i>Nibin</i>
18	Roshan Jose T.	MCA	<i>Roshan</i>
19	Thejus Krishna J	MCA	<i>Thejus</i>
20	Vignesh P Vijay	MCA	<i>Vignesh</i>
21	Aghil Suku	MCA	<i>Aghil</i>
22	Akhil S Kumar	MCA	<i>Akhil</i>
23	Arjun T K	MCA	<i>Arjun</i>





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Thiruvalla - 689101

24	Arun G	MCA	<i>Arun G</i>
25	Bipin C Mathew	MCA	<i>Bipin C</i>
26	Joby Jose	MCA	<i>Joby</i>
27	Joel V Samuel	MCA	<i>Joel</i>
28	Dileep M Das	MCA	<i>Dileep</i>
29	Jagan thomas	MCA	<i>Jagan</i>
30	George Panicker	MCA	<i>George</i>
31	Gokul Krishnan	MCA	<i>Gokul</i>
32	Shyju Varghese	MCA	<i>Shyju</i>
33	Sojan Somarajan	MCA	<i>Sojan</i>
34	Unni Shaji	MCA	<i>Unni</i>
35	Vipin Dev	MCA	<i>Vipin</i>
36	Vishnu	MCA	<i>Vishnu</i>
37	Ajith M Nair	MCA	<i>Ajith</i>
38	Ajo T Sam	MCA	<i>Ajo</i>
39	Arjun R Pillai	MCA	<i>Arjun</i>
40	Ashbin Shaji	MCA	<i>Ashbin</i>
41	Akhil Mohandas	MCA	<i>Akhil</i>
42	Akhil P C	MCA	<i>Akhil</i>
43	Akhil T S	MCA	<i>Akhil T.S</i>
44	Edwin Vargese George	MCA	<i>Edwin</i>
45	Sreenath K.P	MCA	<i>Sreenath</i>
46	Suraj Kumar Nair	MCA	<i>Suraj</i>
47	Alwin Johns	MCA	<i>Alwin</i>
48	Amaljith M S	MCA	<i>Amaljith</i>
49	Arun D Nair	MCA	<i>Arun</i>
50	Linto Thomas	MCA	<i>Linto</i>
51	Mahesh M	MCA	<i>Mahesh</i>





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Thiruvalla - 689101

52	Nithin Mathew	MCA	<i>Nithin</i>
53	Shine Sebastian	MCA	<i>Shine</i>
54	Shinu J Chacko	MCA	<i>Shinu</i>
55	Subin S	MCA	<i>Subin</i>
56	Tinu M	MCA	<i>Tinu</i>
57	Vipin K Das	MCA	<i>Vipin</i>
58	Shorn Chacko Rajan	MCA	<i>Shorn</i>
59	Sreekuttan B	MCA	<i>Sreekuttan</i>
60	Abhishek Purushothaman	MBA	<i>Abhishek</i>
61	Sudheesh S Nair	MBA	<i>Sudheesh</i>
62	Vishakh T Devan	MBA	<i>Vishakh</i>
63	Vivek Vijayan	MBA	<i>Vivek</i>
64	Tom Abraham	MBA	<i>Tom</i>
65	Akhilesh Kumar C A	MBA	<i>Akhilesh</i>
66	Akhilmon V Thomas	MBA	<i>Akhilmon</i>
67	Ananthu A Kochumon	MBA	<i>Ananthu</i>
68	Ananthu Santhan	MBA	<i>Ananthu</i>
69	Harikrishnan V M	MBA	<i>Harikrishnan</i>
70	Jerin George	MBA	<i>Jerin</i>
71	Jojo John Varughese	MBA	<i>Jojo</i>
72	Melbin Francies	MBA	<i>Melbin</i>
73	Sreejesh S	MBA	<i>Sreejesh</i>
74	Sanju Mariam Thomas	MBA	<i>Sanju</i>
75	Sebin Sebastian	MBA	<i>Sebin</i>
76	Midhun S Abraham	MBA	<i>Midhun</i>
77	Praveen P Nair	MBA	<i>Praveen</i>
78	Robin George Kurian	MBA	<i>Robin</i>
79	Rohan Alex Mathew	MBA	<i>Rohan</i>





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80	Rineesh Milton	Bio	<i>Rineesh</i>
81	Sarwar Iqbal	Bio	<i>Sarwar</i>
82	Mohammed Shaheed	Bio	<i>Shaheed</i>
83	Akshay B Chandran	Bio	<i>Akshay</i>
84	Abhishek A	Bio	<i>Abhishek</i>
85	Rahul Krishnan	Bio	<i>Rahul</i>



Stephan James
Program Officer

Pradeep Vazhatharamalayil
Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101





MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla - 689101

Report on the YMCA Jackfruit - Mango Festival - 2018

23th May - 28th May, 2018

Mar Athanasios College for Advanced Studies Tiruvalla in association with YMCA Tiruvalla organized a Jackfruit – Mango fest at YMCA Hall in Tiruvalla from 23 to 28 May, 2018. 69 students from the School of Biosciences actively participated in this programme. The festival gives an opportunity for the students to develop value-added food products from cheap and locally available raw materials such as Jackfruit, and Mango. In this exhibition, a stall was arranged by our students. 23 value added products such as Mango Jam, Jackfruit payasam, Jackfruit cutlets, Jackfruit samosa, Jackfruit mixture, Jackfruit seed burfi etc. were displayed and sold in the fest. As part of this programme, Mrs. Beena Cherian was the resource person for conducting a seminar on the topic ‘Value added products from Jackfruit and Mango’ on 26th May, 2018. The seminar was inaugurated by the Shri Mathew T Thomas, Minister of Water Resources. In addition to this, students were also actively involved in giving an awareness to start a house-hold industry by using underutilized raw materials.

