MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

MACFAST™

Igniting wisdom since 2001

3.4.3. and 3.4.4.

Extension and Outreach Programmes Conducted by Institution through NSS/NCC/Red Cross/YRC etc. and those Organised in Collaboration with Industry, Community and NGOs

2016-17 to 2020-21

Criteria 3: Research, Innovations and Extension

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA (MACFAST)

Tiruvalla, Pathanamthitta, Kerala 689 101

2016-2017

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MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA (MACFAST)

2016 - 2017			
Sl. No.	**Name of the activity**	**Organising unit/ agency/ collaborating agency**	**Name of the scheme**
1	Free Medical camp for diabetic related and ophthalmology diseases	Chaithanya Eye Hospital & Research Institute, Tiruvalla, YMCA Tiruvalla and NSS MACFAST	Health Awareness
2	Training Programme in Chocolate Making for Prospective Entrepreneurs	School of Biosciences	Entrepreneurship Promotion
3	Training Programme in Cake Making for Prospective Entrepreneurs	School of Biosciences	Entrepreneurship Promotion
4	Free Science Education to School children through Games and Activities	School of Biosciences	Science Education
5	Blood donation camp	NSS	Health Awareness
6	Cleaning of Govt. Higher Secondary School, Kuttoor, Pathanamthitta	NSS	Social Welfare
7	Free Homeopathic Medical Camp	Radio MACFAST 90.4 FM in association with Govt. Homeo dispensary Kuttapuzha	Health Awareness
8	Renovation of Anganavadi at Thukalassery, Tiruvalla	NSS	Social Welfare
9	Jackfruit - Mango - Papaya Fest	YMCA, Thiruvalla and School of Biosciences	Health Awareness
10	Cleaning of Sree Vallabhaa temple Pond	NSS	Social Welfare
11	Job Fair 2017	Placement Cell, MACFAST and employment exchange office, pathanamthitta Dist.	Social Welfare

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala Thiruvalla-689 101

2016 - 2017				
Sl. No.	**Name of the activity**	**Organising unit/ agency/ collaborating agency**	**Name of the scheme**	**Number of student participation**
1	Free Medical camp for diabetic related and ophthalmology diseases	Chaithanya Eye Hospital & Research Institute, Tiruvalla, YMCA Tiruvalla and NSS MACFAST	Health Awareness	50
2	Training Programme in Chocolate Making for Prospective Entrepreneurs	School of Biosciences	Entrepreneurship Promotion	18
3	Training Programme in Cake Making for Prospective Entrepreneurs	School of Biosciences	Entrepreneurship Promotion	2
4	Free Science Education to School children through Games and Activities	School of Biosciences	Science Education	114
5	Blood donation camp	NSS	Health Awareness	77
6	Cleaning of Govt. Higher Secondary School, Kuttoor, Pathanamthitta	NSS	Social Welfare	46
7	Free Homeopathic Medical Camp	Radio MACFAST 90.4 FM in association with Govt. Homeo dispensary Kuttapuzha	Health Awareness	38
8	Renovation of Anganavadi at Thukalassery, Tiruvalla	NSS	Social Welfare	46
9	Jackfruit - Mango - Papaya Fest	YMCA, Thiruvalla and School of Biosciences	Health Awareness	62
10	Cleaning of Sree Vallabhaa temple Pond	NSS	Social Welfare	40
11	Job Fair 2017	Placement Cell, MACFAST and employment exchange office, pathanamthitta Dist.	Social Welfare	44

Free Medical camp for diabetes and ophthalmology diseases

8th November 2016

NSS MACFAST and the School of Biosciences initiated and organized an eye testing camp on 8th November 2016 in association with Chaithanya Eye Hospital & Research Institute, Tiruvalla and YMCA, Tiruvalla. The camp was organized at YMCA, Tiruvalla between 10.00 AM and 3.00 PM. The camp commenced with a short inaugural address by Mr Biju Dharmapalan, NSS co-coordinator. The general need for eye care and the importance of eye donation was the key highlight in his speech. 50 students and the general public attended the camp. The volunteers ensured the smooth conduct of the camp.

The inauguration venue of the free eye testing camp

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Participants consulting at the free medical camp

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Pathanamthitta
Kerala
Thiruvalla-689 101

Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101

National Service Scheme (NSS) Unit

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla – 689101

Free Medical camp for diabetic related and ophthalmology diseases

8 November 2016

School of Biosciences - Student Volunteer Attendance

Sl. No.	Name of student	Signature	Remarks
1	Anju Krishnan	Anju	member
2	Lijoy M Joseph	lijoyjoseph	"
3	Dibha P S		"
4	Alusha Susan Thomas	Alusha	"
5	Anju A	Anju	"
6	Asha Antony	Asha	"
7	Anumol C James	Anumol	"
8	Asha L P	Ashal P	"
9	Lida Lalu	Lida Lalu	"
10	Prasanthy P		"
11	Revathy V A	RV	"
12	Ahammed Nabeel M N	Nabeel	"
13	Anuja A Nair	Anu	"
14	Devika V A	Devika	"
15	Darsana S		"
16	Lijina L N		"
17	Niss Mol Shajan	Niss	"
18	Sajeesha S		"
19	Santhy M S		"
20	Shone Thomas Mathew		Secretary
21	Sruthimol S Kumar	Sruthi	member
22	Sreelekshmi N		"

NATIONAL SERVICE SCHEME UNIT No. 124 (MACFAST) THIRUVALLA- 689 101 Mar Athanasios College for Advanced Studies

23	Sofia Solomon		Member
24	Soumya Zacchariah		"
25	Suriyagayathri V P		"
26	Teena Daniel		"
27	Sreeja S		"
28	Soumya Abraham		"
29	Ooshmala B		"
30	Aiswarya Vasanth		"
31	Anjali Pradeep		"
32	Archana Kishor Kumar		"
33	Aswathy Remesh		"
34	Aswathy S		"
35	Aswin Omanakuttan		"
36	Deepthi Slizabeth Johns		"
37	Denni K Thampi		"
38	Feba Das		"
39	Greeshma S		"
40	Hima Devadas		"
41	Joshna K Abraham		"
42	Linta Jose		"
43	Nikitha N Pillai		"
44	Nissa Ann Varughese		"
45	Nithya P		"
46	Noyal Shaji		"
47	Osheen Oliver		"
48	Rajendraprasad N V		"
49	Rajesh Sham		"
50	Rinsy Mathew		"

UNIT No. 124
(MACFAST)
THIRUVALLA 689 101

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Report on "Chocolate making for prospective entrepreneurs"

2016-2017

MACFAST always extended a helping hand to promote entrepreneurship in the small-scale food industry. With this motive, the School of Biosciences has been organizing different hands-on training programs related to cake baking and chocolate making under the coordination of Mr. Biju Dharmapalan. The training sessions were handled by Mrs. Pinchu Elizabeth Thomas. The programs are mainly aimed at students, businessmen, housewives, entrepreneurs, retired persons, and anyone with a passion for food making and baking. Our students were also a part of this program and assisted the coordinator and resource person right from program organization to volunteering and helping the participants. In 2016-2017, four training sections were conducted and the date of conduct and no of participants in each session are listed below.

Sl.No	Date	No of participants	No of student Volunteers
1	19th-20th Jul 2016.	44	10
2	31st Aug-01st Sep 2016.	7	3
3	8th -9th Nov 2016	7	3
4	10th -11th Feb 2017	6	2

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Beena Cherian

Beena Cherian
Dean, School of Biosciences

School of Bio Sciences MACFAST Tiruvalla-689 101 Mar Athanasios College for Advanced Studies

Training Programme In Chocolate Making

19 & 20 July 2016

Student Participation

	Name of student	Course	Signature
1	Simon Thomas	FTQA	
2	Rajesh sham	"	
3	Aswin Omanakuttan	"	
4	Thejus Anil	"	
5	Osheen Oliver	"	
6	Rincy Mathew	"	
7	Anjali Pradeep	"	Anjali
8	Feba Das		
9	Nayan Shaji		
10	Vidhya P.		

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TIRUVALLA

Reena Cherian
Dean, School of Biosciences

Training Programme in chocolate making.

August 31 & September - 2016

Student participation List

Name of student	Course	Signature
Dhanu S. Lakshmi	FTQA	
Anju Mary John	"	
Renu John	"	Absent
Mercy Jose	"	Mercy Jose

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School of Bio Sciences MACFAST Thiruvalla-689 101 Mar Athanasios College for Advanced Studies

Beena Cherian

Beena Cherian
Dean, School of Biosciences

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Training Programme in chocolate making
8 & 9 NOV 2016

Name of student	course	signature
Aiswarya Vasanth	FTQA	Aiswarya
Linta Jose	"	linta
Simi Sathar	"	Simi

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Kerala

Beena Cheriyan
Dean, School of Biosciences

MACFAST
Tiruvalla-689 10

Training Programme in Chocolate making

10th & 11th Feb 2017

Name of Student	Course	Signature
Deepthi Elizabeth John	FTBA	
Linta Jose	FTBA	

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Beene Cherian

School of Bio Sciences
MACFAST
Tiruvalla-689 101
Mar Athanasios College for Advanced

Beene Cherian
Dean, School of
Biosciences

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla - 689101

Workshop on "Cake making for prospective entrepreneurs"

15-16 of December, 2016

The cake business in India has witnessed massive growth over the last few years due to the increased demand from consumers, the burgeoning cafe-culture and of course, social media. Home-based baking, in particular, has been taken up by a huge number of women entrepreneurs thanks to these reasons. There are many initiatives which are also being taken by the Government of India, which has further encouraged them to pursue their baking dreams. Not just women, quite a few men are also taking up home baking as a profession.

MACFAST has successfully conducted training programmes on Cake making in this regard. A two day training program on cake making, for prospective entrepreneurs was conducted on 15 and 16th of December, 2016. The coordinator of the program was Mrs. Pinchu Elizabeth Thomas and the main sessions were handled by her. The registration was handled by Mr. Biju Dharmapalan, School of Biosciences and 2 students of the department functioned as the programme volunteers. A total of 7 participants attended the training programme.

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School of Bio Sciences MACFAST Tiruvalla-689 101 Mar Athanasios College for Advanced Studies

Beena Cherian

Beena Cherian
Dean, School of Biosciences
MACFAST

Training Programme in Cake Making
15th & 16th December 2016

Name of Student	Course	Signature
Linta Jose	FTQA	Linta
Neesa Ann Varghese	FTQA	

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Beene Cheriyan
Beene Cheriyan
Dean, School of Biosciences

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Report on the Easy Science Learning Project School of Biosciences

Mar Athanasios College for Advanced Studies
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Agenda 21 of the Biodiversity Convention is intended in improving the conservation, sustainable use, and equitable sharing of benefits derived from the utilization of biological diversity in general of biodiversity. With the aim of supporting the goal put forward by the Biodiversity Convention, a science popularization program focussing on environment education was conducted by MACFAST college in the year July 2016- March 2017 under the funding of Kerala State Council for Science, Technology and Environment (KSCSTE). Invitations were sent to various schools in Pathanamthitta district for their participation and 22 schools accepted the invitation and communicated their willingness to participate in the program. A total of 829 students from class 6-8 participated in the program. The lesson plan modules and code of conduct was developed by Dr. S. Seeni (Principal Investigator). PI was assisted by four Co-Pls from the School of Biosciences. 3-6 student volunteers were also randomly selected from MACFAST college to assist the PI for each school. Co-Pls and student volunteers helped the PI in conveying the environmental message correctly to the students and teachers. The training included both indoor and outdoor activities. The games included in the modules are listed below

- Photosynthesis
- Island biodiversity game
- Food web game
- Seed survival race
- Biological Bazaar
- Successful city
- Debate on Waste management
- Biodiversity and development card game

Students from 6th to 8th standard were selected because of their playfulness, innocence, curiosity, keen learning attitude, and questioning nature. Students actively participated in the program and they also completed the simple assignments given to them on time. The program was highly appreciated and many of the students wanted us to organize such programs regularly in their schools and also suggested that we include poems and songs in the extra-curricular activities.

