

**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
(MACFAST)**



**MACFAST**<sup>TM</sup>  
Igniting wisdom since 2001

**Bridge courses & Foundation Programme  
2016-17 to 2020-21**



---

**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA(MACFAST)**

**Tiruvalla, Pathanamthitta, Kerala 689 101**





**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA (MACFAST)**  
**GUIDELINES, OBJECTIVES, SCHEDULE OF**  
**FOUNDATION PROGRAMME & BRIDGE COURSE**

The basic qualification for admission to each post-graduate course in MACFAST is graduation. Hence, students with different basic disciplines in degree are eligible for admission to MBA, MCA, and Biosciences courses. Therefore the academic retreat prepares plans for relevant bridge courses in each of these departments.

The bridge course is intended to bridge the gap in the knowledge and schemas of the students admitted to various post-graduate courses. Unlike the usual post-graduate degrees, wherein a student is allowed to join for post-graduate study only on the basic discipline of his graduation, the professional courses like MBA, MCA, Biosciences allow different graduation streams with more than 50% marks to opt for the course. Hence, there is a wide gap between the syllabi prescribed for the post-graduate course and their basic understanding at the graduation level. But there are also a sizable proportion of the applicants with the relevant basic degrees. Therefore, before the commencement of the regular classes, it becomes necessary to bring the students with basic graduation in different areas to the level of the relevant group.

Thus the following are the guidelines and objectives of the bridge course

1. On completing the admission process, prepare a list of students with different basic graduation and identify the knowledge gap.
2. To determine the depth of the syllabus required to connect the students with the relevant course paper and to assess the time required for its completion.
3. To conduct a preliminary screening test on the relevant course papers to determine the individual gap of students and to identify students requiring special attention
4. To assign duty to the concerned faculty members with the required syllabus and the schedule for time-bound completion.
5. To decide periodical assessment test of the progress of the students with different basic graduation
6. To collect the feedback of students for further analysis



## **FOUNDATION AND BRIDGE COURSE OF 2020-2022 BATCH**

Foundation and Bridge course of 2020-2022 batch MBA commenced on 29<sup>th</sup> June 2020. 116 students enrolled in the programme. The programme includes

- Ice-breaking and self- introduction
- Yoga and meditation -yes plus life skill training and reconnect refresher programme
- Hassle-free research
- Introduction to communication
- Accounting skills for beginners
- Business and economy
- Information Technology and daily life
- Industry interaction
- Zero semester presentations, assessment exams, webinars on novel thoughts of business management

### **OBJECTIVES OF THE PROGRAM**

1. To familiarize the students with the college norms, rules and policies.
2. To give insights to the students about the opportunities available in the industry
3. To provide more clarity to students about what are the expectations of the industry from an MBA Graduate
4. To acquaint students with the code of conduct, discipline, and approach required from a PG student
5. To train the students in professional grooming and etiquettes and improve their mental and physical health
6. To bridge the gap in the basic concepts of subjects like Mathematics, Accounting, Economics, and Computer.
7. To improve the soft skills of students, which eventually help in building up their careers.

