



MACFAST

REPORT ON

Experiential Learning



A Course on Management Concepts and Organisational Behaviour included in the curriculum of the first semester MBA degree programme discusses and analyses the following concepts

1. MANAGEMENT AND DECISION MAKING
 - Decision Making Conditions of Certainty, Risk & Uncertainty
 - Decision Making Perspectives – Rationality, Bounded Rationality, Intuition, Evidence Based Management
 - Effective Decision Making
2. MANAGERIAL FUNCTIONS
 - Planning
 - Leadership
 - Controlling
3. MANAGING INDIVIDUAL BEHAVIOUR
 - Personality
 - Attitudes & Its Components
 - Emotions & Emotional Intelligence
 - Perception – Learning – Operant Conditioning – Social Learning –
4. MOTIVATION
 - Current Issues in Motivation – Motivating in Challenging Circumstances – Motivating Unique Group of Workers & Diverse Workforce
 - Motivating Professionals
5. GROUP BEHAVIOUR
 - Group – Stages of Group Development – Group Dynamics
 - Work Teams – Types – Creating Effective Work Teams
 - Team Skills & Social Network
 - Managing Change – Types of Change – Resistance to Change – Changing
 - Stress Management
 - Creativity Vs Innovation – Stimulating & Nurturing Innovation

The students of first semester undergo an experiential learning program so as to achieve the following outcomes:

- To provide the participants conceptual framework in Management functions and practices
- To provide basic insights into Individual and Group Behaviour



REPORT ON EXPERIENTIAL LEARNING

Intending to enhance team performance through experiential learning, Mar Athanasios College for Advanced Studies organized an outbound experiential learning program for the MBA 2020-22 batch students. The outbound training program was organized at Leap Learning Academy in Coimbatore.

The Objective of the program was to :

- To understand the individual and team behaviors, and make the students experience the relevant aspects of intra-personal and interpersonal management.
- To bring an improvement in the areas of teamwork, team bonding, communication, leadership, time management, problem-solving, decision making, motivation, change, and personal development.

Students and 3 staff members from the institute participated in the program



The students were addressed by the principal Fr. Dr. Cherian J. Kottayil and with a silent prayer. The bus from the institution started at 9:00 pm and reached Leap Academy by 4:50 am early morning. There was a tent allotted for students and was asked to assemble in the hall (Gazebo no 1) by 7:30 am, where Mr. Prem has given a brief introduction on Leap Academy, introduced their team members. He read out the rules and guidelines to adhere to inside the camp, then we were asked to fill out the google form with the basic details. The students were given a chest number.

After the meeting, the students were asked to submit the phone to their team crew, later all the students were divided into two teams based on odd and even numbers. An odd number of students were taken for the High rope course program and an Even number of students were taken to DOC, the activities given were related to problem-solving, teamwork, planning, time



management. Lunch was organized at the campsite. After lunch at sharp 1:35 pm the task was crisscross to both teams, here the Even teams were assigned for High Rope course and Odd were assigned for DOC course with the same enthusiasm of beginning activity they reciprocate they're at most with fun, after a short Tea Break the teams needed to complete their assigned task. After Day one completion of the activity, the students were allowed to get fresh up and reach at sharp 7:30 for Camp Fire for relaxation time, hence just after campfire, dinner was ready to have. After completing the dinner the students received our smartphones and needed to handover back to the LP team at 10:30 pm. With the excitement of the next day, the students went to sleep.

The next day morning with a knock at our doors by 5.45 am and the students were asked to report by 6.15 am. with due importance to time, they started sharply with some warm-up exercise. Then the students were split into groups and every member randomly some were blinded while some were forbidden to speak. They had to climb up a mountain with the guidance of others. Once they reached the destination they were asked to lay down and rest and came back by 8.15 am.