Beena Cherian

Beena Cherian
Dean, School of
Biosciences

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala Thiruvalla-689 101

Table showing different schools where the workshop was organized

2016-2017

Sl No	Name of the School	Date of Conduct	Programme	Number of Students benefitted
1	Govt. HSS, Kuttoor	22/07/16 & 26/07/16	Photosynthesis Island game Survival of the fittest Seed dispersal Who am I? Successful city Debate on waste disposal Food chain Biological bazaar	30
2	Balikamadom HSS, Thirumoolapuram	18/08/16	Photosynthesis Debate Food chain Biological Bazaar	32
3	MGD HS, Puthussery	19/08/16	Photosynthesis Food chain Who am I? Biological bazaar	40
4	Govt. HSS, Kallupara	24/08/16	Debate on deforestation Photosynthesis Food chain Biological bazaar	52
5	SCS HS Thiruvalla (forenoon)	25/08/16	Photosynthesis Who am I? Food chain	20
6	St Theresia Bethany Convent, Chegaroor	25/08/16	Photosynthesis Food chain Who am I? Biological bazaar	58

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7	**St Thomas UP School, Vennikulum**	**26/08/16**	Photosynthesis Island game Survival of the fittest Seed dispersal Who am I? Successful city	**36**
8	**Nicholson HS School, Thiruvalla**	**29/08/16**	Who am I? Successful city Debate on waste disposal Food chain Biological bazaar	**50**
9	**Mar Dionysius School, Rishey valley, Mallapally**	**08/09/2016**	Photosynthesis Food web Who am I? Survival of the fittest Biological Bazaar Successful city	**40**
10	**Thirumoola Vilasam UP School**	**20/09/2016**	Island game Survival of the fittest Seed dispersal Who am I? Successful city Photosynthesis	**22**
11	**Sankaramangalam Public School**	**07/10/2016**	Photosynthesis Food Web Who Am I? Seed Dispersal Island Game Survival Of The Fittest Biological Bazaar Successful City)ebate On Waste Management	**129**
12	**St George HS, Chunkapara**	**23/09/2016**	Photosynthesis Food Web Who Am I? Biological Bazaar Survival of the fittest	**42**

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13	**MSM UP School , Niranam**	**07/11/2016**	Photosynthesis Food web Who am I? Survival of the fittest Biological Bazaar Successful city Debate on Deforestation	**60**
14	**Prince Marthanda Varma HS, Peringara**	**10/11/2016**	Photosynthesis Food Web Who Am I? Island Game Biological Bazaar Successful City	**59**
15	**Govt. LP & UP Girls School, Kadapra**	**16/11/2016**	Photosynthesis Food Web Who Am I? Seed Dispersal Island Game Survival of The Fittest Biological Bazaar Successful City Debate on Waste Management	**19**
16	**CMS School Nedumpuram**	**11/01/2017**	Photosynthesis Food Web Who Am I? Seed Dispersal Island Game Survival of The Fittest Biological Bazaar	**34**
17	**St. Thomas UP School, Vakayar, Konni**	**09/02/2017**	Photosynthesis Food web Who am I? Survival of the fittest Biological Bazaar Successful city	**25**

18.	**Amrita Vocational Higher Secondary School, Eliyarakal, Konni**	**09/02/2017**	Photosynthesis Food Web Who am I? Seed Dispersal Island Game Survival of The Fittest Biological Bazaar Successful City Debate on Waste Management	**25**
19	**Republican Vocational Higher Secondary School, Konni**	**13/02/2017**	Photosynthesis Food Web Who am I? Seed Dispersal Island Game Survival of The Fittest Biological Bazaar Successful City Debate on Waste Management	**25**
20.	**Govt. HS School, Konni**	**13/02/2017**	Photosynthesis Food Web Who am I? Seed Dispersal Island Game Survival of The Fittest Biological Bazaar Successful City Debate on Waste Management	**25**
21	**C.M.S LP School, Theppani**	**25/03/2017**	Photosynthesis Food Web Who am I? Biological Bazaar Survival of the fittest	**15**
22	**Thirumoolavilasam High School, Thirummoola, Tiruvalla**	**25/03/2017**	Photosynthesis Food Web Who am I? Island Game Biological Bazaar Successful City	**21**

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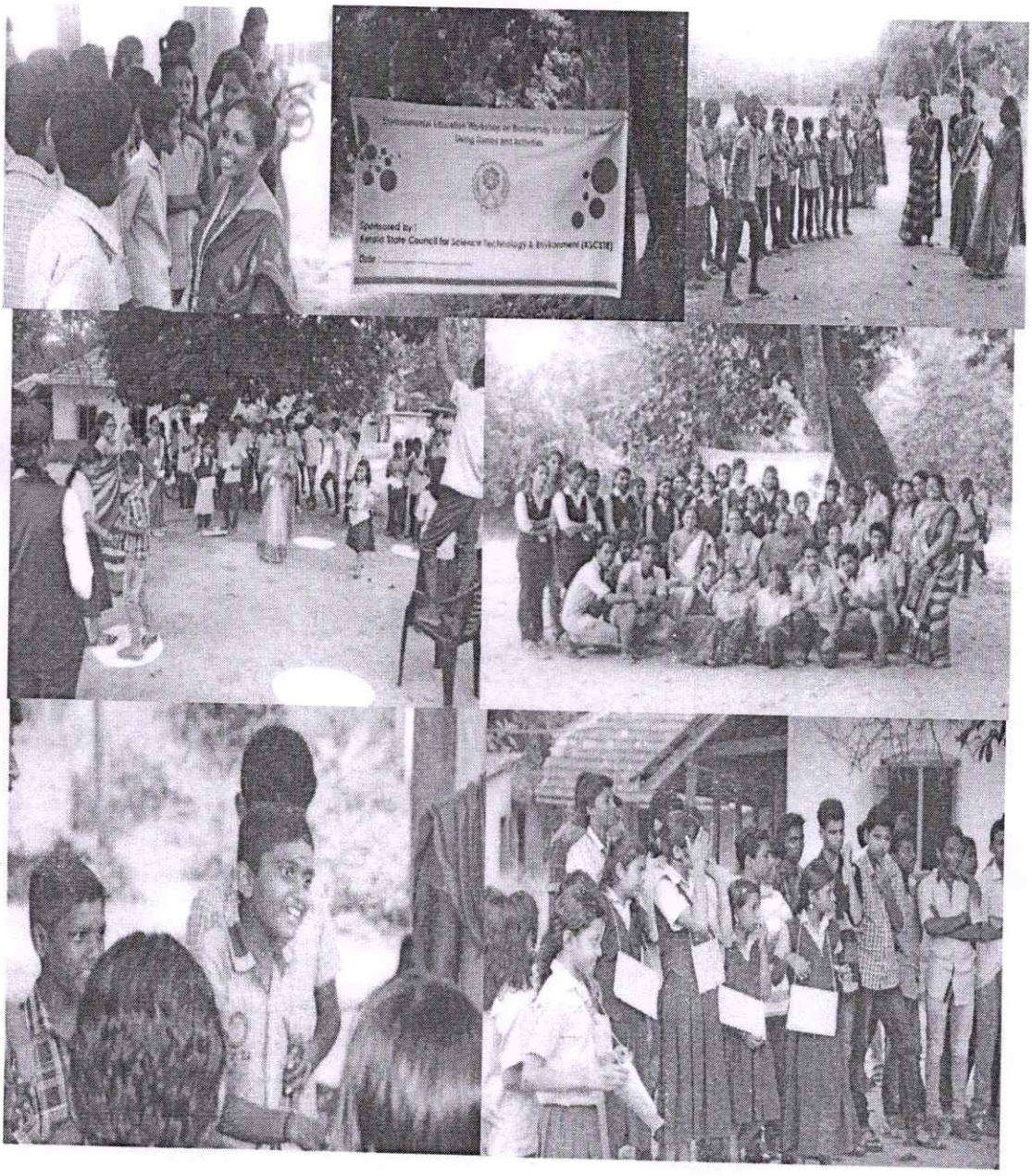
Imageries of the programs conducted in different schools are compiled and presented below:

Govt. HSS, Kuttoor



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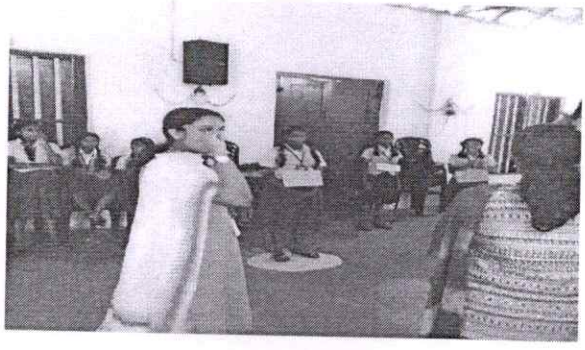
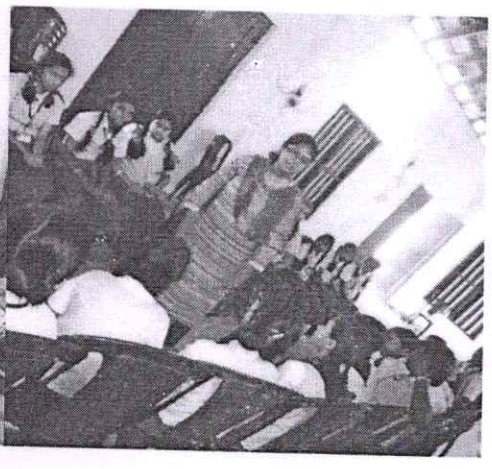
BALIKAMADAM HSS THIRUMOOLAPURAM





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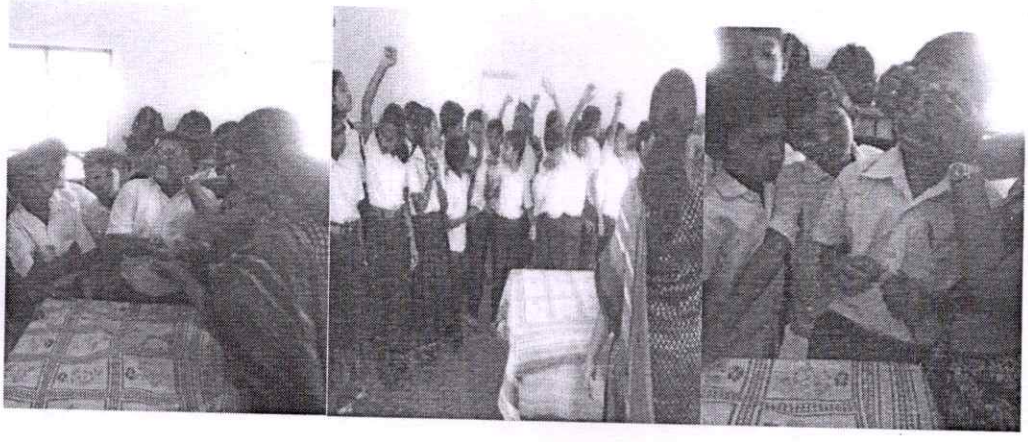
MGD HS, PUTHUSSERY



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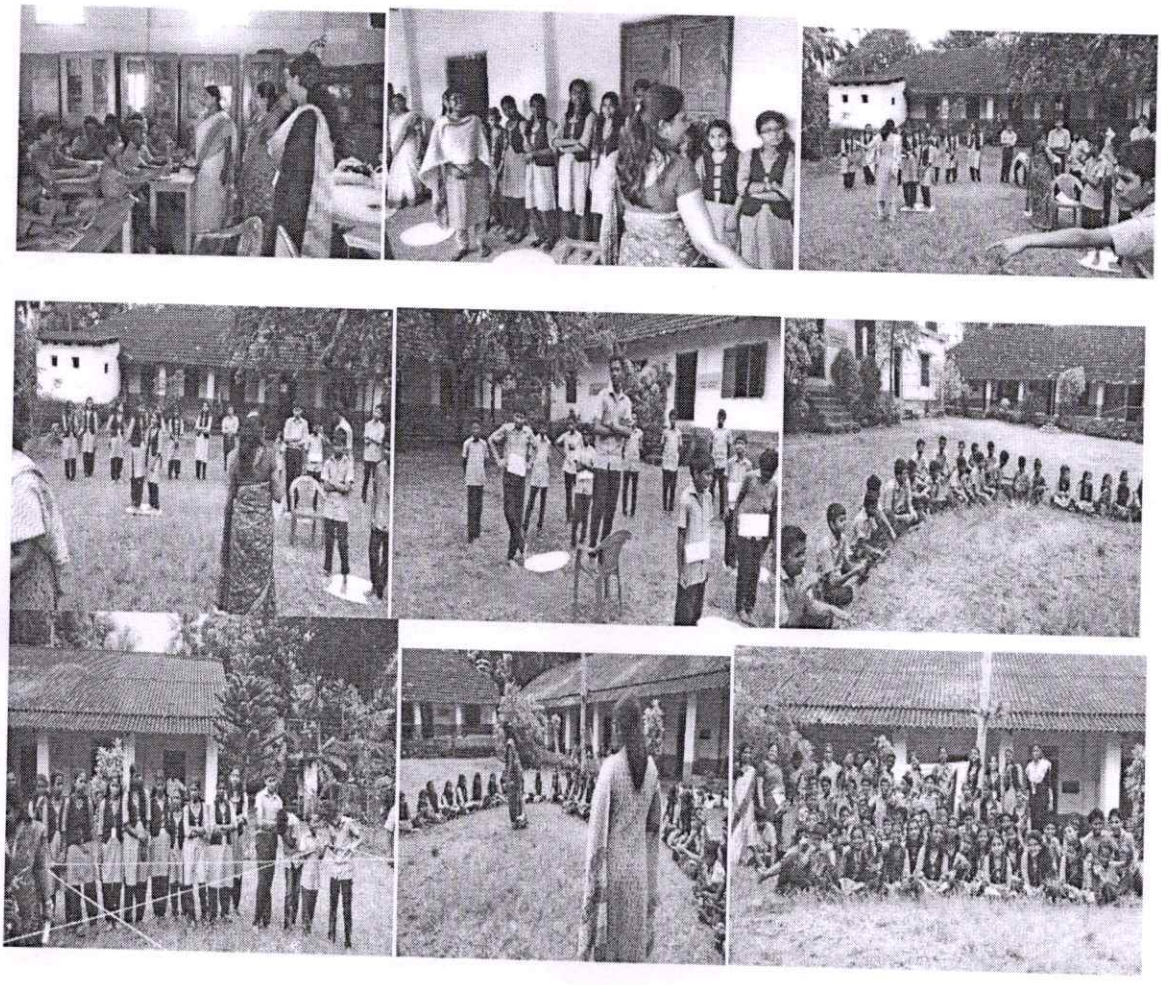
GOVT. HSS, KALLUPARA