### **FACULTY DETAILS:**

SPV- Mr.Sanesh P varghese

JJ- Dr. Jeemon Joseph

VPV-Dr.V P Vijayamohan

AL- Dr.Ashalakshmi R K

AP- Mr.Arun Prem

JKG- Mr.Jibumon K G

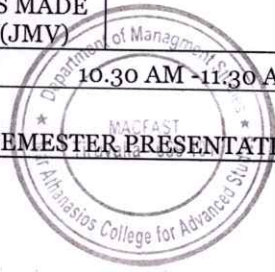
TJ- Ms. Tintu Joseph

PGP- Ms.Preetha G Panicker



## SCHEDULE OF THE FOUNDATION & BRIDGE COURSE 2020

MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA DEPARTMENT OF MANAGEMENT STUDIES LIFE SKILL TRAINING AND FOUNDATION COURSE SCHEDULE FOR 2020-22 BATCH FROM 29/06/2020			
DAY	9AM -10 AM	10 AM -11 AM	11.00- 12.00 NOON
29/06/2020 MONDAY	ICE BREAKING SESSION	INTERACTION WITH PRINCIPAL	INTERACTION WITH HOD
30/06/2020 TUESDAY	YES PLUS TRAINING		
01/07/2020 WEDNESDAY	YES PLUS TRAINING		
02/07/2020 THURSDAY	YES PLUS TRAINING		
03/07/2020 FRIDAY	YES PLUS TRAINING		
DATE		8.30 AM - 9.30 AM	10.30 AM -11.30 AM
06/07/2020 MONDAY		BUSINESS AND ECONOMY (VPV)	ACCOUNTING FOR BEGINNERS(AL)
07/07/2020 TUESDAY		INTRODUCTIO N TO THE WORLD OF COMMUNICAT ION(JAC)	INFORMATION TECHNOLOGY IN OUR DAILY LIFE(AP)
08/07/2020 WEDNESDAY		9.00 AM -9.45 AM INDUSTRY INTERACTION	ORGANISATION AND NEED FOR MANAGEMENT(LK)
09/07/2020 THURSDAY		ACCOUNTING FOR BEGINNERS(J KG)	MATHS MADE EASY(JJ)
10/07/2020 FRIDAY		MATHS MADE EASY(PGP)	HASSLE FREE RESEARCH(NAG)
DATE	8.30 AM -9.30 AM	10.30 AM - 11.30 AM	12.00 noon- 1 pm
21/07/2020 TUESDAY	BUSINESS AND ECONOMY (VPV)	ACCOUNTING FOR BEGINNERS(A L)	WEBINAR
22/07/2020 WEDNESDAY	ACCOUNTING FOR BEGINNERS(JKG)	MATHS MADE EASY(JJ)	WEBINAR
23/07/2020 THURSDAY	9 AM -11 AM ACCOUNTING FOR NON COMMERCE STUDENTS(SPV)		WEBINAR
24/07/2020 FRIDAY	HASSLE FREE RESEARCH(AKG)	MATHS MADE EASY(JMV)	
DATE	8.30 AM -9.30 AM	10.30 AM -11.30 AM	
03/08/2020 MONDAY	BUSINESS AND ECONOMY (VPV)	ZERO SEMESTER PRESENTATION(AKG)	