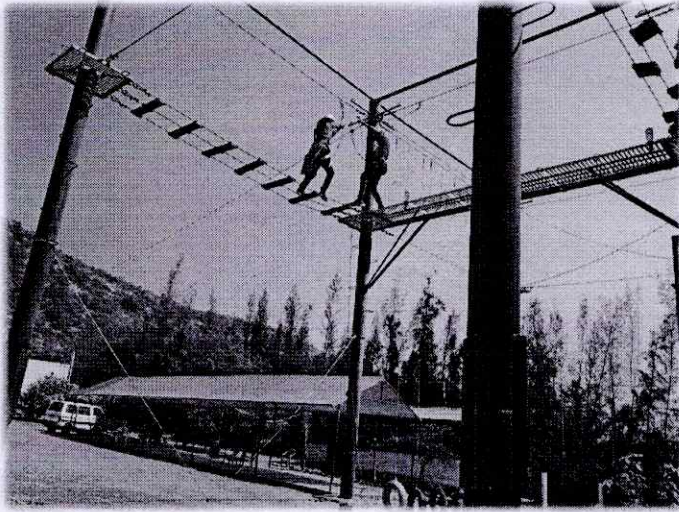
After breakfast, the students had to report by 9.30 am. They were made into teams and were provided with some materials of which they had to make rollercoasters and ball hit to dominos structure. The game was called the rollercoaster game and every team completed it successfully. It involved planning, calculation, teamwork, and exploring our capabilities.

After that, the students were again split into four different teams and were introduced to a game of bricks arranged in a form of a square. Each team has to reach the opposite side by adhering to certain rules and restrictions. Instead of a competition, it was the whole class together and they failed at the first attempt. Then the team of leap academy taught us about the whole process and how it can be solved. The students also did a demo beforehand. Though they failed the second time also, it helped to improve the skills on the unity of command, communication skills, and insight to crack puzzles.

The last activity was all about a similar game with the help of tires and bamboo. The whole process finished by 5.30 pm and had a tea break. Then there was a small gathering in which the students expressed their gratitude for such wonderful learning followed by certificate distribution. After the early dinner and the team departed by 21.15 pm. and reached the college by 4.45 am in the morning.

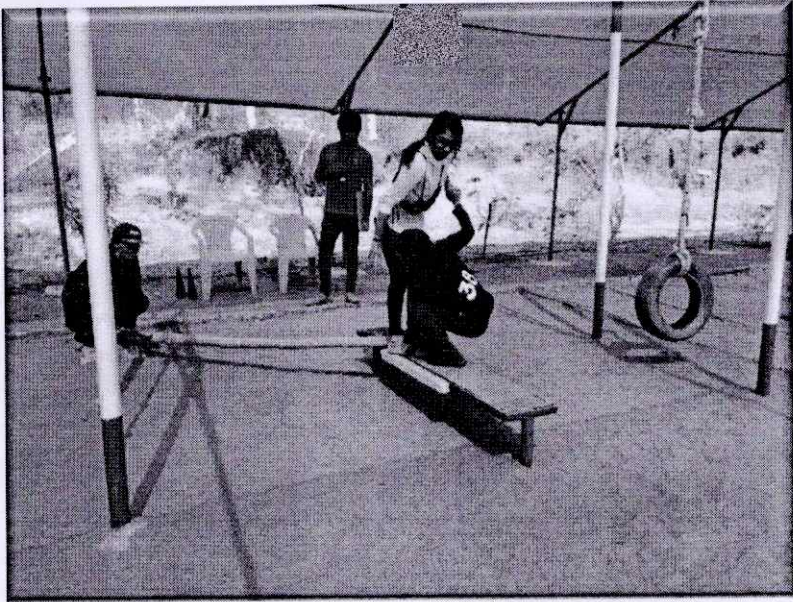


DAY 1:



HIGH ROPE COURSE





DOC COURSE



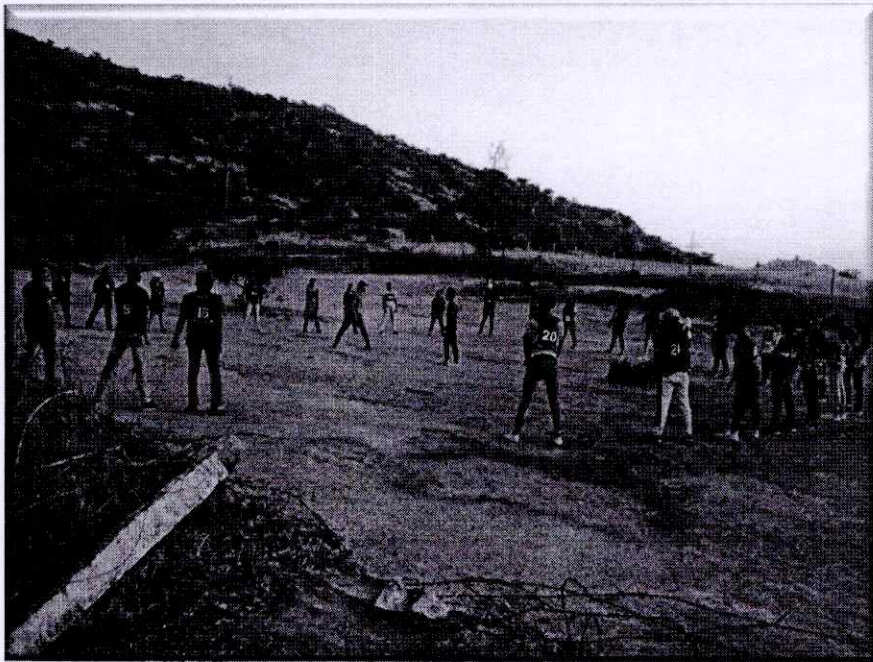
INVISIBLE BALL PASS





CAMP-FIRE

DAY 2:



MORNING WARM-UP





BLINDFOLD GAME



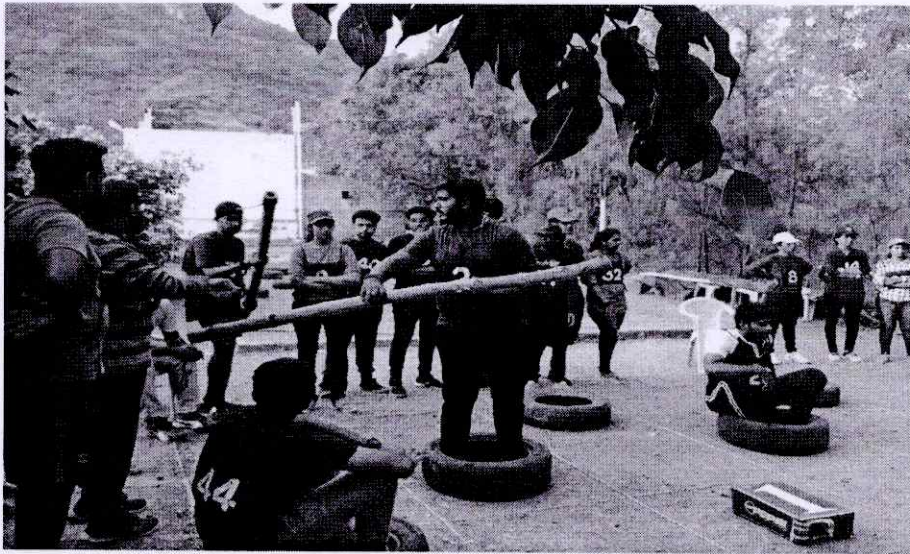
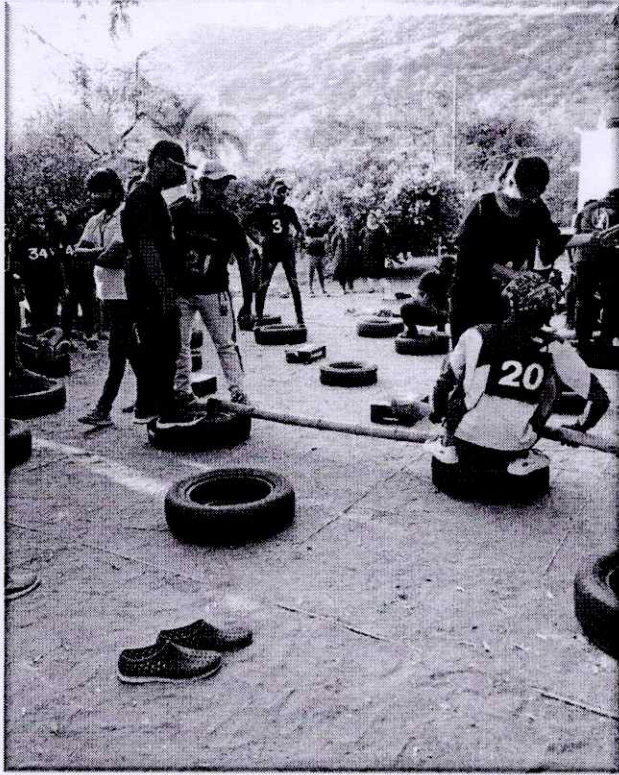
TRUCKING HILL