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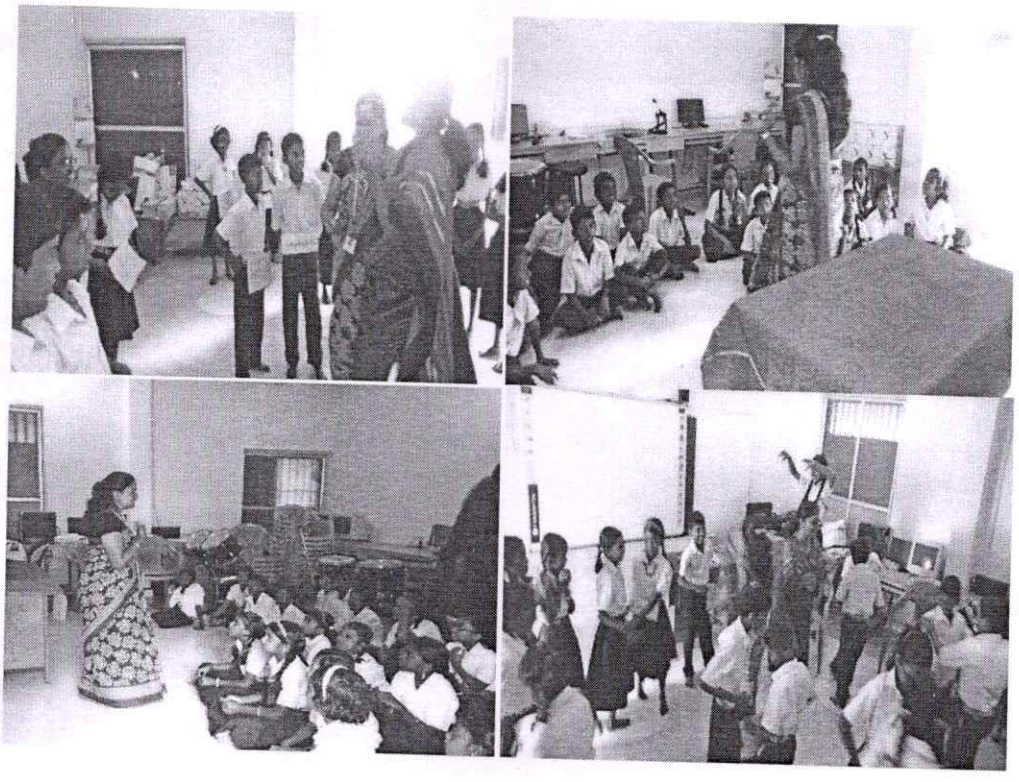
SCS HS THIRUVALLA



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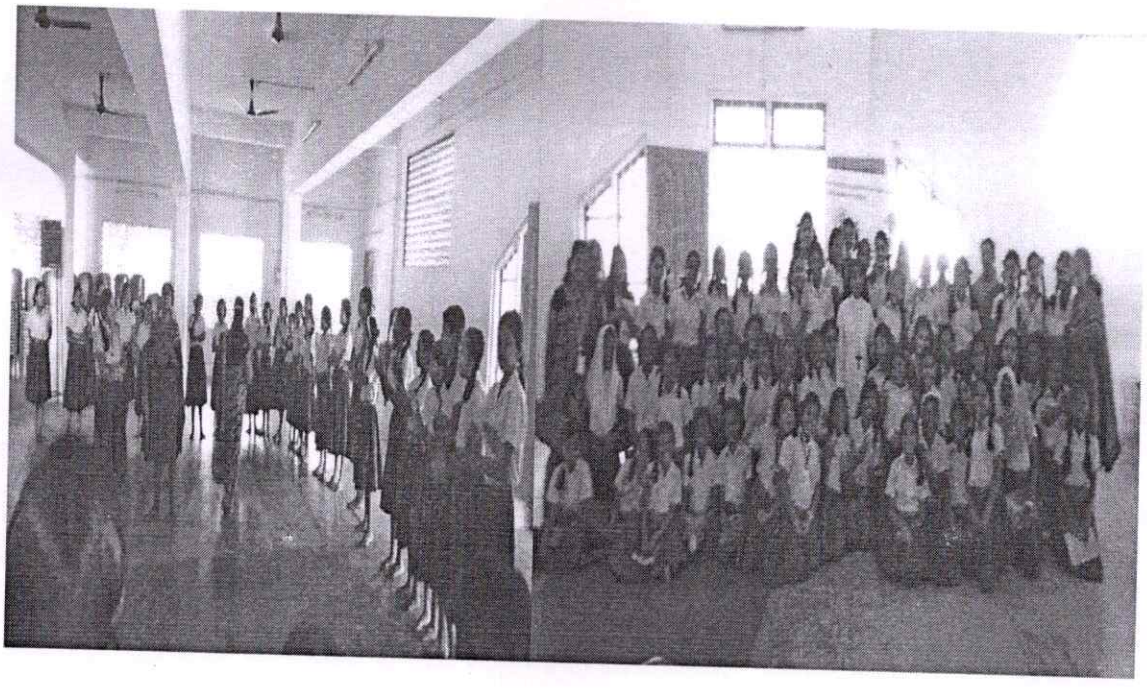
ST THERESIA BETHANY CONVENT, CHEGAROOR



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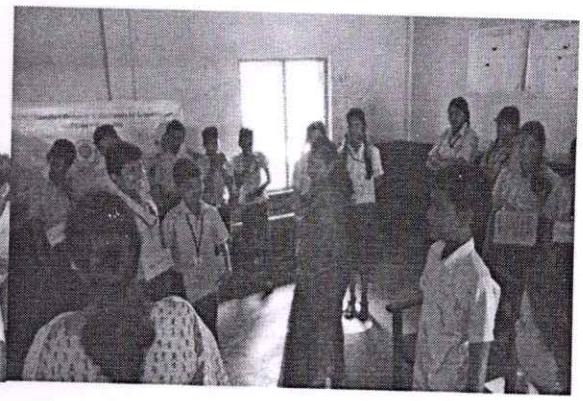
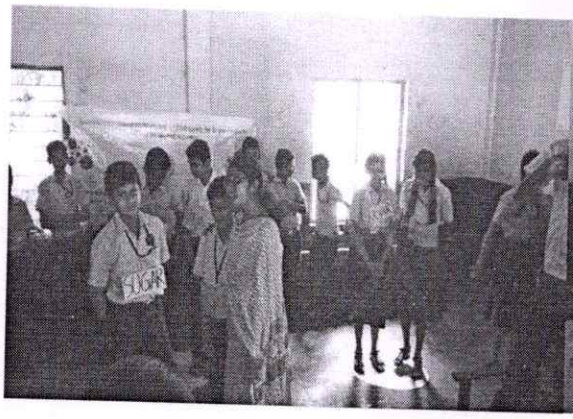
ST THOMAS UP SCHOOL, VENNIKULUM





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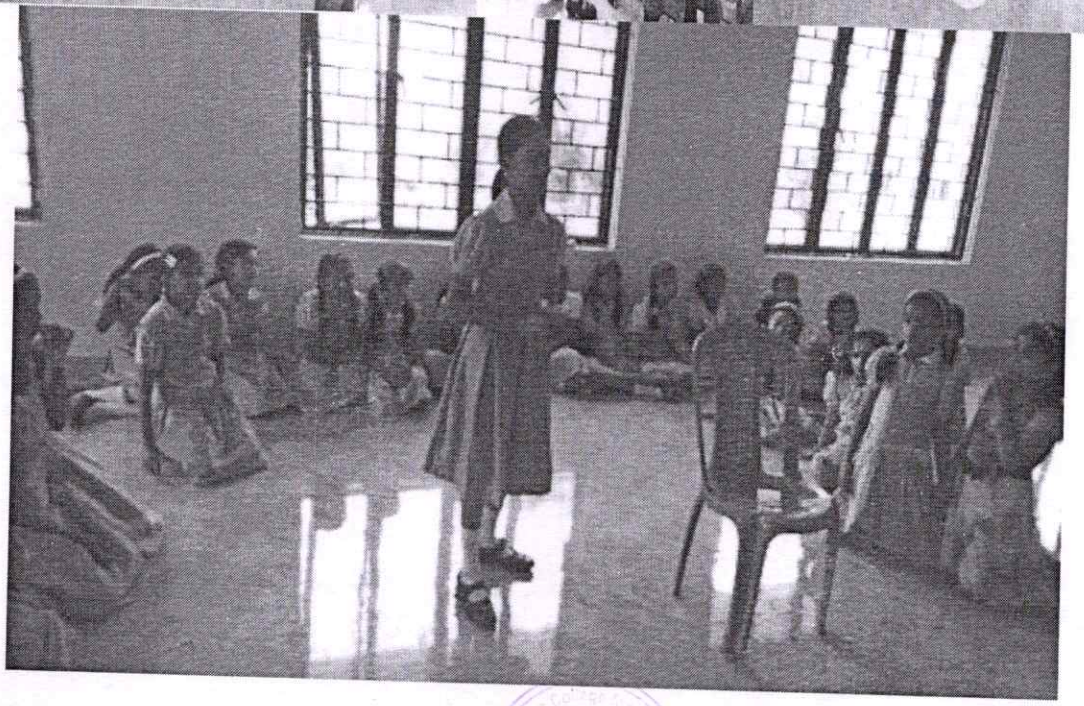
NICHOLSON HS SCHOOL, THIRUVALLA



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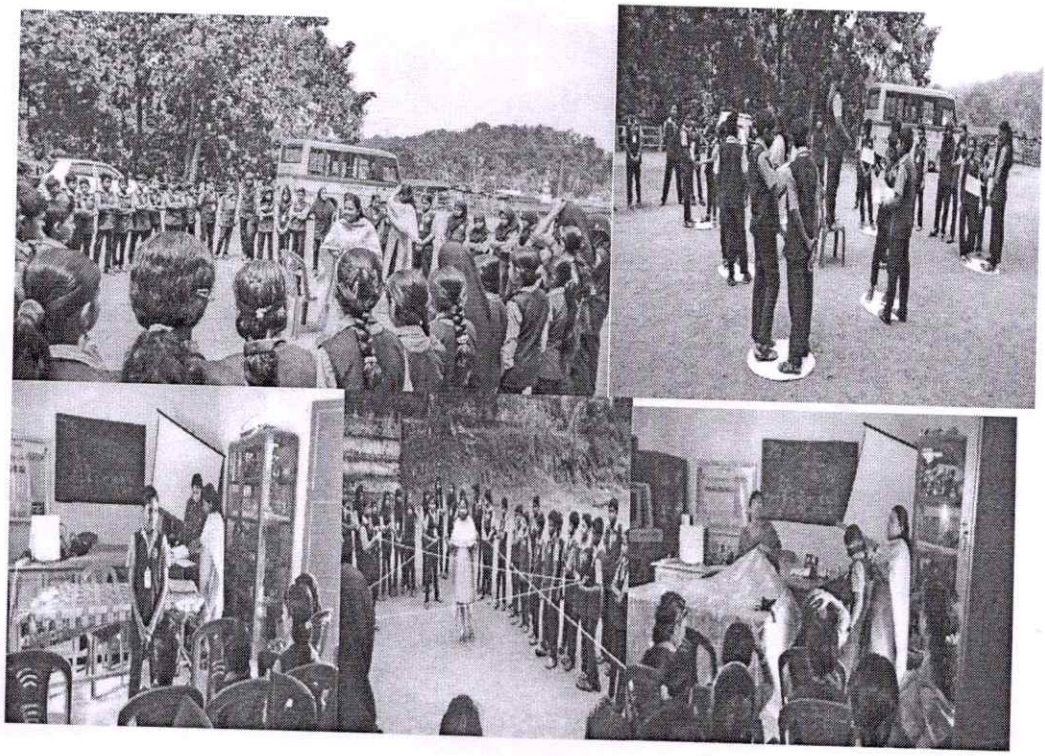
ST GEORGE HS CHUNKAPARA