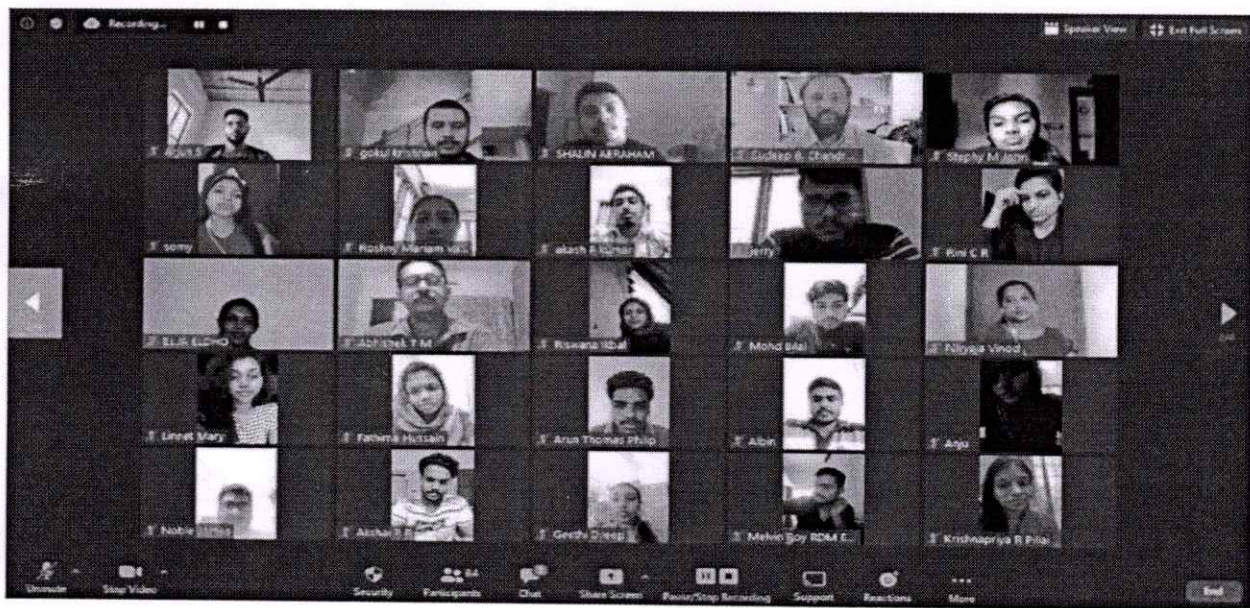
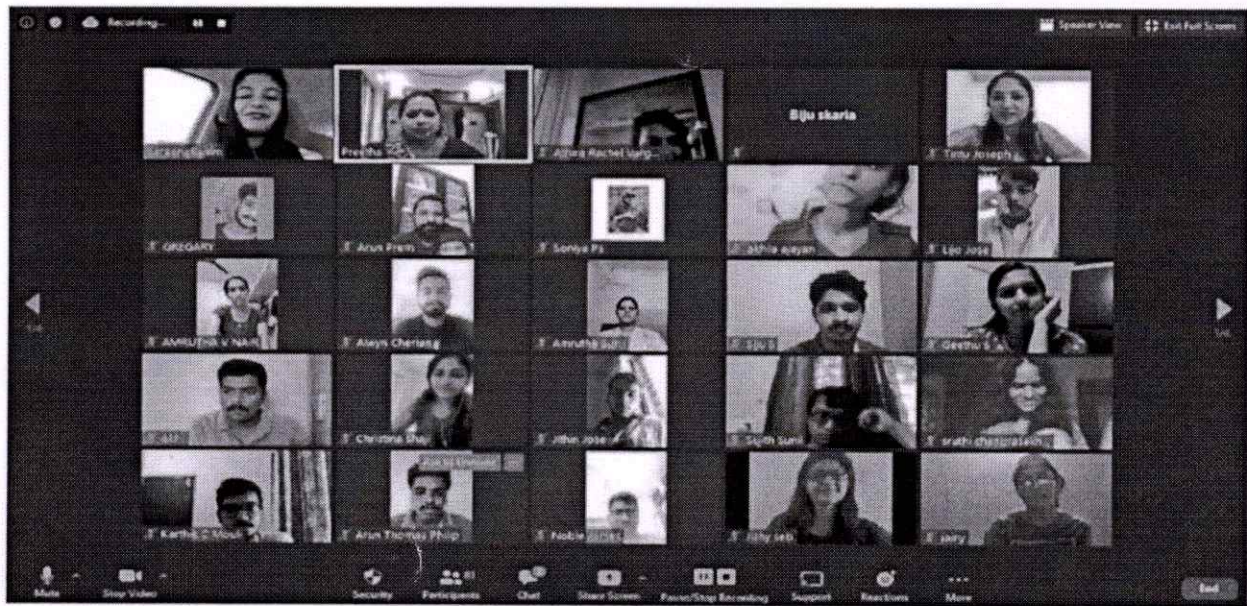
04/08/2020 TUESDAY	INTRODUCTION TO CASE STUDY METHOD(LK)	ZERO SEMESTER PRESENTATION(VPV)
05/08/2020 WEDNESDAY	ACCOUNTING FOR BEGINNERS(JKG)	ZERO SEMESTER PRESENTATION(AL)
06/08/2020 THURSDAY	ACCOUNTING FOR BEGINNERS(AL)	ZERO SEMESTER PRESENTATION(NAG)
07/08/2020 FRIDAY	MATHS MADE EASY(PGP)	ZERO SEMESTER PRESENTATION(JJ)
<b>DATE</b>	<b>8.30 AM -9.30 AM</b>	<b>10.30 AM -11.30 AM</b>
10/08/2020 MONDAY	ASSESSMENT EXAM - ORGANISATION AND NEED FOR MANAGEMENT	ZERO SEMESTER PRESENTATION
11/08/2020 TUESDAY	ASSESSMENT EXAM- ACCOUNTING FOR BEGINNERS	ZERO SEMESTER PRESENTATION
12/08/2020 WEDNESDAY	ASSESSMENT EXAM-BUSINESS AND ECONOMY	ASSESSMENT EXAM-INFORMATION TECHNOLOGY IN DAILY LIFE
13/08/2020 THURSDAY	ASSESSMENT EXAM- MATHS MADE EASY	ZERO SEMESTER PRESENTATION
14/08/2020 FRIDAY	ASSESSMENT EXAM- HASSLE FREE RESEARCH	ASSESSMENT EXAM- INTRODUCTION TO CASE STUDY METHOD
<b>DATE</b>	<b>8.30 AM -9.30 AM</b>	<b>10.30 AM -11.30 AM</b>
17/08/2020 MONDAY	ASSESSMENT EXAM - ORGANISATION AND NEED FOR MANAGEMENT	ZERO SEMESTER PRESENTATION
18/08/2020 TUESDAY	ASSESSMENT EXAM- ACCOUNTING FOR BEGINNERS	ZERO SEMESTER PRESENTATION
19/08/2020 WEDNESDAY	ASSESSMENT EXAM-BUSINESS AND ECONOMY	ASSESSMENT EXAM-INFORMATION TECHNOLOGY IN DAILY LIFE
20/8/2020 THURSDAY	ASSESSMENT EXAM- MATHS MADE EASY	ZERO SEMESTER PRESENTATION
21/08/2020 FRIDAY	ASSESSMENT EXAM- HASSLE FREE RESEARCH	ASSESSMENT EXAM- INTRODUCTION TO CASE STUDY METHOD



