

**IQAC & MACFAST Organises
Webinar on**



**WRITING GRANT PROPOSALS:
THE DO'S AND DON'TS,
FROM THE REVIEWER'S
PERSPECTIVE**

Date: 02/12/2020

Time: 11:30 A.M - 1:00 PM



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Dr. V.B. Sameer Kumar

**Assistant Professor,
Department of Biochemistry
& Molecular Biology,
Central University of Kerala,
Kasaragod**

The report on Writing Grant Proposals: The Do's and Dont's, From the Reviewer's Perspective

IQAC MACFAST organized a webinar on Writing Grant Proposals: The Do's and Dont's, From the Reviewer's Perspective on December 2, 2020. 56 Participants including faculty and students attended the webinar. The session was handled by Dr. V B. Sameer Kumar, Asst. Prof., Department of Biochemistry and Molecular Biology, Central University of Kerala. Faculty members from other colleges also joined in the talk. He started the talk by introducing various state, National and International grants that could be availed by faculty, students, and research scholars. Then he talked about how to write a research proposal, the need for a novel idea, and the content that has to be included in a research proposal. He emphasized the need to include a research design, hypotheses, research questions, expected outcome, estimated expenditure, and the required facilities required to execute the proposed work. He also gave an idea on the difference in presenting the proposal based on the subject area chosen and the type of research that we wish to perform. Finally, he discussed various mistakes usually seen while drafting a proposal and how to avoid those mistakes to get grants from prestigious institutions. The talk was very informative and the open discussion section was very interactive.



Fr. Dr. CHERIAN J KOTTAYIL
PRINCIPAL
Mar Athanasios College For Advanced Studies
Tiruvalla- 689101, Kerala



Blessy
Blessa Veaghese
co-ordinator
Civ. Ramachandran
Science club





Dr. V.B. Sameer Kumar,
 Assistant Professor,
 Department of Biochemistry
 & Molecular Biology, Central
 University of Kerala,
 Kasaragod, Kerala, India-
 671316.

Ph: +91-9447697893
sameerkumarvb@gmail.com;
skumarvb@cukerala.ac.in

Objective

I have always envisioned my future self as a faculty at one of the Premier institutes of the country, where I can conduct high-quality research while teaching and mentoring students; where I would get greater opportunity to become instrumental in providing intellectual growth to the students and not simply provide career training or mass instruction to students packed into a lecture hall. I would also like to apply and impart the cutting-edge research skills that I have acquired during my career at high profile labs around the world.

Personal Details

Date of Birth : 14-08-1980
 Gender (M/F/T) : Male
 Category Gen/SC/ST/OBC : General
 Whether differently abled (Yes/No) : No

Experience

S.No	Position held	Name of the Institution
1	Post-Doctoral Research Fellow	Weizmann Institute of Sciences, Israel.
2	Post-Doctoral Research Fellow	Cincinnati Children's Hospital Medical Centre, USA
3	Assistant Professor	Central University of Kerala, India

Education

Academic Qualifications:

Examination	Name of Board/ University
B Sc.	University of Kerala
M Sc.	University of Kerala
PG Diploma	Bioinformatics Institute of India
Diploma in Computer Management	ER&DCI, Kerala

Research Degrees:

Name of the	Title of the Thesis/ Subject	Name of the University
M.Phil.	Biochemistry	University of Kerala
Ph. D.	Modulation of Endothelial Cell Function by Laminin: Implications for Angiogenesis	University of Kerala

Professional Experience/ Training:

Current Research Field:

Summary of the Research at my lab at Central University of Kerala: Working in a well-established lab is a rather easy task than to set one up. After joining as a faculty at the Central University of Kerala, one of the herculean tasks that I accomplished was establishing an independent research lab and setting up my field to have an authoritative expertise. Mine is one of the very few labs in India, which works on elucidating and validating the role of horizontal transfer of non-coding RNAs in the process of angiogenesis and anti tumor drug resistance. With a group of 8 Ph.D. students, I was able to demonstrate that non- canonical signaling events established by horizontal transfer of miRNAs between cells in the form of exosomes, plays a significant role in the regulation of many physiological as well as pathological processes. Our research was well received by International scientific community and this was evidenced by acceptance of two of our manuscripts by the respective journals 'as submitted' without revisions. The regulatory role of RNAs has always fascinated me and this is what my lab deals with in terms of understanding the regulation of gene expression by miRNAs. We have made significant insights into the mechanisms that confer selective, context dependent regulation of gene expression by miRNAs and also context dependent regulation of the miRNA levels by employing alternate transcription factors.