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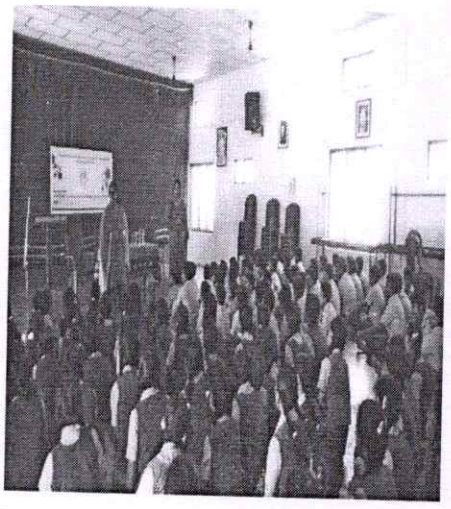
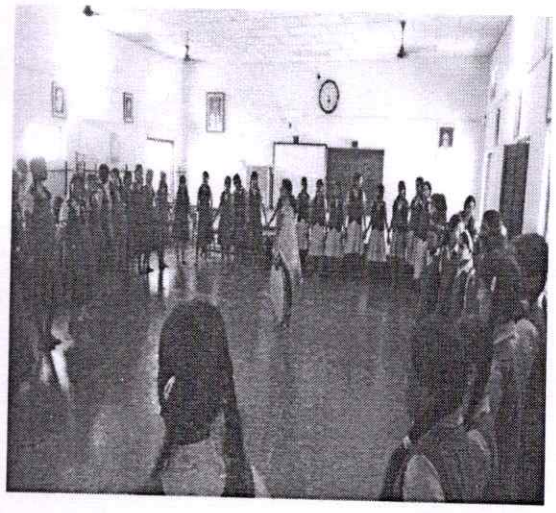
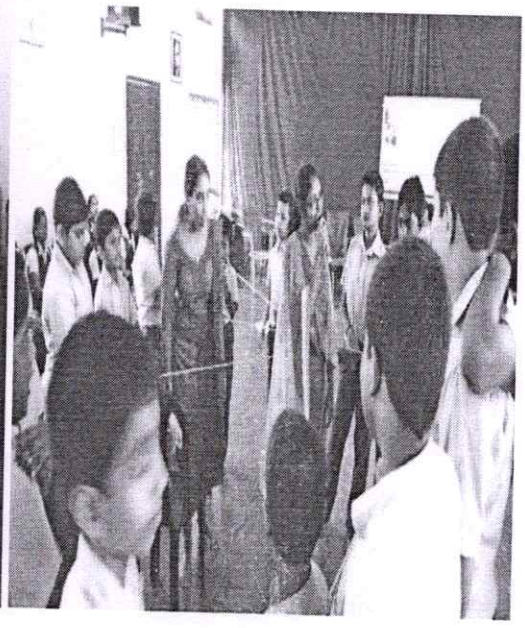
SANKARAMANGALAM PUBLIC SCHOOL







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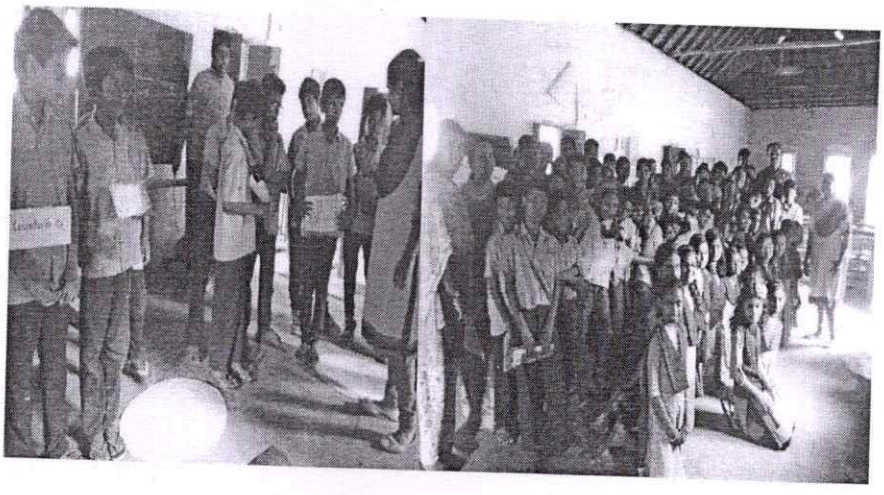
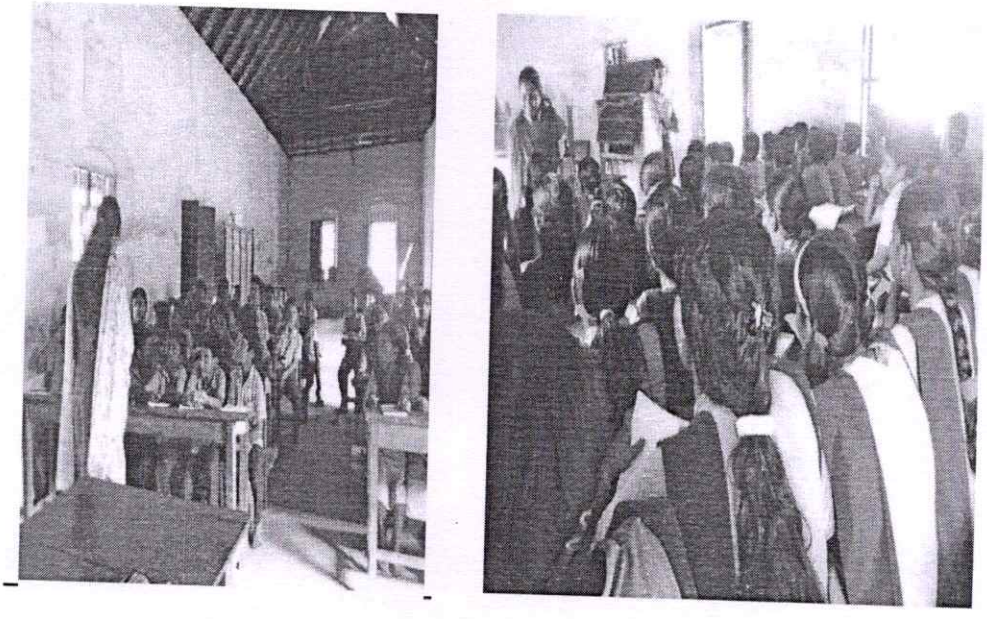
PRINCE MARTHANDAVARMA SCHOOL





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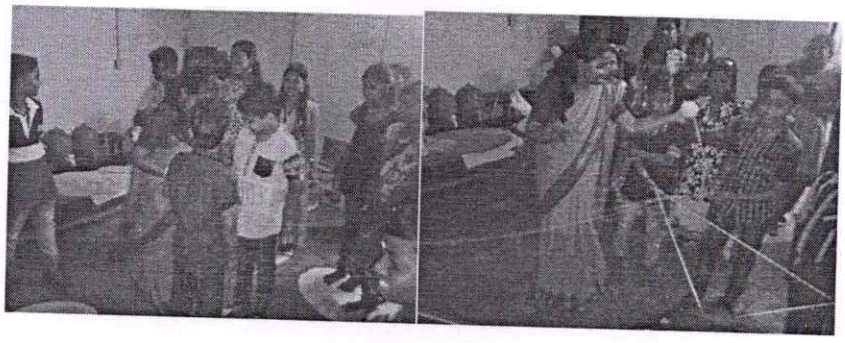
GOVT LP & UP SCHOOL KADAPPRA



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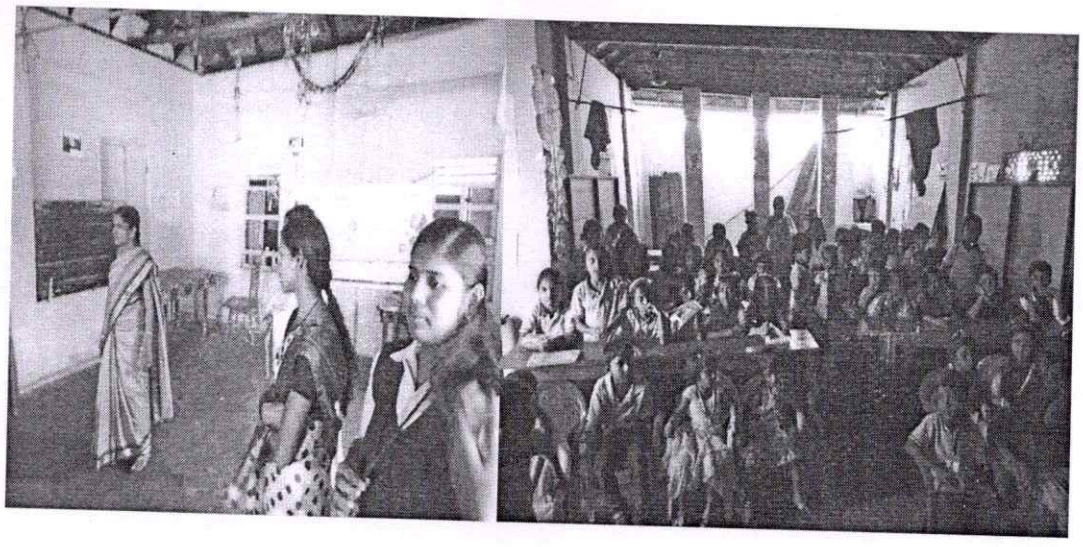
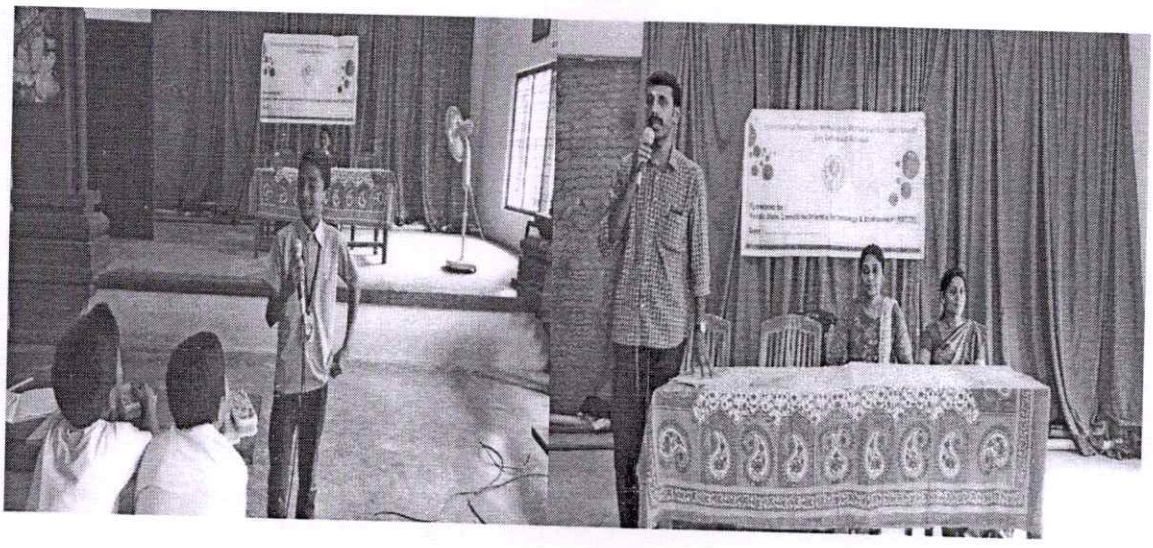
Pathanamthitta
Kerala
Thiruvalla-689 101