*Smj Bz*

Head, Department of Management Studies  
Mar Athanasios College for Advanced Studies  
(MACFAST)  
Tiruvalla - 689 101  
Kerala, India

# Photographs



# Attendance Sheet of Foundation cum Bridge course



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
DEPARTMENT OF MANAGEMENT STUDIES

LIFE SKILL TRAINING AND FOUNDATION COURSE SCHEDULE FOR 2020-22 BATCH FROM 29/06/2020

SL.NO.	NAME OF THE STUDENT	29/06/2020		30/06/2020		1/7/2020		2/7/2020		3/7/2020		6/7/2020		7/7/2020	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
1	Achamma N Thangalathil	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
2	Adarsh Daniel	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3	Akash P Kumar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4	Akhil Manoj	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5	Akhila Ajayan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
6	ALBIN VARGHESE SUNNY	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Ab
7	Aleena Varughese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
8	Amal Mathew	✓	✓	✓	✓	✓	✓	Ab	Ab	✓	✓	✓	✓	✓	✓
9	Amrutha V Nair	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10	Anandhu Krishna	✓	✓	✓	✓	✓	✓	✓	✓	A	A	✓	✓	✓	✓
11	Anusree Rajendran	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
12	Archana	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
13	Arjun S	✓	✓	✓	✓	✓	✓	✓	Ab	✓	✓	✓	✓	✓	✓
14	Arun Thomas Philip	✓	✓	✓	✓	✓	✓	✓	Ab	A	✓	✓	Ab	Ab	Ab
15	Aryakrishna B	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
16	Ashley Shaji	✓	✓	✓	Ab	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
17	Arwathy D	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
18	Athra Rachel Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
19	Austin Joe Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Ab
20	Bibin Bajju	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
21	Blessy Benny	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
22	Christina Shaji	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
23	Fathima H	✓	✓	✓	✓	✓	✓	Ab	Ab	✓	✓	✓	✓	✓	✓
24	Gautham Krishna B	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
25	Geetha Dileep	✓	✓	✓	✓	✓	✓	✓	✓	A	A	✓	✓	✓	✓
26	Helin Raju	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
27	Jacob Santosh	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
28	Jainy Aleyamma Jane	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
29	Jerry Abraham Johnson	✓	✓	Ab	Ab	✓	✓	✓	✓	✓	✓	✓	✓	Ab	Ab