Research Guidance

Sr.No.	Number Enrolled	Thesis Submitted	Degree Awarded
Post-Graduate Dissertations	40	40	40
M. Phil or equivalent	4	4	4
Ph.D. or equivalent	8	0	4

Research and Academic Contribution

Published Papers in Journals/ Book Chapters

Sr. No	Details of Publication
1	Study of In vitro antioxidant and DNA damage protection activity of a novel luteolin derivative isolated from Terminalia chebula; Journal of Taibah University for Science 13; 755-763, 2019; K Soumya, Karickal R Haridas, Jesna James, V B Sameer Kumar, Lincy Edatt, S Sudheesh
2	Carbon Quantum Dot-Modified Carbon Paste Electrode-Based Sensor for Selective and Sensitive Determination of Adrenaline; ACS Omega 4, 7903-7910, 2019; S. Sharath Shankar, Rayamarakkar M. Shereema, Vishnu Ramachandran, T. V. Sruthi, V. B. Sameer Kumar, R. B. Rakhi

3	Individual and simultaneous electrochemical determination of metanil yellow and curcumin on carbon quantum dots based glassy carbon electrode; Materials Science and Engineering C-Materials for Biological Applications 93; 21, 2018; Rayammarakkal M., Shereema Talasila Prasada Rao, V B Sameer Kumar , Sharath Shankar S
4	Curcumin and its synthetic analogue dimethoxycurcumin differentially modulates antioxidant status of normal human peripheral blood mononuclear cells; Free Radical Research 52; 583-591, 2018 ; Emmanuel Simon, Aswini Poyyakkara, V.B. Sameer Kumar , Gokuldas Mankadath
5	ER stress mediated regulation of miR23a confer Hela cells better adaptability to utilize glycolytic pathway.; Journal of Cellular Biochemistry ; DOI: 10.1002/jcb.26718; Aswini P., Grace R.R., Haritha K., Lincy E. and Sameer V.B. Kumar
6	Horizontal Transfer of miR23a from hypoxic tumor cell colonies can induce angiogenesis J. Cell Physiol. ; 233,3498- 3514; Sruthi T.V., LincyEdatt, Grace R. Raji, Haritha K., S.S. Shankar, Vandana S., Vishnu Ramachandran, Aswini P. and V.B. Sameer Kumar
7	Role of Non-Coding sequences in Cervical Cancer Research and Reviews on Cervical Cancer ; ISBN:978-81-935757-4-1; Aswini P and Sameer Kumar V.B.
8	Horizontal transfer of miR-106a/b from cisplatin resistant hepatocarcinoma cells can alter the sensitivity of cervical cancer cells to cisplatin Cellular Signalling ; 10.1016/j.celsig.2017.07.005; Grace R. Raji, Sruthi T.V., LincyEdatt, Haritha K., S. Sharath Shankar and V.B. Sameer Kumar
9	MicroRNA 106a regulates Matrix Metalloprotease9 in a Sirtuin-1 Dependent Mechanism J. Cell. Physiol ; DOI 10.1002/jcp.25870.; Lincy E., Ashutosh K.M., Grace R., Haritha K., and V.B. Sameer Kumar
10	2 Deoxy Glucose reduces angiogenic and metastatic potency of tumor cells J Cell Signalling ; 2:1-140; Haritha K., Lincy E. and V.B. Sameer Kumar
11	Synthesis, characterization, microstructure determination, thermal studies of poly (N-vinylpyrrolidone-maleic anhydride-methyl methacrylate); Journal of Macromolecular Science, Part A , DOI: 10.1080/10601325.2018.1440178; M. P. Ajithkumar, M. P. Yashoda, S. Prasannakumar, T. V. Sruthi & V. B. Sameer Kumar
12	Synthesis of heteroannulated cyclopent[b]indoles: Exploration of in vitro cytotoxicity and molecular docking studies; Synthetic communications 48; 447 2018; Rajendran Sateeshkumar, Aathi Muthusankar, Lincy Edatt, V. B. Sameer Kumar , Hazel A. Sparkes & Karnam Jayarampillai Rajendra Prasad
13	Poly(N-vinyl-2-pyrrolidone-maleic anhydride-styrene) grafted terpolymer: Synthesis, characterization, and bactericidal property evaluation against <i>E. coli</i> and <i>S. epidermidis</i> Journal of Macromolecular Science, Part A ; Vol. 54 , Iss. 7,2017; M. P. Ajithkumar, M. P. Yashoda, S. Prasannakumar, T. V. Sruthi & V. B. Sameer Kumar
14	A Facile Regioselective Synthesis of New Class of Cyclopent [b] indole dispiro heterocycles via 1, 3-Dipolar Cycloaddition protocol and in vitro Cytotoxic studies; ChemistrySelect ; DOI- 10.1002/slct.201700157; Sateeshkumar R., Edatt L., Kumar VBS and Prasad RJK
15	2-Deoxy glucose regulates MMP-9 in a SIRT-1 dependent and NFKB independent Mechanism Mol. Cell. Biochem. ; 423 (1-2); Lincy E., Haritha K., Sruthi T. V., Aswini P., and V.B. Sameer Kumar
16	2-Deoxy Glucose Modulates Expression and Biological Activity of VEGF in a SIRT-1 Dependent Mechanism Journal of Cellular Biochemistry ; 118 (2), 252-262; Haritha K., Lincy E., Sruthi T. V., Aswini P., Viji R. I., Kiran M.S., Sudhakaran P.R. and V.B. Sameer Kumar