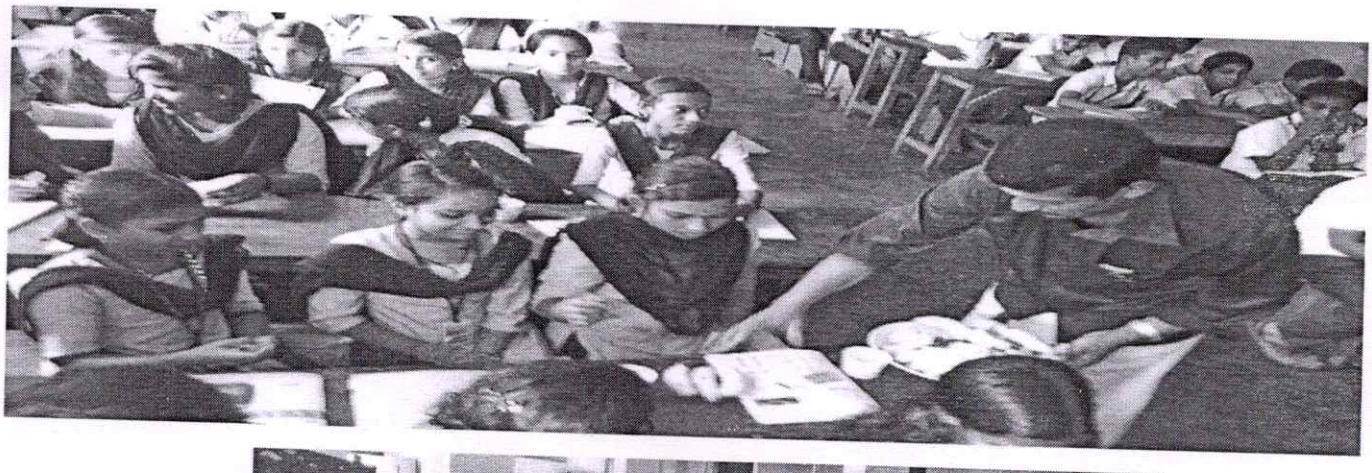
CMS LP.SCHOOL, NEDUMPURAM



Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala

GOVT.HS, KONNI & REPUBICAN HIGH SCHOOL, KONNI





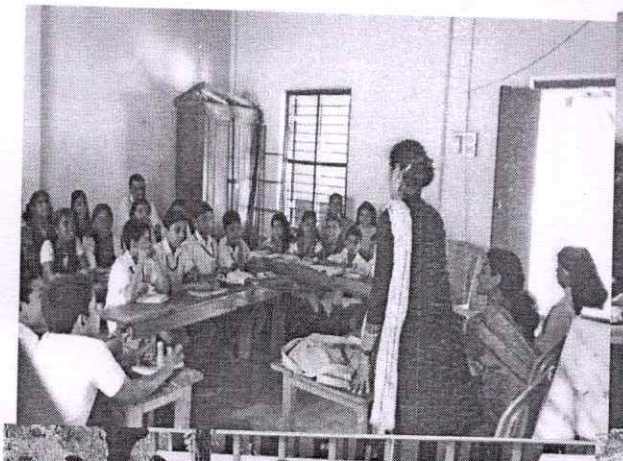
Pathanamthitta Kerala

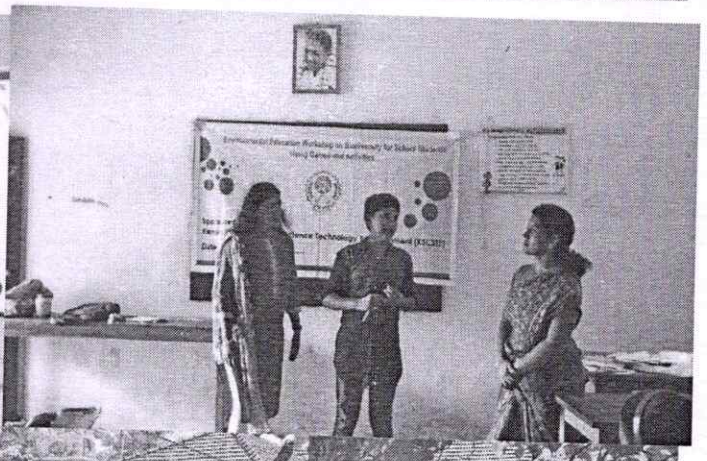
CMS LP SCHOOL, THEPPANI

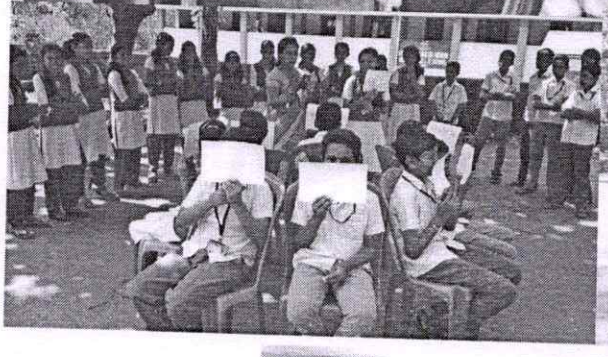
THIRUMOOLAVILASAM HIGH SCHOOL, THIRUMMOOLA, TIRUVALLA

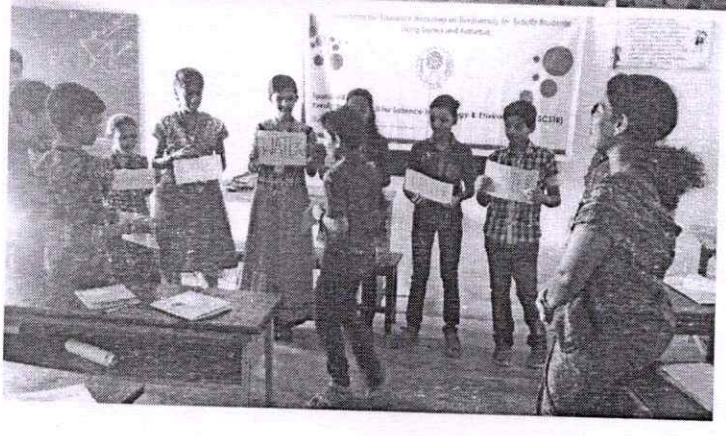
Mar Athanasius College for Advanced Studies
Pathanamthitta
Kerala

AMRITA HIGH SCHOOL, ELIYARAKAL & ST. THOMAS SCHOOL VAKAYAR









Beena Cherian

Beena Cherian
Dean, School of Biosciences

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala

Govt. HSS, Kuttoor

Date of Conduct : 22/07/16 & 26/07/16

Name of volunteers :

Asha L P — Ashaf

Devika V A — Devika V A

Feba Das — Feba Das

Linta Jose — Linta

Nithya P — Nithya

Greeshma S — Greeshma

Aswin — Aswin

Simi Sattar — Simi

Aswathy S — Aswathy

Aiswaiya Vasanth — Aswaiya

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala
Thiruvalla-689 101

School of Life Sciences
MACFAST
Tiruvalla-689 101
Mar Athanasios College for Advanced Studies

Verified by
Griphin

Balikamadom HSS, Thiruvananthapuram

Date of Conduct : 18/08/16

Name of Volunteers : Greeshma S

Sofia Soloman

Prasanthi P

Aswathy S

Anjali Pradeep

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala

Verified by

School of Bio Sciences
MACFAST
Thiruvalla-689 101
Mar Athanasios College for Advanced Studies

MGD HS, Puthussery

Date of Conduct : 17/08/16

Name of Volunteers Santhy M S

Asha Antony

Meera T S

Soorya Remesh

P S Swathi

Verified by Gipthi

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala
Thiruvalla 689 101

School of Bio Sciences
MACFAST
Tiruvalla-689 101
Mar Athanasios College for Advanced Studies

Govt. Hss Kallupara

Date of Conduct : 24/08/16

Name of Volunteers

Revathy V A

Sindoora K Udayakumar

Niss mol Shajan

Sinu Saltar

School of Bio Sciences • Sciences
MACFAST
Trivalla-689 101
Mar Athanasios College for Advanced Studies

Verified by

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala
Thiruvalla-689 101

SCS HS Thiruvalla

Date of Conduct : 25/08/16

Name of Volunteers

Dibha P S

Asha W P

Archana Kishor Kumar

Simon Thomas

Denni K Thampi

School of Bio Sciences * Mar Athanasios College for Advanced Studies *
MACFAST
Tiruvalla-689 101

Verified by
Gripthi

Mar Athanasios College for Advanced Studies * Thiruvalla-689 101 *
Pathanamthitta
Kerala

St. Theresia Bethany Convent
Chegaroor

Date of Conduct : 25/08/16

Name of Volunteers

Archana Kishor Kumar

Aswin

Simi Sattar

Rinoy Mathew

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Verified by
Cripthi

Mar Athanasios College for Advanced Studies • Pathanamthitta Kerala

SG Thomas UP School

Vennikulam

Date of Conduct- : 26/08/16

Name of the Volunteers : Greeshma S

Aswathy S

Simon Thomas

Aiswarya Vasantha

Verified by

Cripth

Nicholson HS School
Thiruvalla

Date of Conduct : 29/08/16

Name of Volunteers : Sreelakshmi N.

Denni K Thampi

Asha LP

Soumya Zaccharian

School of Bio Sciences * Mar Athanasios College for Advanced Studies * MACFAST Tiruvalla-689 101

Mar Athanasios College for Advanced Studies * Pathanamthitta Kerala * Thiruvalla-689 101

Verified by
Gripthi

Mar Dionysius School, Rishy Valley, Mallapally

Date of Conduct : 08/09/2016

Name of Volunteers :

Aiswarya Vasanth

Simi Sallar

Rincy Mathew

Feba Das

Verified by

Thirumoola Vilasam . UP school

Date of conduct : 20/09/2016

Name of volunteers

Anuja A Nair

Sindoora K Udayakumar

Sree Lakshmi N

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala

Mar Athanasios College for Advanced Studies
MACFAST
Tiruvalla-689 101

Verified by
Cripthi

Sankaramangalam Public School

Date of Conduct: 07/10/2016

Name of Volunteers: Revathy V A

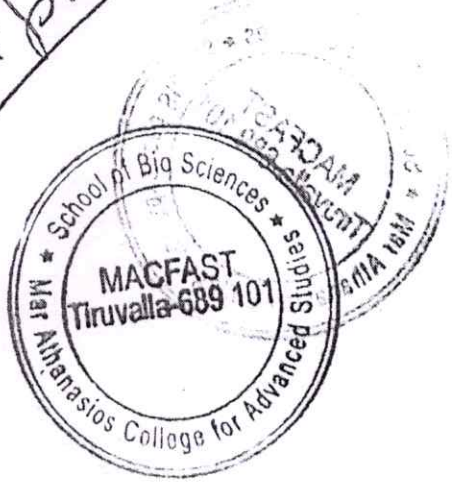
Archana Kishor Kumar

Noyal Shaji

Vidyalekshmi V

Aswini

Verified by



St. George HS, Chunkapara

Date of Conduct : 23/09/2016

Name of Volunteers :

Lida Lahu

Prasanthi P

Darsana S

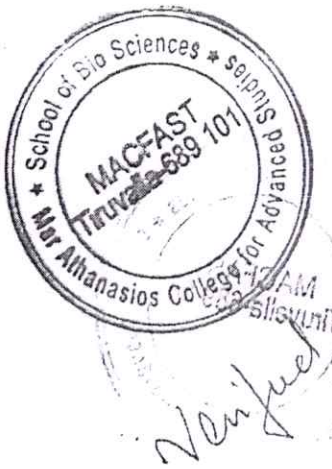
Santhy MS

Soumya Zacchariah

Aswathy Ramesh

School of Bio Sciences * Mar Athanasios College for Advanced Studies * MACFAST Tiruvalla-689 101

Mar Athanasios College for Advanced Studies * Pathanamthitta Kerala * Thiruvalla-689 101



Verified by

Gripthi

MSM UP School, Nuanam

Date of Conduct: 07/11/2016

Name of volunteers: Feba Das

Sofia Solomon

Asha LP

Teena Daniel

Linta Jose

Thejas Anil

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala

School of Bio Sciences
MACFAST
Tiruvalla-689 101
Mar Athanasios College for Advanced Studies

Verified by
Cripthi

Prince Maethanda Varma HS

Perungaran

Date of Conduct : 10/11/2016

Name of volunteers :

Asha L P

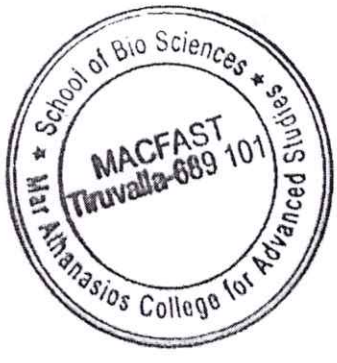
Anja A Nair

Dibha P S

Aiswathy Ramesh

Vidyalekshmi V

Rincy Mathew



Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala
Thiruvalla-689 101

School of Bio Sciences
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Tiruvalla-689 101
Mar Athanasios College for Advanced Studies