*[Handwritten initials]*

*[Handwritten initials]*



*[Handwritten signature]*

SL.NO.	NAME OF THE STUDENT	29/06/2020		30/06/2020		1/7/2020		2/7/2020		3/7/2020		6/7/2020		7/7/2020	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
30	John Sebastian	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
31	John Abraham Joychan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
32	Sushin Abraham Raj	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
33	Karthik J. Mousi	✓	✓	✓	Ob	✓	✓	✓	✓	✓	✓	✓	✓	✓	Ob
34	Krishnapriya R Pillai	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
35	Lekshmi Prakash	✓	✓	✓	✓	✓	✓	Ob	Ob	✓	✓	✓	✓	✓	✓
36	John A. Jose	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
37	Linnet Mary Shaji	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
38	Matthew Benny	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
39	Meera D	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
40	Merin Thomas Roy	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
41	Nishi K	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
42	Nivya Vinod	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
43	Nobir James	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
44	Noel Mariya Kuruvilla	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
45	Pranees Mohan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
46	Reshma Rieghu	✓	✓	✓	Ob	✓	✓	Ob	Ob	✓	✓	✓	✓	Ob	✓
47	Rini C R	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
48	Rini Saja	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
49	Shalin Abraham	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
50	Shan Esha James	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
51	Sijo John Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
52	Maniya P	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
53	Sreenath E S	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
54	Stephy M John	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
55	Surya S Nair	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
56	Saetha Ramesh	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
57	Tharaja	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Ob
58	Vidhul Mohan M	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
59	Vign V	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

*John A. Jose*

*Ob*



*Ob*

*Ob*







MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
DEPARTMENT OF MANAGEMENT STUDIES

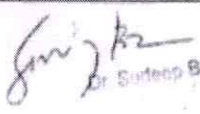
LIFE SKILL TRAINING AND FOUNDATION COURSE SCHEDULE FOR 2020-22 BATCH FROM 29/06/2020

SL.NO.	NAME OF THE STUDENT	29/06/2020		30/06/2020		1/7/2020		2/7/2020		3/7/2020		6/7/2020		7/7/2020	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
1	Abhijeet Pereira	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
2	Abhishek T M	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3	Akhil Gopakumar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4	Alben T Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5	Aleena Babu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
6	Alvin Issac Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
7	Alwyn Cherian	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
8	Amrutha Sunil	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
9	Anandu K	✓	✓	✓	✓	Ab	Ab	✓	✓	✓	✓	✓	✓	✓	✓
10	Anjaleena Sony	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
11	Ann Maria Joy	absent	absent	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
12	Anns Maria Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
13	Arya S	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
14	Ashli P Hanna	✓	✓	✓	✓	✓	✓	✓	✓	absent	absent	absent	✓	✓	✓
15	Binoy K B	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
16	Blessy Susan T	✓	✓	✓	✓	✓	Ab	✓	✓	✓	✓	✓	✓	✓	✓
17	Devika Sathesh Nair	✓	✓	A	A	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
18	Dilys Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
19	Elias Sebastian	✓	✓	✓	✓	✓	✓	✓	absent	✓	✓	✓	✓	✓	✓
20	Elja Eidho	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
21	Feba Jacob	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
22	Geethu S	✓	✓	✓	✓	✓	✓	✓	✓	✓	absent	absent	✓	✓	✓
23	Geevarghese Marks	✓	absent	✓	✓	✓	✓	✓	✓	✓	absent	absent	✓	✓	✓
24	Gokul Sathesh	✓	✓	A	A	✓	✓	✓	✓	✓	✓	✓	✓	A	A
25	Jerin C Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
26	Jithin Jose	✓	✓	✓	✓	Ab	✓	✓	✓	✓	✓	✓	✓	✓	✓
27	Joy Mathew	✓	absent	✓	A	✓	✓	✓	✓	✓	✓	✓	✓	✓	A
28	Josma Punnoose	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
29	Justn K Jose	✓	✓	✓	✓	✓	✓	✓	✓	absent	absent	absent	absent	✓	✓