17	Modulation of digestive enzymes, GH, IGF-1 and IGF-2 genes in the teleost, Tilapia (<i>Oreochromis mossambicus</i>) by dietary curcumin Aquaculture International ; 1-10; Sebastian J Midhun, Damodaran Arun, LincyEdatt, MV Sruthi, VV Thushara, Oommen V Oommen, V B Sameer Kumar , Lekha Divya
18	Angiogenic profiling of synthesized carbon quantum dots Biochemistry ; 54 (41), 6352-6356.; RM Shereema, TV Sruthi, VBS Kumar , TP Rao, SS Shankar
19	The Tumor Suppressor <i>LKB1</i> regulates Myelination through Mitochondrial Metabolism Nature Communications ; DOI: 10.1038/ncomms5993; Shabnam Pooya, Xiaona Liu, V.B. Sameer Kumar , Jane Anderson, Fumiyasu Imai, Wujuan Zhang, Georgianne Ciruolo, Nancy Ratner, Kenneth D. R. Setchell, Yoshida Yutaka, Michael Jankowski and Biplob Dasgupta
20	Regulation of vascular endothelial growth factor by metabolic context of the cell Glycoconj J ; DOI 10.1007/s10719-014-9547-5; V. B. Sameer Kumar , S. Binu, S. J. Soumya, Haritha K. & P. R. Sudhakaran
21	Angiogenic response of Endothelial Cells to Fibronectin. Biochemical Role of Cell Surface Macromolecules AdvExp Med Biol ; 749, 131-151; Sameer Kumar VB , Viji RI, Kiran MS & Sudhakaran
22	Poly-ADP-ribosylation of vascular endothelial growth factor and its implications on angiogenesis AdvExp Med Biol ; 749, 269-278; Binu S, Soumya SJ, Kumar VB & Sudhakaran PR
23	Active AMP Kinase Is An Integral Part Of High-grade Glioma That Can Synergize With Mtor For Glioma Growth, Survival, And Metabolic Control Neuro-oncology ; suppl 3; iii69-iii72; Xiaona Liu, V B Sameer Kumar , Christopher M Mcpherson, Lionel Chow, AdyKendler, Biplob Dasgupta
24	Endothelial Cell Response to Lactate: Implication of PAR Modification of VEGF J Cell Physiol ; 211, 477-485.; Kumar VB , Viji RI, Kiran MS & Sudhakaran PR
25	Modulation of expression of LDH isoenzymes in endothelial cells by laminin: Implications for angiogenesis J Cell Biochem ; 103, 1808-1825; Kumar VB , Viji RI, Kiran MS & Sudhakaran PR
26	Negative Modulation of eNOS by Laminin Involving Post-translational Phosphorylation J Cell Physiol ; 219, 123-131; Kumar VB , Viji RI, Kiran MS & Sudhakaran PR
27	Angiogenic Effect of Laminin Involves Modulation of Cyclooxygenase-2 and Prostaglandin Levels Exp Biol Med ; 236, 44-51; Kumar VB , Viji RI, Kiran MS & Sudhakaran PR
28	Endothelial Cell - Laminin Interaction: Modulation of LDH Expression Involves $\alpha\beta4$ Integrin- FAK-p38MAPK Pathway Glycoconj J ; 26, 697-704; Sudhakaran PR, Viji RI, Kiran MS & Sameer Kumar VB
29	Angiogenic response of endothelial cells to heparin binding domain of fibronectin Int J Biochem Cell Biol ; 40, 215-226; Viji RI, Kumar VB , Kiran MS & Sudhakaran PR
30	Modulation of cyclooxygenase in endothelial cells by fibronectin: Relevance to angiogenesis J Cell Biochem ; 105, 158-166; Viji RI, Kumar VB , Kiran MS & Sudhakaran PR
31	Modulation of endothelial nitric oxide synthase by fibronectin Mol Cell Biochem ; 323, 91-100; Viji RI, Sameer Kumar VB , Kiran MS & Sudhakaran PR
32	Modulation of angiogenic factors by ursolic acid Biochem Biophys Res Commun ; 371, 556-560; Kiran MS, Viji RI, Sameer Kumar VB & Sudhakaran PR
33	Changes in expression of VE-cadherin and MMPs in endothelial cells: Implications for angiogenesis Vasc Cell ; 3, 6; Kiran MS, Viji RI, Kumar SVB ,