Verified by
Gripthi

Govt. LP & UP Girls School

Kadalpara

Date of Conducted : 16/11/2016

Name of volunteers :

Anjali Pradeep	Anjali
Sanjay MS	Sanjay
Asha Anilan	Asha
Meera TS	Meera
Soorya Ramesh	Soorya

Verified by

Cripthi

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Tiruvalla-689 101
Mar Athanasios College for Advanced Studies

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala

CMS School Nedumpuram

Date of Conduct : 11/01/2017

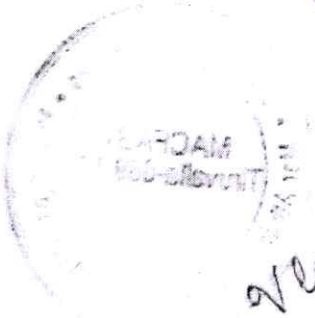
Name of volunteers : Soumya Abraham

Aniya M Nair

Revathy V A

Nisis Mol Shajan

Simi mol Philip



Verified by

St. Thomas UP School Vakayar
Konni

Date of Conduct: 09/02/2017

Name of volunteers:

Lida Lelu

PS Swathi

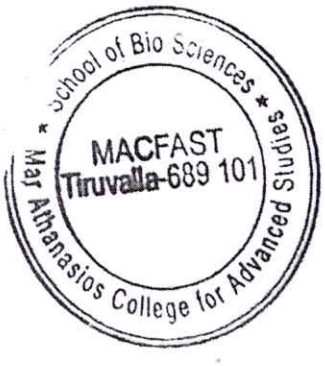
Asha LP

Feba Das

Sreelakshmi N

Aswini

Aiswarya Vasanth



School of Bio Sciences
MACFAST
Tiruvalla-689 101
Mar Athanasios College for Advanced Studies

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala
Tiruvalla-689 101

Verified by
Gripthi

Amrita Vocational Higher Secondary School, Eliyaarakal, Konni

Date of Conduct : 09/02/2017

Name of volunteers

Soumya Zacchaeus

Sindoora K Udayakumar

Thyas Anil

Vidhyalakshmi V

Verified by

School of Bio Sciences * Near Athanasius College for Advanced Studies * Thiruvalla-689 101
Pathanamthitta Kerala

Republican Vocational Higher Secondary School, Kounni

Date of conduct 13/02/2017

Name of Volunteers Dibin PS

Aswathy Ramesh

Simi mol Philip

Noyal Shaji

Aswini

Verified by

Govt. HS School, Konni

Date of Conduct : 13/02/2017

Name of students

Soumya Abraham

Anuja A Nair

Sindoora K Udayakumar

Archana Kishor Kumar

Simon Thomas

Verified by

CMS LP School, Theppani

Date of Conduct : 25/03/2017

Name of Volunteers

Asha LP

Teena Daniel

Santhy MS

Soumya Zacharia

Simi mol Philip

Simi Sattar

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala
Thiruvalla-689 101

School of Bio Sciences
MACFAST
Tiruvalla-689 101
Mar Athanasios College for Advanced Studies

Verified by
Cripthi

Thirumoolavilasam High School
Thirummoola, Tiruvalla.

Date of conduct 25/03/2017

Name of volunteers

Soumya Abraham
Thejas Anil
Nayal Shaji
Vidyalekshmi V
Aiswarya Vasanth

School of ... MACFAS Tiruvalla-689 ... Mar Athanasios College for Advanced ...

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala Tiruvalla-689 101

Verified by
Cripthu

PRINCIPAL
MAR ATHANASIOS COLLEGE
FOR ADVANCED STUDIES
TIRUVALLA

National Service Scheme (NSS) Unit

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla – 689101

Blood Donation Camp

1st December 2016

NSS unit MACFAST hosted a blood donation camp in association with the Red Ribbon Club and HDFC bank on 1st December 2016. The camp started at 10:00 AM with a short inaugural function by Fr. Pradeep Vazhatharamlayil, Principal, MACFAST, Tiruvalla. Mr Biju Dharmapalan, NSS co-ordinator, Suja P Simon, Manager of HDFC bank, and Red Ribbon club coordinators addressed the gathering on the importance of blood donation. 77 volunteers came forward to donate blood during the camp which included students as well as NSS Volunteers. A total of 51 units of blood was collected. The camp continued until 2. 30 PM and the blood donors were provided with a blood donation certificate card.

NSS Volunteers donating blood for the blood donation camp

NATIONAL SERVICE SCHEME UNIT No 124 (MACFAST) THIRUVALLA- 689 101 Mar Athanasios College for Advanced Studies

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala Thiruvalla-689 101

Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101

National Service Scheme (NSS) Unit

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla – 689101

Blood Donation Camp

1st December 2016

Sl. No.	Name of student	Signature	Remarks
1	Anuja A Nair		member
2	Devika V A		"
3	Darsana S		"
4	Lijina L N		"
5	Niss Mol Shajan		"
6	Sajeesha S		"
7	Santhy M S		"
8	Shone Thomas Mathew		secretary
9	Sreelekshmi N		member
10	Sofia Solomon		"
11	Soumya Zacchariah		"
12	Suriyagayathri V P		"
13	Teena Daniel		"
14	Sreeja S		"

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala Thiruvalla-689 101

NATIONAL SERVICE SCHEME UNIT No. 124 (MACFAST) THIRUVALLA- 689 101 Mar Athanasios College for Advanced Studies

15	Soumya Abraham	member	
16	Ooshmala B	"	
17	Aiswarya Vasanth	"	
18	Anjali Pradeep	"	
19	Archana Kishor Kumar	"	
20	Aswathy Remesh	"	
21	Aswathy S	"	
22	Aswin Omanakuttan	"	
23	Deepthi Slizabeth Johns	"	
24	Denni K Thampi	"	
25	Feba Das	"	
26	Greeshma S	"	
27	Hima Devadas	"	
28	Joshna K Abraham	"	
29	Linta Jose	"	
30	Nikitha N Pillai	"	
31	Nissa Ann Varughese	"	

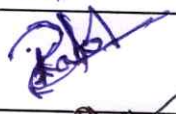
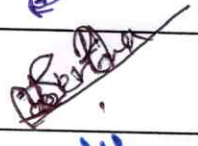
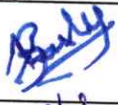
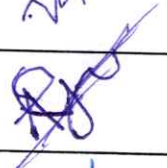
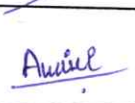
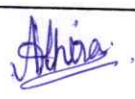
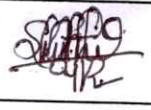
Pathanamthitta Kerala

NATIONAL SERVICE SCHEME UNIT NO 124 (MACFAST) THIRUVALLA- 689 101 Mar Athanasios College for Advanced Studies

32	Nithya P	member	
33	Noyal Shaji	"	
34	Osheen Oliver	"	
35	Rajendraprasad N V	"	
36	Rajesh Sham	"	
37	Rinsy Mathew	"	
38	Rohithnath R R	"	
39	Shafana Faruk	"	
40	Simimol Philip	"	
41	Simi Sathar	"	
42	Simon Thomas	"	
43	Sindoora K Udayakumar	"	
44	Sumayya Abdul Rahim	"	
45	Thejas Anil	"	
46	Vidhyalakshmi V	"	
47	Akhilesh James	"	
48	Gokul R Nair	"	

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala Thiruvalla-689 101

NATIONAL SERVICE SCHEME UNIT No. 124 (MACFAST) THIRUVALLA 689 101 Mar Athanasios College for Advanced Studies

49	Shijin Sam Varghese		
50	Raiby Mathew		
51	Linda Ann Thomas		
52	Afra Azad		
53	Riya Mariyam Reji		
54	Rakul Krishnan G		
55	Sebastian Philip		
56	Amal Augustine		
57	Vineetha Daniel		
58	Aju Varghese		
59	Vishnu Satheesan		
60	Sherin Susan Jacob		
61	Swathi Satheesan		
62	Anu Rani M Rajan		
63	Athira Satheendran		
64	Baby Sruthi C.V		
65	Sooraj T S		

Pathanamthitta Kerala
UNIT 24 (MAC AST) THIRUVALLA-689 101
Mar Athanasios College for Advanced Studies

66	Dhanya Krishnan		
67	Elza Varghese		"
68	Hridya K S		"
69	Jeeja Gopinath		"
70	Anju S		"
71	Anu Saji		"
72	Gemini Chandy Wattacheril		"
73	Lavanya B		"
74	Nissy Sara Mathew		"
75	Praseetha C.P		"
76	Rixon Roy		"
77	Swathi K Raj		"

NATIONAL SERVICE SCHEME
UNIT No:124
(MACFAST)
THIRUVALLA- 689 101
Mar Athanasios College for Advanced Studies

Pathanamthitta Kerala
Mar Athanasios College for Advanced Studies Thiruvalla-689 101

Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101

Cleaning of Govt. H.S.S Kuttoor Secondary School, Pathanamthitta

23rd- 29th December 2016

According to the second phase of the cleanliness campaign associated with the Swachh Bharat Mission, MACFAST NSS team organized a one-week cleaning activity at Govt. HSS, Kuttoor on 23rd to 29th December 2016. The mission was coordinated by Mr. Biju Dharmapalan. The school headmaster addressed the gathering and appreciated the commendable act of social service and dedication shown by the NSS team. 46 volunteers took part in the campaign and cleaned the school premises. The students trimmed weeds, small trees, and other foliage around the campus along with plastic waste. After the reopening of the school, an awareness programme was also conducted for the students. Through this, the NSS volunteers tried to propagate the benefits and importance of cleanliness among the school children and also instructed the students to dispose of the waste in dustbins. An awareness of the ill effects of plastics on the environment was also emphasized.

Students at Govt. H.S.S Kuttoor Secondary School, Pathanamthitta for the cleaning activities

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala

NATIONAL SERVICE SCHEME UNIT No 124 (MACFAST) THIRUVALLA 689 101 Mar Athanasios College for Advanced Studies

Students cleaning classrooms at Govt. H.S.S Kuttoor Secondary School, Pathanamthitta

Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101

National Service Scheme (NSS) Unit

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla – 689101

Cleaning of Govt School Premises - Govt. H.S.S Kuttoor Secondary School, Pathanamthitta **23rd- 29th December 2016**

Student Volunteer Attendance

Sl. No.	Name of student	Signature	Remarks
1	Anumol C James		Memo
2	Niss Mol Shajan		"
3	Feba Das		"
4	Dibha P S		"
5	Anju A		"
6	Lida Lalu		"
7	Prasanthy P		"
8	Revathy V A		"
9	Anuja A Nair		"
10	Ahammed Nabeel M N		"
11	Devika V A		"
12	Sajeesha S		"
13	Sofia Solomon		"
14	Suriyagayathri V P		"
15	Teena Daniel		"
16	Aiswarya Vasanth		"
17	Anjali Pradeep		"
18	Archana Kishor Kumar		"
19	Aswathy Remesh		"
20	Aswin Omanakuttan		"
21	Deepthi Elizabeth Johns		"
22	Denni K Thampi		"
23	Joshna K Abraham		"

Pathanamthitta Kerala

NATIONAL SERVICE SCHEME UNIT No 124 (MACFAST) THIRUVALLA- 689 101

24	Linta Jose		member
25	Osheen Oliver		"
26	Rajesh Sham		"
27	Rajendraprasad N V		"
28	Nithya P		"
29	Shafana Faruk		"
30	Simi Sathar		"
31	Simon Thomas		"
32	Thejas Anil		"
33	Sumayya Abdul Rahim		"
34	Akhil R		"
35	Chikku YS		"
36	Binu Das		"
37	Hima Devadas		"
38	Rinsy Mathew		"
39	Ooshmala B		"
40	Sindoora K Udayakumar		"
41	Pavin Thadathil		"
42	Noyal Shaji		"
43	Shone Thomas Mathew		secretary
44	Nino Joseph		member
45	Rohithnath R R		"
46	Lijoy M Joseph		"

NATIONAL SERVICE SCHEME
UNIT NO. 24
(MACFAST)
THIRUVALLA 689 101
Mar Athanasios College for Advanced Studies

Pathanamthitta
Kerala

Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES
TIRUVALLA

(MACFAST)