YMCA തിരുവല്ല് വൈ.എം.സി.എ. യും
ബോധനയും, മാക്ഫാസ്റ്റ് കോളേജും ചേർന്നൊരുക്കുന്ന സംയുക്ത സംരംഭം

ചക്ക - മാങ്ങ **മേള**
2018

Jackfruit - Mango
Festival

മധ്യം, മാവ്, പച്ചക്കറി പഴയ വൈകുകൾ വിവിധയിനം വിത്തുകൾ വൈകവെള്ളങ്ങൾ

മെയ് 23 മുതൽ 28 വരെ, വൈ.എം.സി.എ.ഹാളിൽ

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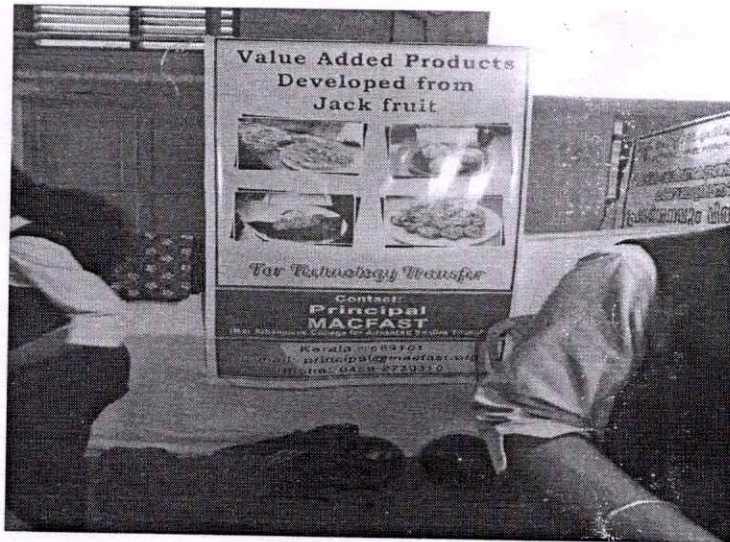
Beena Cherian
Beena Cherian
Dean, School of
Biosciences



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Fr. Pradeep Vazhatharamalayil
Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Thiruvalla-689101



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

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Thiruvalla - 689101

List of students permitted to attend

Activity: Jackfruit - Mango Fest 2018

Date: 23rd May - 28th May, 2018

Sl No	Name of Student	Sign
1.	AMAL P K	
2.	ANU ANNA JOY	
3.	ATHIRA THOMAS	
4.	JESSIYA JACOB	
5.	ABHIJITH A	
6.	ABIN GEORGE	
7.	ANIL T LUKE	
8.	ARYA C MITRA	
9.	ARYAMA KRISHNA	
10.	ATHIRA RAJAN	
11.	AYANA ASHOK	
12.	CHIPPY MATHEW	
13.	CHRISTEENA SIBY	
14.	FATHIMA RAHIM S R	
15.	GOPIKA RAJ P	
16.	KEERTHANA ROOP	
17.	LITTY ELZA ABRAHAM	
18.	MISHEL ELIZABETH	
19.	MOHAMMED SAHEED	
20.	RATHEESH G	
21.	REMINA M SHAJAHAN	
22.	RIBU DILSHAD P P	
23.	S FATHIMA NAZEER	
24.	SARWAR IQBAL	
25.	SHAN ELIZABETH SAJAN	
26.	SHERIN SABU THOMAS	
27.	SONA GEORGE	
28.	SREELEKSHMI B S	
29.	SUSANNA JOY	
30.	TWINKLE JOSE	
31.	VANDANA S KUMAR	
32.	VIJESH V	
33.	AJMI S	





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Thiruvalla - 689101

34	APPUS MV	Appu
35	ASWATHY A S	Aswathy
36	JINSA SARA KURIAN	Jinsa Sara Kurian 2 men.
37	JISHA GEORGE THYKKADAVIL	Jisha George
38	KAMALAPRIYA M	Kamalpriya
39	NEHA LUKOSE	Neha
40	SANGEETHA SOMAN	Sangeetha
41	SURYA B S	Surya
42	UNNIMAYA G	Unnimaya
43	ATHIRA P ANIL	Athira
44	BENITTA BENNY	Benitta
45	LINUS ELIAS JOSE	Linus
46	NEELIMA S NAIR	Neelima
47	RESHMA R	Reshma
48	SIVA CHANTHNU R K	Siva
49	SUNITHA A T	Sunitha
50	ANUPAMA I	Anupama
51	ASHIFA N	Ashifa
52	CHANDINI THANKACHAN	Chandini
53	DURGA VENUGOPAL	Durga
54	RINEESH MILTON	Rineesh
55	SREYA ANTONY	Sreya
56	ABHISHEK. A	Abhishek
57	AKSHAY B .CHANDRAN	Akshay
58	AKSHAYA S S	Akshaya
59	ANEESHA S KUMAR	Aneesha
60	ANJALI PRAKASH	Anjali
61	ANJALI G	Anjali
62	ANJU JOSE K	Anju
63	ASHLIN MARY JOSE	Ashlin
64	ATHIRA ARAVIND	Athira
65	BASMA YOOSUF	Basma
66	JEEBA S BABU	Jeeba
67	NEENA KRISHNAN	Neena
68	RAHUL KRISHNAN	Rahul
69	SAISHMA S SURENDRAN	Saishma



Rev. Fr. Pradeep Vazhatharamaiyil
Principal, MACFAST
Thiruvalla-689101