	Prabhakaran AA & Sudhakaran PR
34	Temporal relationship between MMP production and angiogenic process in HUVECs <i>Cell Biol Int.</i> ; 30,704-713; Kiran MS, Sameer Kumar VB, Viji RI & Sudhakaran PR
35	Opposing effects of curcuminoids on serum stimulated and unstimulated angiogenic response <i>J Cell Physiol</i> ; 215, 251-264; Kiran MS, Kumar VB, Viji RI, Sherin GT, Rajasekharan KN & Sudhakaran PR
36	Testing the Efficacy of Cerbera odallam Gaertn. Extracts as a Potential Antitumor Agent, 148-154; Perspectives in Cytology and Genetics; BhanuPriya S, Aswini P, G.M. Nair and V.B. Sameer Kumar
37	The journey towards understanding the intricacies in a cancer cell; Puthumazha (University magazine); V.B. Sameer Kumar
38	Carbon Quantum Dots: A Potential Candidate for Diagnostic and Therapeutic Application; Nano biomaterial Engineering: Concepts and Their Applications in Bio-medicine and Diagnostic; Springer Publications; Accepted for Publication
39	Role of Sirtuins in Tumor Angiogenesis; doi: 10.3389/fonc.2019.01516; (2019) Frontiers in Oncology; Lincy Edatt, Aswini Poyyakkara, Grace R. Raji, Vishnu Ramachandran, S. Sharath Shankar and V. B. Sameer Kumar*
40	Synthesis of Novel Quin[1,2-b] Acridines: <i>In Vitro</i> Cytotoxicity and Molecular Docking Studies; doi.org/10.1080/10406638.2019.1689515; (2019); Rajendran Sateeshkumar, Lincy Edatt, Aathi Muthusankar, V. B. Sameer Kumar & Karnam Jayarampillai Rajendra Prasad