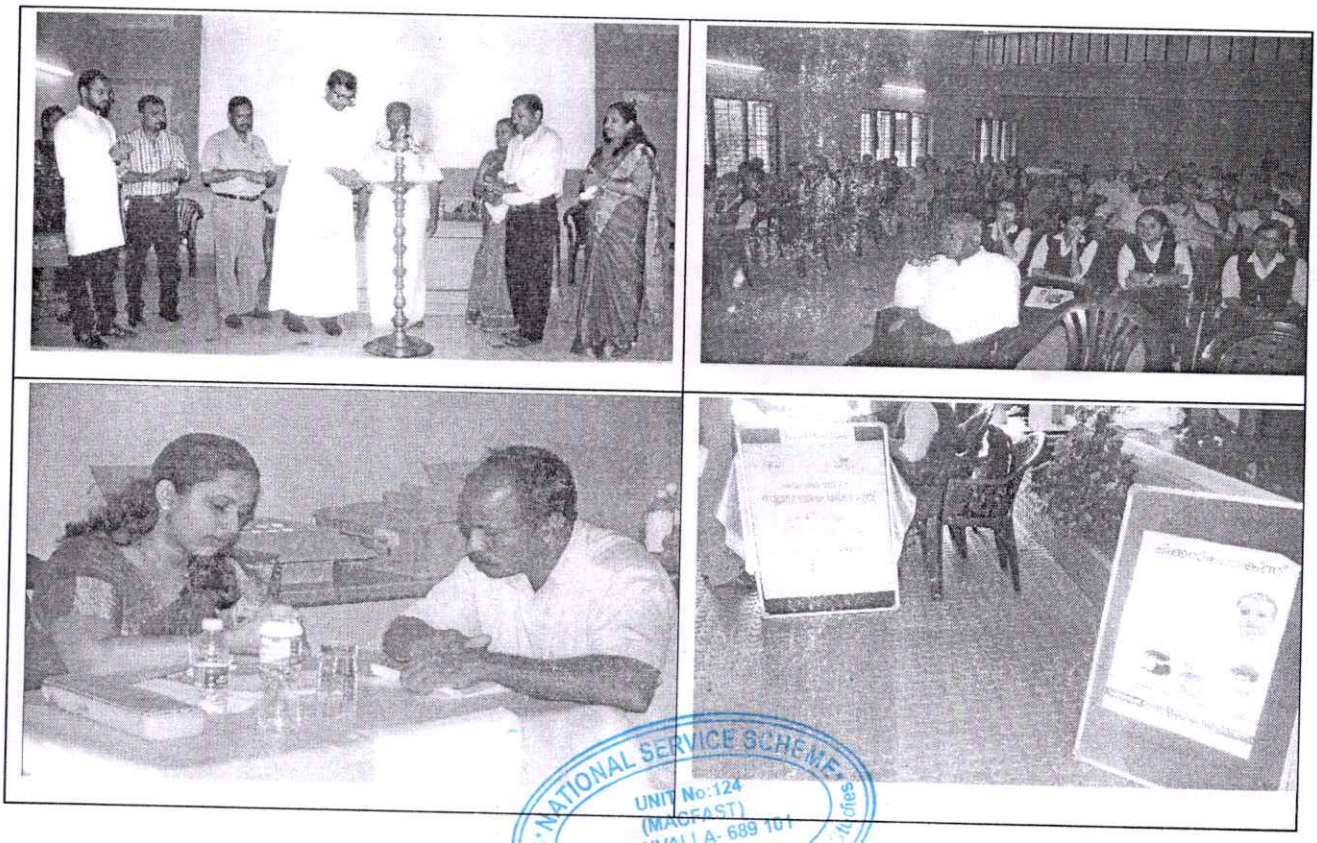
Thiruvalla - 689101

RADIO MACFAST 90.4

Report on the Homeopathic Free Medical Camp

8th July 2016

Radio MACFAST 90.4 FM in association with Govt. Homeopathic Dispensary, Kuttapuzha hosted a one-day free Homeopathic Medical Camp on 8th July 2016. The camp was organized at the MACFAST campus from 9:00 AM to 1:00 PM. 38 NSS volunteers participated in coordinating the program. The program was inaugurated by Rev. Fr. Pradeep Vazhatharamlayil (Principal, MACFAST, Chairman, Radio MACFAST 90.04). 30 villagers attended the camp and were given free medical check-ups. Medicines were also freely distributed among them. Students, faculty and staff members also participated in the camp. The volunteers also gave awareness on the importance of cleanliness within us and our surroundings. Different communicable diseases which are likely to spread in the rainy season were also addressed. The medical camp was a great success and the programme was very much appreciated by the villagers.



NATIONAL SERVICE SCHEME
UNIT No:124
(MACFAST)
THIRUVALLA- 689 101
Mar Athanasios College for Advanced Studies

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES
TIRUVALLA

(MACFAST)

Thiruvalla – 689101

RADIO MACFAST 90.4

Activity: Homeopathic Medical Camp **Date : 8/7/2016**

Attendance sheet

Sl. No.	Name of student	Signature	Remarks
1	Ahammed Nabeel M N		member
2	Aiswarya Vasanth		"
3	Anjali Pradeep		"
4	Anju A		"
5	Anuja A Nair		"
6	Anumol C James		"
7	Archana Kishor Kumar		"
8	Aswathy Remesh		"
9	Aswin Omanakuttan		"
10	Deepthi Slizabeth Johns		"
11	Denni K Thampi		"
12	Devika V A		"
13	Dibha P S		"
14	Feba Das		"
15	Hima Devadas		"
16	Joshna K Abraham		"
17	Lida Lalu		"
18	Linta Jose		"
19	Niss Mol Shajan		"
20	Nithya P		"
21	Ooshmala B		"
22	Osheen Oliver		"
23	Prasanthy P		"

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala Thiruvalla-689 101

NATIONAL SERVICE SCHEME UNIT No. 124 (MACFAST) THIRUVALLA- 689 101 Mar Athanasios College for Advanced Studies

24	Rajendraprasad N V		member
25	Rajesh Sham		"
26	Revathy V A		"
27	Rinsy Mathew		"
28	Sajeesha S		"
29	Shafana Faruk		"
30	Simi Sathar		"
31	Simon Thomas		"
32	Sindoora K Udayakumar		"
33	Sofia Solomon		"
34	Sumayya Abdul Rahim		"
35	Suriyagayathri V P		"
36	Teena Daniel		"
37	Thejas Anil		Secretary
38	Ahammed Nabeel M N		member.

UNIT No.124
(MACFAST)
THIRUVALLA-689 101

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala
Thiruvalla-689 101

Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101

National Service Scheme (NSS) Unit
MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA
(MACFAST)
Thiruvalla – 689101

Renovation work of "Anganavadi", Thukalassery

20th January 2017

"Anganwadi" is a type of rural child care centre in India. They were started by the Indian government in 1975 as part of the Integrated Child Development Services program to combat child hunger and malnutrition. 46 NSS volunteers under the coordination of Mr. Biju Dharmapalan visited the "Anganwadi", Thukalassery on 20th January 2017. Volunteers were thrilled to be part of the project and actively participated in cleaning the campus and painting the compound walls of the "Anganwadi". Overgrown weeds and bushes around the campus were cleared and the garbage was removed. Plastic waste was also segregated and disposed of through the proper channel. Volunteers made an effort to draw child-friendly drawings and illustrations on the boundary walls to make the premise more lively and blissful for the kids. Volunteers also planted some flowering plants to make the campus more beautiful.

NSS volunteers cleaning the "Anganvadi" premises

NATIONAL SERVICE SCHEME
UNIT No 124
(MACFAST)
THIRUVALLA- 689 101

Mar Athanasios College for Advanced Studies
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Kerala
Thiruvalla-689 101

NSS volunteers cleaning the "Anganvadi" premises in groups

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala
Thiruvalla-689 101

Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101

National Service Scheme (NSS) Unit

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla – 689101

Renovation work of Anganavadi at Tholassery

23rd- 29th December 2016

Student Volunteer Attendance

Sl. No.	Name of student	Signature	Remarks
1	Anumol C James		member
2	Aiswarya Vasanth		"
3	Anjali Pradeep		"
4	Archana Kishor Kumar		"
5	Aswathy Remesh		"
6	Aswin Omanakuttan		"
7	Anju A		"
8	Anuja A Nair		"
9	Ahammed Nabeel M N		"
10	Deepthi Elizabeth Johns		"
11	Denni K Thampi		"
12	Joshna K Abraham		"
13	Linta Jose		"
14	Osheen Oliver		"
15	Rajesh Sham		"
16	Rajendraprasad N V		"
17	Nithya P		"
18	Shafana Faruk		"
19	Simi Sathar		"
20	Simon Thomas		"
21	Thejas Anil		secretary
22	Sumayya Abdul Rahim		member

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala Thiruvalla-689 101

NATIONAL SERVICE SCHEME UNIT No. 124 (MACFAST) THIRUVALLA- 689 101 Mar Athanasios College for Advanced Studies

23	Akhil R		member
24	Chikku YS		"
25	Binu Das		"
26	Hima Devadas		"
27	Rinsy Mathew		"
28	Ooshmala B		"
29	Niss Mol Shajan		"
30	Feba Das		"
31	Dibha P S		"
32	Devika V A		"
33	Lida Lalu		"
34	Prasanthy P		"
35	Revathy V A		"
36	Sindoora K Udayakumar		"
37	Pavin Thadathil		"
38	Noyal Shaji		"
39	Shone Thomas Mathew		"
40	Nino Joseph		"
41	Rohithnath R R		"
42	Lijoy M Joseph		"
43	Sajeesha S		"
44	Sofia Solomon		"
45	Suriyagayathri V P		"
46	Teena Daniel		"

Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla – 689101

Report on the YMCA Jackfruit - Mango - Papaya Festival - 2017

9th -14th May 2017

Mar Athanasios College for Advanced Studies Tiruvalla in association with YMCA Thiruvalla organized a Jackfruit - Mango - Papaya Festival at YMCA Hall in Tiruvalla from 9th May to 14th May 2017. The event was inaugurated by the Most Rev Dr Philipose Mar Chrysostom, Bishop of Marthoma Church. The fest gave an opportunity for the current batch of students to develop value-added food products from cheap and locally available food materials such as Jackfruit, Mango and Papaya. The food materials were prepared by the students at the department and then later transported to the festival ground by them. At the festival, the food materials were exhibited at a food stall arranged by the students. More than 18 edible items were developed from these raw materials for the festival. 62 students from the School of Biosciences were actively involved in this programme.

List of value-added products developed from jackfruit, papaya and mango.

1. Jelly
2. Jam
3. Squash
4. Cool drinks from mango and jackfruit
5. Pickle
6. Dried jackfruit bulb
7. Jackfruit flour
8. Dried Jackfruit seed
9. Chakka Nirav
10. Pudding
11. Cutlet
12. Halwa
13. Jackfruit Biriyani
14. Payasam
15. Jackfruit seed avalosu podi
16. Dry Mix Snack
17. Chips
18. Pakoda

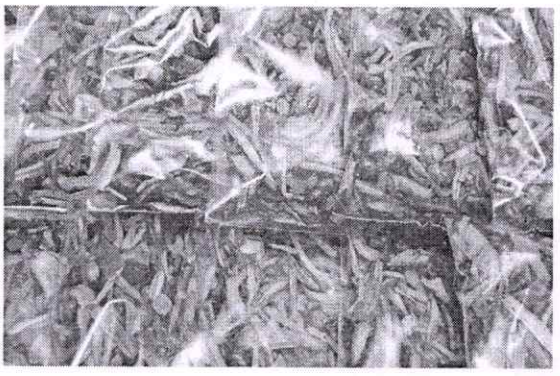
Beena Cherian

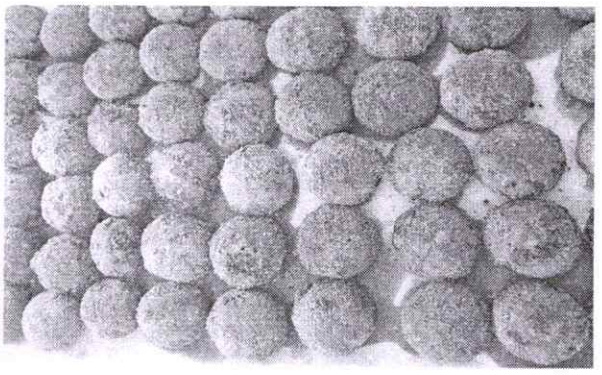
Beena Cherian
Dean, School of Biosciences

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla – 689101





Mar Athanasios College for Advanced Studies
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Kerala
Thiruvalla-689 101

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla – 689101

Attendance Sheet

Activity: Jackfruit - Mango - Papaya Fest 2017 **Date: 9th -14th May 2017**

Si No	Name of Student	Sign
1.	Abhirami S Nair	
2.	Akhil S	
3.	Aleena T Mathews	
4.	Ambili M Thomas	
5.	Ansu Mary John	
6.	Arathi Ben	
7.	Archa U L	
8.	Aswin Sanjeev	
9.	Athira Krishnan. R	
10.	Bhagya Vijayan	
11.	Binil Alias	
12.	Boby George	
13.	Denna Mary Tom	
14.	Dhanu S. Lakshmi	
15.	Fathimi Shanna N S	

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala Thiruvalla-689 101

16.	Jain Sara Jacob	
17.	Jesla John	
18.	Manija Madhu	
19.	Mathai Mathew	
20	Mercy Jose	
21.	Muhammad Jasir M. T. K	
22.	Nadiya Nazer	
23.	Nikhil A N	
24.	Priya Elizabeth Francis	
25.	Renu John	
26.	Sera Treesa Mathew	
27.	Sibin Babu	
28.	Teena Joseph	
29.	Vishnu C	
30.	Ammu Bejoe	
31	Anjumol K.P.	