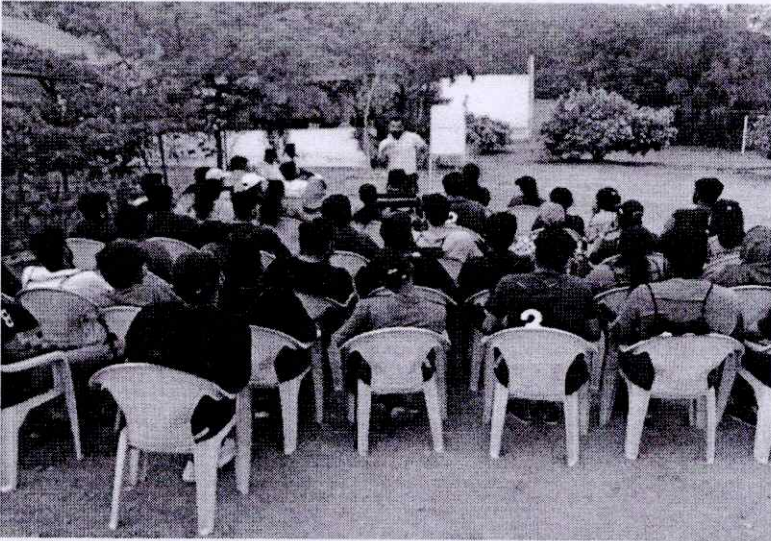
BRICK PUZZLE





TYRES & BAMBOO





List of Students		
1	203240010615	Sheron Issac George
2	203240010616	Abhijeet Seraphin Pereira
3	203240010617	Abhishek T M
4	203240010618	Achamma N Thangalathil
5	203240010619	Adarsh Daniel
6	203240010620	Akash P Kumar
7	203240010621	Akhil Gopakumar
8	203240010622	Akhil Manoj
9	203240010623	Akhila Ajayan
10	203240010624	Alben T Mathew
11	203240010625	Albin Varghese Sunny
12	203240010626	Aleena Babu
13	203240010627	Aleena Varughese
14	203240010628	Alvin Issac Varghese
15	203240010629	Amal Mathew
16	203240010630	Amrutha Sunil
17	203240010631	Amrutha V Nair
18	203240010632	Anandhu Krishna
19	203240010633	Anandu K
20	203240010634	Anjaleena Soney
21	203240010635	Ann Maria Joy
22	203240010636	Anns Maria Thomas
23	203240010637	Anu Sree Rajendran
24	203240010638	Archana
25	203240010639	Arjun S