Ongoing & Completed Research Projects and Consultancies

S. No.	Title	Agency	Period	Grant Amount (in Rs)
1	Analysis of the role of miRNAs in the process of Endothelial Mesenchymal transition during Angiogenesis	DST-SERB	3 Years Completed in 2018	25,00,000/-
2	Profiling miRNAs downstream of $\alpha 6 \beta 4$ integrin: A strategy to target tumor angiogenesis	DBT, India	3 Years Due for completion by July 2018	24,99,600/- Lakhs
3	Identification and Functional Analysis of tumor generated exosomal miRNA and elucidating its role in anti-cancer drug resistance	Kerala Biotechnology Commission, KSCSTE	3 Years Due for completion by June 2018	23,92,500/-
4	Project titled "Understanding the role of unique miRNA mediated signaling circuits recruited differentially during endothelial mesenchymal transition associated with fibrosis and angiogenesis"	DST-SERB	3 Years	64,00,000/-

Invited Lectures at National/International/State

No	Title of the seminar/conference	Organizing agency	Invited lecture/resource person/keynote speaker/paper presenter/plenary speaker	National /International	Date of programme
1	IX International Symposium on biochemical Roles of Eukaryotic Cell Surface Macromolecules	Jointly by central University of Kerala, RGCB, National institute of immunology and IUBMB	Invited lecture	International (within country)	27-01-2011
2	7 th International Conference on Translational Cancer Research	IIT Madras & International Society of Translational research	Invited lecture	International (within country)	10-02-2018
3	Frontiers in genomics and molecular techniques	University College Thiruvananthapuram	Invited lecture	International (within country)	02-03-2017
4	National symposia on Cytogenetics to Genomics	Govt Science College Hassan, Karnataka	Invited lecture	National	27-10-2017
5	National Seminar on role of biochemistry and Biotechnology in prevention and management of life style Disorders	KSCSTE and St.Thomas College, Paklai	Invited lecture	National	15-01-2013
6	27 th Annual National Conference	ISAR and King George Medical College	Invited lecture	National	26-11-2014
7	National Seminar on RNAi technology and Biomarkers	IUCGGT, University of Kerala	Invited lecture	National	10-11-2014
8	National Workshop on RNAi technology and Biomarkers	IUCGGT, University of Kerala	Resource Person	National	13-11-2014
9	National	Govt. College	Invited lecture	National	02-03-

	Seminar on Natural Products in therapy	Kariavattom, Thiruvananthapuram			2015
10	National Seminar on Omics and Biomarker Analysis: In Disease pathology	Department of Zoology, University of Kerala	Invited lecture	National	22-6-2015
11	National Seminar on Recent Developments in Cancer Biology	Pazhassiraja College, Wayanad, Kerala	Invited lecture	National	22-07-2015
12	28th Annual National Conference of ISAR	ISAR and HIMSIR, Jamia Hamdard, New Delhi	Invited lecture	National	30-10-2015
13	National Level Workshop on Decoding the Noncoding	Dept. Biochemistry and Molecular Biology, CUK	Invited lecture	National	15-02-2016
14	National Symposium on Current Trends in biotechnology Research	Dept. Biotechnology and Bioinformatics, KUVEMPU University	Invited lecture	National	31-03-2016
15	Frontiers in Genetics and Genomics	Dept. Genomic Science, Central University of Kerala	Invited lecture	National	07-04-2016
16	National Conference on Genetics of Human Diseases	Dept. Animal Sciences, Central University of Kerala	Invited lecture	National	03-11-2016
17	Omics & Biomarker Analysis	Department of Zoology, University of Kerala	Invited lecture	National	19-12-2016
18	National Seminar RBAT-III	University of Kerala	Invited lecture	National	17-02-2017
19	National Symposia on Regenerative and cancer stem cells	Yennapoya University	Invited lecture	National	01-02-2018
20	NATCON'18	Mohamed Sathak College, Chennai	Plenary lecture	National	24-01-2018