*Smiling face*



SL.NO.	NAME OF THE STUDENT	29/06/2020		30/06/2020		1/7/2020		2/7/2020		3/7/2020		6/7/2020		7/7/2020	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
30	Justin Sam James	✓	✓	✓	A	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
31	Krishnapriya Suresh	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
32	Leon Varughese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
33	Liji Lalachen	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
34	Lijo P Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
35	Marteena Joseph	✓	✓	✓	A	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
36	Merryn Ann Samuel	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
37	Mohammed Bilal	Check	Check	✓	✓	✓	✓	✓	✓	Check	Check	✓	✓	A	A
38	Nikhil A Nair	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
39	Nithin Shaji Mathew	✓	✓	✓	✓	Bb	Bb	✓	✓	✓	✓	✓	✓	✓	✓
40	Nivin Chacko	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
41	Rahul Raj R	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Check	Check	✓	✓
42	Rajasree K Nair	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
43	Riswana Ikbai	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
44	Sagar Satheesh	✓	✓	✓	✓	✓	Bb	✓	✓	✓	Check	✓	✓	✓	✓
45	Sania Usman	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
46	Sharon John Biju	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
47	Sheron Isaac George	✓	✓	A	A	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
48	Shikhamol	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
49	Shyamjith T S	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	A
50	Sibin Gommen Babu	✓	✓	✓	✓	✓	Bb	✓	✓	✓	✓	✓	✓	✓	✓
51	Siju S	✓	✓	✓	✓	✓	✓	✓	✓	Check	✓	✓	✓	✓	✓
52	Sivakumar J	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
53	Sneha Sara Jacob	Check	Check	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
54	Somy Sebastian	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
55	Sona Suresh	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
56	Sreelakshmi A	✓	✓	✓	✓	✓	Bb	✓	✓	✓	✓	✓	✓	✓	✓
57	Sruthi	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
58	Sujith Sunil Mathews	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
59	Visakh S Kumar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Check	Check	✓	✓


  
 Dr. Sudeep B. Chandramana



## **FOUNDATION AND BRIDGE COURSE MBA (2019-2021 Batch)**

Foundation and Bridge course of 2019-2021 batch MBA commenced on 27<sup>th</sup> June 2019. 106 students of MBA 2019-2021 Batch enrolled for the programme:

This year's foundation and bridge course include:

- Resume building
- Introduction to management, quantitative techniques,
- Presentation skill
- Zero semester presentation
- Group discussion
- Introduction to accounting, research and economics
- Self-learning,
- Self-discipline
- English communication and professionalism
- Placement note
- Industrial visit
- Yes plus life skill training yoga and meditation

### **OBJECTIVES OF THE PROGRAM**

1. To familiarize the students with the college norms, rules and policies.
2. To give insights to the students about the opportunities available in the industry
3. To provide more clarity to students about what are the expectations of the industry from an MBA Graduate
4. To acquaint students with the code of conduct, discipline, and approach required from a PG student
5. To train the students in professional grooming and etiquettes and improve their mental and physical health
6. To bridge the gap in the basic concepts of subjects like Mathematics, Accounting, Economics, and Computer.
7. To improve the soft skills of students, which eventually help in building up their careers.