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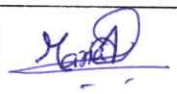
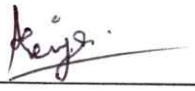
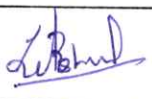
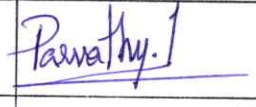
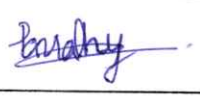
Pathanamthitta
Kerala

32	Elma Susam Reji	
33	Gayathri U.	
34	Litty Thomas	
35	Maria Joy P.	
36	Abhijith M. Anandan	
37	Annu S. George	
38	Daliya Simon	
39	Dilna T.	
40	Kesiya Joy	
41	Samuel Grace Anna Mathai	
42	Amal Anand	
43	Anaswara Syam	
44	Athira Rajan	
45	Leskshmi S kumar	
46	Parvathy J	
47	Parvathy Nandakumar	

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala

48	Jubin J Kurichiyil	
49	Anjali S.	
50	Anju C. Anand	
51	Bhavya Xavier	
52	Binsu Bose	
53	Chinju Varghese	
54	Lekshmi Devi J.C.	
55	Ragimol M.R.	
56	Rahumath A.S.	
57	Reshma Shaji	
58	Ria Elza Varghese	
59	Sonia Philip	
60	Sujila S.P.	
61	Varsha S.S.	
62	Vinitha Francis	

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala

PRINCIPAL
MAR ATHANASIOS COLLEGE
FOR ADVANCED STUDIES
TIRUVALLA

School of Bio Sciences MACFAST Tiruvalla-689 101 Mar Athanasios College for Advanced Studies

Beena Cherian
Dean, School of Biosciences
MACFAST, Tiruvalla

National Service Scheme (NSS) Unit
MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA
(MACFAST)
Thiruvalla - 689101

Cleaning of Sree Vallabha Temple Pond

12th January 2017

In the next phase of the cleanliness campaign associated with the Swachh Bharat Mission, our NSS team of 40 volunteers actively participated in the cleaning of the temple pond and premises of Sree Vallabhha temple on 12th January 2017. The volunteers also created an awareness of the health issues resulting from contaminated water and the need for water conservation among the people assembled there. The bushes and grass around the pond were cleaned. The plastic bags and containers around the premises were discarded properly and the NSS volunteers emphasized the need to reduce the use of plastic items and to promote the use of cloth or paper bags, steel bottles, etc. to the people over there. The relevance of cleanliness in rainy seasons and the need for the removal of containers that hold water to avoid the spread of diseases was also highlighted. Various placards with drawings and writings were also shown to create awareness among the general public.

NSS program officer leading the cleaning drive at Sree Vallabhha temple

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala Thiruvalla-689 101

UNIT NO. 124 (MACFAST) THIRUVALLA- 689 101

NSS Volunteers engaged in cleaning the Sree Vallabhha pond premises

Students and faculty members at the temple pond after the cleaning activities.

NATIONAL SERVICE SCHEME
UNIT No. 124
(MACFAST)
THIRUVALLA-689 101

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala
Thiruvalla-689 101

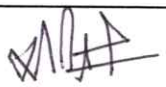
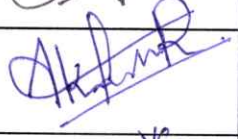
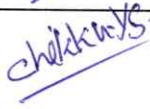
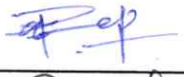
Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101

Sl. No.	Name of student	Signature	Remarks
1	Anumol C James		member
2	Niss Mol Shajan		"
3	Feba Das		"
4	Dibha P S		"
5	Anju A		"
6	Lida Lalu		"
7	Prasanthy P		"
8	Revathy V A		"
9	Anuja A Nair		"
10	Ahammed Nabeel M N		"
11	Devika V A		"
12	Sajeesha S		"
13	Sofia Solomon		"
14	Suriyagayathri V P		"

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala
Thiruvalla-689 101
NATIONAL SERVICE SCHEME
UNIT NO 124
(MACFAST)
THIRUVALLA- 689 101

15	Teena Daniel		
16	Aiswarya Vasanth		"
17	Anjali Pradeep		"
18	Archana Kishor Kumar		"
19	Aswathy Remesh		"
20	Aswin Omanakuttan		"
21	Deepthi Slizabeth Johns		"
22	Denni K Thampi		"
23	Joshna K Abraham		"
24	Linta Jose		"
25	Osheen Oliver		"
26	Rajesh Sham		"
27	Rajendraprasad N V		"
28	Nithya P		"
29	Shafana Faruk		"
30	Simi Sathar		

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala Thiruvalla-689 101
NATIONAL SERVICE SCHEME (MACFAST) THIRUVALLA- 689 101

31	Simon Thomas		member
32	Thejas Anil		secretary
33	Sumayya Abdul Rahim		member
34	Akhil R		"
35	Chikku YS		"
36	Binu Das		"
37	Hima Devadas		"
38	Rinsy Mathew		"
39	Ooshmala B		"
40	Sindoora K Udayakumar		"

NATIONAL SERVICE SCHEME UNIT No. 124 (MACFAST) THIRUVALLA-689 101

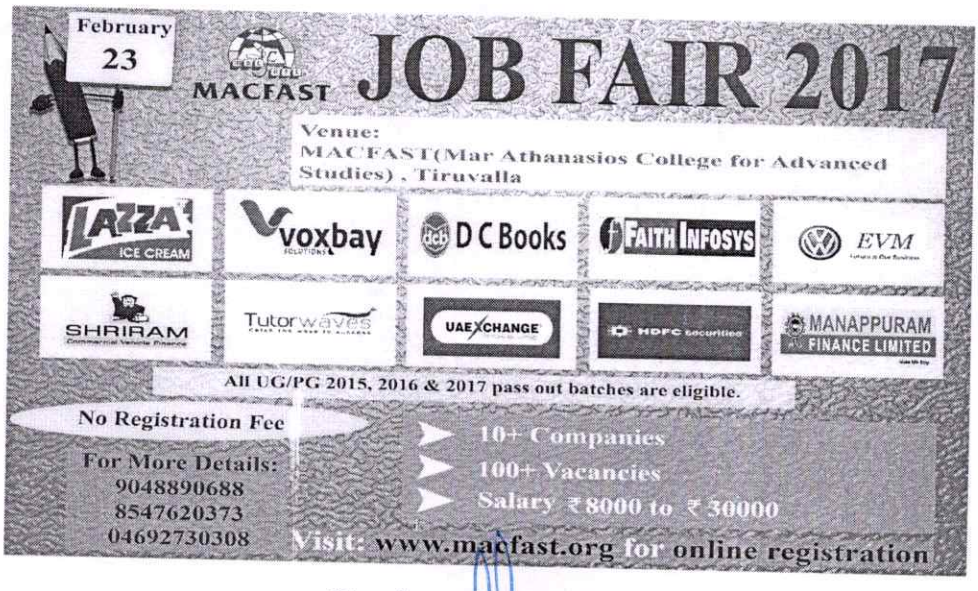
Rev. Fr. Pradeep Vazhatharamalayil
Principal, MACFAST
Tiruvalla-689101

Mar Athanasios College for Advanced Studies Pathanamthitta Kerala Thiruvalla-689 101

Report on the Job Fair 2017

Venue : MACFAST College Date : 23rd February 2017

The Placement Cell of MACFAST was able to organize a job fair in Thiruvalla at its college campus in association with the District Employment Exchange Office, Pathanamthitta District. The mega Job fair was scheduled for the 23rd of February 2017. Twelve reputed companies were invited to the fair, and 9 companies were actively involved in the fair including Lazza Ice Cream, Voxbay Solutions, Aabasoft technologies India Private Limited, DC Books, SBI Life, Tutorwaves Solutions Private LImited, Faith Infosys, & Shriram City Union Finance. This job fair was organized for all graduates and postgraduates. Around 660 candidates from 42 different colleges were turned up for this job fair and 36 of them were given offer letters. The interviews were held in the classrooms and the faculty members served to supervise the 44 student volunteers in the process.



Brochure for Job Fair

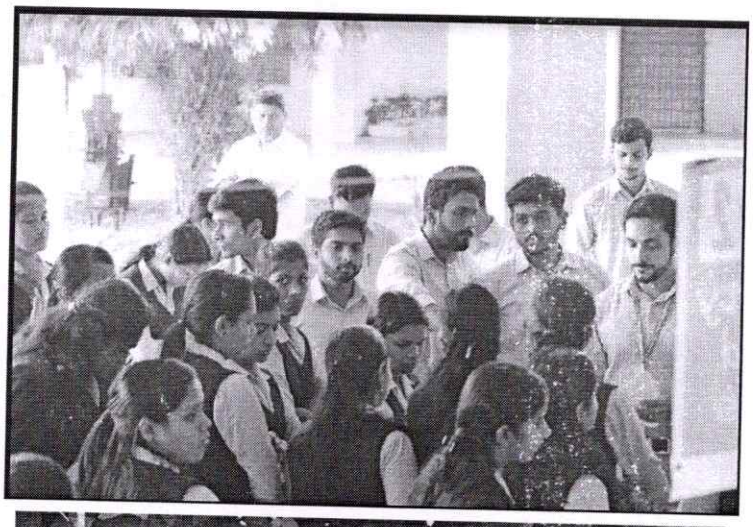
NITHIN MATHEWS JAMES
PLACEMENT OFFICER
Mar Athanasios College
For Advanced Studies
Tiruvalla- 689101,Kerala

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala
Thiruvalla 689 101

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla – 689101



Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala
Thiruvalla

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla – 689101

Report on the Job Fair 2017

Venue : MACFAST College

Date : 23rd February 2017

Sl. No.	Name of Student	Batch	Signature
1	Aneena Sara Varghese	MCA-Reg	Aneena
2	Anu Vijay	"	[illegible]
3	Archana Mohanan	"	Archy
4	Binsu Dan Varghese	"	Binsu
5	Blessy Beena Sunny	"	Bless
6	Blessy Elsa T. Damien	"	[illegible]
6	Chinnu C. Babu	"	[illegible]
7	Femy Rose Shibu	"	[illegible]
8	Geethu Krishna C.S	"	[illegible]
9	George Pamikar	"	[illegible]
10	Gokul Krishna	"	[illegible]
11	Weethu Elsa Varghese	"	[illegible]
12	Pearly Varghese	"	[illegible]
13	Reshma Madhu	"	Reshma
14	Rini Rajan	"	Rini
15	Silpa S. Kurup	"	[illegible]
16	Sreekuttan B	"	[illegible]
17	Sreelekshmi R.	"	Sreelekshmi
18	Tinu M	"	Tinu
19	Stephy John	"	Stephy

...IT ...N MATHEWS JAMES
...EMENT OFFICER
...Athanasios College
...Advanced Studies
Tiruvalla- 689101, Kerala

Mar Athanasios College for Advanced Studies
Pathanamthitta
Kerala

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla – 689101

20	Tiya Mary Alex	MCA. R.	
21	Vipin K. Das.	"	
22	Akhil G Alex	MCA L	
23	Abdul Raj P R	"	
24	Jilson Lopez	"	
25	Mathew Abraham	"	
26	Liji Jacob.	"	
27	Asya S Kumar	"	
28	Praveen P.	"	
29	Josha K Jacob	"	
30	Vinni Varghese	"	
31	Deepa Mary Alex	"	
32	Rakul K R	"	
33	Karthika Haridas	"	
34	Sooraj T S.	"	
35.	Abhishek Purushothaman	MBA	
36.	Abiya Babu	"	
37.	Achu C Tampi	"	
38	Ajo Varghese Rajan	"	
39	Jayasree J	"	
40	Jikku Varughese Koruth	"	
41.	Melbin Francis	"	
42.	Nidhi Elizabeth Philip	"	
43.	Riya Elsa Biju	"	

44

NITHIN MATHEWS JAMES
PLACEMENT OFFICER
Mar Athanasios College
For Advanced Studies
Tiruvalla- 689101, Kerala

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Kerala

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