21	National Seminar on trends in cancer omics	Centre for bioinformatics Pondicherry University	Invited lecture	National	14-03-2018
22	Workshop on miRNA technologies, IUCGGT	University of Kerala	Resource Person	State/University	27-11-2012
23	Short term course in research methodology	Academic staff College Kannur	Resource Person	FDP- National	01-11-2014
24	Guest Talk	Yenepoya University	Invited lecture	State/University	16-02-2017
25	Refresher course for faculty	HRDC, Calicut University	Resource Person	FDP- State/University	13-01-2018
26	Lecture series on gene technology	IUCGGT, University of Kerala	Invited lecture	State/University	23-02-2018
27	Workshop on cell culture techniques	Pushpagiri institute of medical sciences and research Centre	Invited lecture	State/University	23-06-2016
28	Workshop on basic techniques in molecular biology	Department of Zoology, University of Calicut	Resource Person	State/University	04-08-2018
29	Winter School in Basic sciences	UGC-HRDC Kannur University	Resource Person	National	19-11-2018
30	Refresher course in life sciences	HRDC University of Calicut	Resource Person	National	27-10-2018
31	New Paradigms in Chemistry Ab Initio-Ad Futurum	UGC and Department of Chemistry, St. Mary's College Sultan Bathery, Wayanad	Resource person/Invited lecture	National	10-03-2014
32	73rd Annual Meeting Society of Biological Chemists (India)	G.B. Panth University of Agriculture & Technology, Pantnagar	Paper Presentation	National	21-24 Nov 2004
33	Indian Society of Atherosclerosis Research, XVIIth Annual Conference	Department of Biochemistry, University of Kerala	Paper Presentation	National	21-23-Dec 2004

34	76 th Meeting of Society of Biological Chemists of India	Department of Biochemistry, Sri Venkateswara University, Tirupathi	Paper Presentation	National	25-27 Nov 2007
35	International Symposium on Translational Research: Apoptosis and Cancer	University of Kerala, RGCB, University of Texas, KSCSTE and SBI	Paper Presentation	International (within India)	18-21 Dec 2005
36	20 th Annual Conference of Indian Society of Atherosclerosis Research	Sri Venkateswara Institute of Medical Sciences, Tirupathi	Paper Presentation	National	22-23 Dec 2007
37	95 th Indian Science congress	Andhra University, Visakhapatnam	Paper Presentation	National	3-7 Jan 2008
38	Training program on molecular biology	University of Calicut	Invited lecture	National	2019-10-19
39	Molecular Tools and Disease Diagnosis	Sahrdaya College of Engineering	Invited lecture	National	04-10-2019
40	Recent Progress in Genetic and Epigenetic Research	University of Kerala	Invited lecture	National	15-10-2019
41	International Conference on Nutraceuticals and Chronic Diseases (INCD-2019)	IIT, Guwahati	Invited lecture	International	25-09-2019
42	Refresher course in life sciences	HRDC University of Calicut	Resource Person	National	25-10-2019

Awards and Recognition/ Other relevant Information

1. Fellow of Kerala Academy of Sciences
2. CSIR JRF fellowship
3. Best paper award by Indian society for atherosclerosis research
4. University 1st rank at M.Sc. Level

5. University II Rank at B.Sc. Level
6. Post-Doctoral Fellowship at Weizmann Institute of Science
7. Post-Doctoral Fellowship at CCHMC, USA
8. Awarded Project under the young Scientist scheme of SERB
9. Coordinator of the Innovation Club of the university and Institutional Innovation Council
10. Headed the Department of Biochemistry and Molecular Biology from 2012-2015.
11. Member Secretary, IBSC (Institutional Biosafety committee)
12. Past Academic council Member, CU Kerala
13. Past Board of studies member, Biochemistry and Molecular Biology, CU Kerala
14. Past Board of studies member Plant Sciences, CU Kerala
15. Past Board of studies member, Biochemistry of Calicut University
16. Board of studies member of genomic sciences, CU Kerala
17. Chairman Board of studies, Molecular Biology- Calicut University
18. General convener of Cluster Seminar on "Biology to New Biology: he Paradigm Shift, April 10 -12, 2012
19. Organizing secretary, Workshop on Research Methodology- as part of Swasraya Bharat, Oct 17, 2014
20. Organizing secretary, Workshop on Decoding the Non-coding, 15-21 Feb 2016
21. Has contributed significantly to the corporate life of the CU Kerala as committee member of several committees.
22. As part of extension activity has involved in training school students through different programs
23. Diploma in Computer Management by ER&DCI
24. Convened Avishkar 2019 at CUK (in house innovation fest)
25. Co-Ordinator, District level Innovation Fest 2019
26. Represented CUK at Rashtrapati Bhavan, for Festival of Innovation -2016

Dr. V.B. Sameer Kumar

Participant List Dr. V.B. Sameer Kumar.