### **FACULTY DETAILS:**

SPV- Mr.Sanesh P varghese

JJ- Dr. Jeemon Joseph

VPV-Dr.V P Vijayamohan

AL- Dr.Ashalakshmi R K

AP- Mr.Arun Prem

JKG- Mr.Jibumon K G

TJ- Ms. Tintu Joseph

PGP- Ms.Preetha G Panicker

AKG – Dr. Ajaikrishnan G

LK – Mr. Ligo Koshy

JKG- Mr. Jibumon K G

NAG- Dr. Neethu Ann Georgie

VA- Prof. Varghese Abraham

JAC- Ms. Jerly Akku Cherian



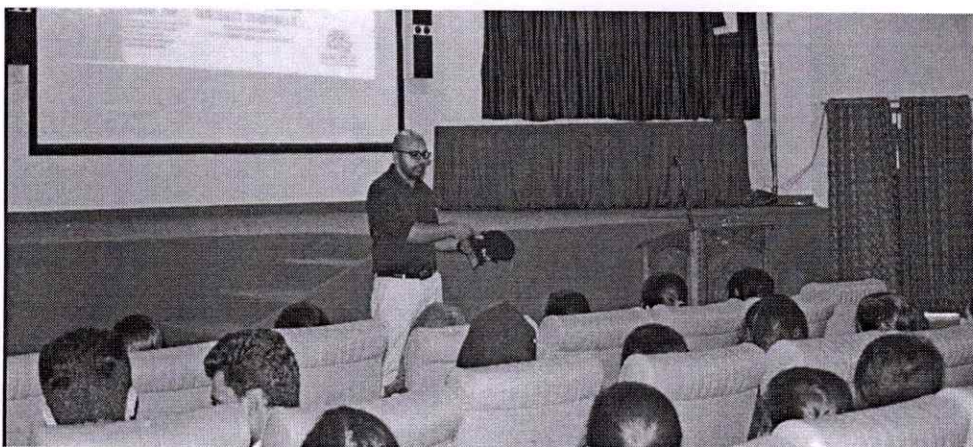
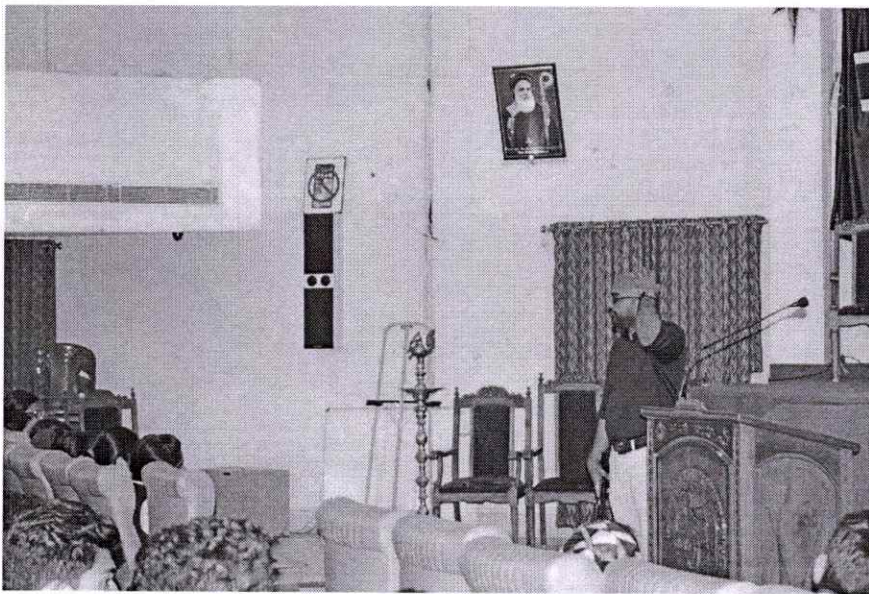
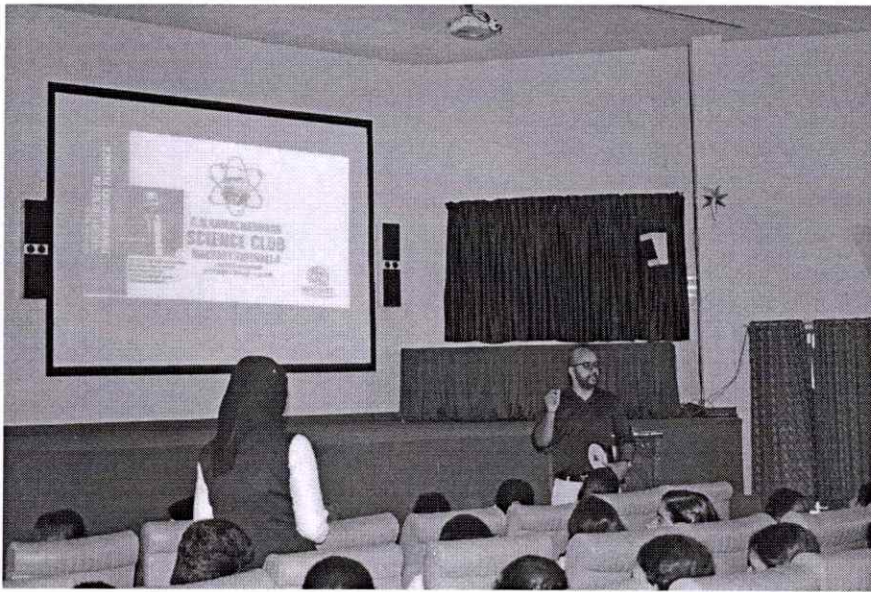
## Schedule of the Foundation & Bridge Course