26	203240010640	Arun Thomas Philip
27	203240010641	Arya Krishna B
28	203240010642	Arya S
29	203240010643	Ashley Shaji
30	203240010644	Ashli P Hanna
31	203240010645	Aswathy D
32	203240010646	Athira Rachel Varghese
33	203240010647	Austin Joe Mathew
34	203240010648	Bibin Baiju
35	203240010649	Binoy K Baby
36	203240010650	Blessy Benny
37	203240010651	Blessy Susan T
38	203240010652	Christina Shaji
39	203240010653	Dilys Christian Varghese
40	203240010654	Elias Sebastian
41	203240010655	Elja Eldho
42	203240010656	Fathima H
43	203240010657	Feba Jacob
44	203240010658	Gautham Krishna B
45	203240010659	Geethi Dileep
46	203240010660	Geethu S
47	203240010661	Geevarghese Marks
48	203240010662	Gokul Satheesh
49	203240010663	Helen Raju
50	203240010664	Jacob Santosh Koshy
51	203240010665	Jainy Aleyamma Jane
52	203240010666	Jerin C Thomas
53	203240010667	Jerry Abraham Johnson
54	203240010668	Jishy Sebastian



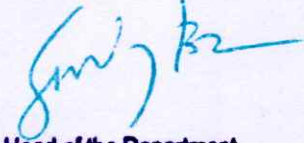
55	203240010669	Jithin Jose
56	203240010670	Jojoy Mathew
57	203240010671	Jomin Abraham Joychan
58	203240010672	Josma Elizabeth Punnoose
59	203240010673	Justin Abraham Reji
60	203240010674	Justin K Jose Abraham
61	203240010675	Justin Sam James
62	203240010676	Karthik C Mouli
63	203240010677	Krishnapriya R Pillai
64	203240010678	Krishnapriya Suresh
65	203240010679	Lekshmi Prakash
66	203240010680	Leon Varughese Abraham
67	203240010681	Liji Lalachen
68	203240010682	Lijo K Jose
69	203240010683	Lijo P Mathew
70	203240010684	Linnet Mary Shaji
71	203240010685	Marteena Joseph
72	203240010686	Mathews Benny
73	203240010687	Meera P D
74	203240010688	Melvin Thomas Roy
75	203240010689	Merryn Ann Samuel
76	203240010690	Mohammed Bilal Mohammed Kabeer
77	203240010691	Nair Devika Satheesh
78	203240010692	Nikhil A Nair
79	203240010693	Nikhil K
80	203240010694	Nithin Shaji Mathew
81	203240010695	Nivin Chacko Varghese
82	203240010696	Nivyaja Vinod



83	203240010697	Noble James
84	203240010698	Noel Mariya Kuruvilla
85	203240010699	Pranav Mohan
86	203240010700	Rahul Raj R
87	203240010701	Reshma Reghu
88	203240010702	Rini C R
89	203240010703	Rini Saju
90	203240010704	Riswana Ikbal
91	203240010705	Sagar Satheesh
92	203240010706	Sania Usman
93	203240010707	Shalin Abraham
94	203240010708	Shan Elsa James
95	203240010709	Sharon John Biju
96	203240010710	Shikha Mol
97	203240010711	Shyamjith T S
98	203240010712	Sibin Oommen Babu
99	203240010713	Sijo John Mathew
100	203240010714	Siju S
101	203240010715	Sivakumar J
102	203240010716	Sneha Sara Jacob
103	203240010717	Somy Sebastian
104	203240010718	Sona Suresh
105	203240010719	Soniya Ps
106	203240010720	Sreelekshmi A
107	203240010721	Sreenath E S
108	203240010722	Sruthi Chandrasekharan
109	203240010723	Stephy M John
110	203240010724	Sujith Sunil Mathews
111	203240010725	Surya S Nair



112	203240010726	Swetha Ramesh
113	203240010727	Thanuja
114	203240010728	Vidhun Mohan M
115	203240010729	Vipin V
116	203240010730	Visakh S Kumar



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