Name (Original Name)	User Email	Total Duration (M Guest)
Sakshi Khanna	sakshi.khanna@juitsolan.in	56 Yes
Shilpa Lekshmi L	shilpalekshmi@macfast.org	129 Yes
Treesa Varghese	treesa@macfast.org	125 Yes
SAMEER KUMAR	sameerkumarvb@gmail.com	116 Yes
Smitha Vijayan	smithavijayan00@gmail.com	85 Yes
MACFAST College	admin@macfast.org	142 No
Ligo Koshy	ligo@macfast.org	108 Yes
Joginder Kukreja	kukrejajp@gmail.com	117 Yes
SUKUMARAN NAIR K.R.	krsnair1955@gmail.com	20 Yes
Blessan George	blessan@macfast.org	78 Yes
Sudeep B Chandramana	sudeep@macfast.org	77 Yes
Jinu Mary Varghese	jinu.mary@macfast.org	44 Yes
Ajay Kurien	ajayk@macfast.org	136 Yes
Zeenat Farooque	zeenatsayyad268@gmail.com	39 Yes
Jerly cherian	jerly.jackie@macfast.org	24 Yes
Ashok Raj R	ashok@macfast.org	92 Yes
DEVAVANAN GOVINDHARAJU	devavanan99@gmail.com	78 Yes
Arathy Robert	arathyrobert.ar@gmail.com	49 Yes
Archana Mitake	mitake@gsgcollege.edu.in	113 Yes
Aneesa P A	aneesasiraj2005@gmail.com	61 Yes
Asha Gangadharan	asharaj81@gmail.com	105 Yes
Anjali Thomas	anjaliptomas@macfast.org	114 Yes
Mampally Murali Ramya	ramyapower@gmail.com	29 Yes
Tintu Joseph	tintu@macfast.org	88 Yes
RANA HALDAR	ranathegalaxy441@gmail.com	28 Yes
JOSMI P.J.	josmijose4ever@gmail.com	92 Yes
Jisha Jose	jishamariyak@gmail.com	59 Yes
Teena Merlin	teenajojo430@gmail.com	113 Yes
suresh daga gujar gujar	sureshgujar1664@gmail.com	3 Yes
ELSA CHERIAN	elschk@gmail.com	102 Yes
Arun Prem	arun@macfast.org	97 Yes
Girilal M	girilal.m@saintgits.org	21 Yes
POORNIMA M	poornima@macfast.org	46 No
SIM PENG CHENG	spc553mk@gmail.com	92 Yes
Dr. Suresh Chitragar	slchitragar065@gmail.com	24 Yes
Ruby M Pillai	rubypillai123@gmail.com	74 Yes
DR. AJAI KRISHNAN G	ajaikrg2019@gmail.com	18 Yes
Lakshmi Mohan	lakshmi.mohan@saintgits.org	110 Yes
Raji V	rakhiraj09@gmail.com	7 Yes
Muhammed Salim	alsalim2014@gmail.com	87 Yes
Jobil Arackal	jobil.j.arackal@gmail.com	108 Yes
SHARMAN KUMAR UPADHYAY	shrawanupadhyay@gmail.com	40 Yes
John joseph	kmjohn04@gmail.com	19 Yes
Dr. Ashalakshmi R K	asha@macfast.org	55 No
Soumya Madhavan	soumyamadhavan@macfast.org	111 Yes
Arifa. P. P	arifaakbarali10@gmail.com	14 Yes
Jenny Jacob	jenny@macfast.org	138 No
Sujatha Uram	sujathauram@gmail.com	12 Yes

2/12/2020

EBIN THOMPSON	ebinpthompson@macfast.or	113 Yes
Sreechithra T V	sreechithra@macfast.org	5 Yes
Liji Thomas	lijicebil@gmail.com	90 Yes
Amit Srivastava	amit.official24@vmail.com	100 Yes
Preetha G Panicker	preetha.g@macfast.org	101 No
Josna Joseph	josnajoseph79@yahoo.ckn	40 Yes
SRUTHI RAJAN	sruthirajanbiotech4@gmail.c	94 Yes
Sangeeta Das	sangeeta.ranidas@gmail.com	42 Yes