DAY	BA	8:30-9:00	9:00AM-9:55AM	10:00AM - 10.55AM	11.10-12.05	12.10-1.05	1:50PM-2:45 PM	2:50PM - 3:45 PM	4:00PM - 4:45PM
27/6/2019 THURSDAY	ICE BREAKING, GOAL SETTING (INDUSTRY), ATTITUDE FORMATION, LEADERSHIP & SYNERGY (VINU REGHUNATH)								
28/6/2019 FRIDAY	B1	BU	ITM(NAG)	ECON(VPV)	QT(PGP)	AFM(JKG)	COMMUNICATION CLASS		CLASS TEACHER INTERACTION
	B2	BU	ICM(LK)	QT(JJ)	AFM(AL)	ECON(VPV)			CLASS TEACHER INTERACTION
1/7/2019 MONDAY	B1	BU	with Principal	EDUCATION (VA )	ZERO SEMESTER PRESENTATION		ICM(LK)	COMP( AP)	ITR(JAC)
2/7/19 TUESDAY	B1	YES PLUS TRAINING						ITR(VPV)	COMP(AP)
	B2	BU	AFM(AL)	GROUP DISCUSSION (SPV)					
3/7/2019 WEDNESDAY	B1	YES PLUS TRAINING						ZERO SEMESTER PRESENTATION	
	B2	BU	ICM(LK)	AFM(AL)	RESUME BUILDING (SPV)				
4/7/19 THURSDAY	B1	YES PLUS TRAINING						MII	ITR(TJ)
	B2	BU	ICM(LK)		QT(JJ)				
5/7/19 FRIDAY	B1	YES PLUS TRAINING						LIBRARY	ZERO SEMESTER PRESENTATION
	B2	BU	ITM(NAG)		ICM(LK)				
6/7/19 SATURDAY	B2	INDUSTRIAL VISIT							
8/7/19 MONDAY	B1	BU	ICM(LK)	RESUME BUILDING (SPV)		COMP(AP)	ITM(NAG)		MBA PLUS
	B2	BU	ECON(VPV)		QT(JJ)		AFM(AL)		
9/7/19 TUESDAY	B1	ICM(LK)		GROUP DISCUSSION (SPV)			ITR(AL)	COMP(AP)	
	B2	YES PLUS TRAINING							
10/7/19 WEDNESDAY	B1	BU	ICM(LK)		QT(PGP)	ITM(NAG)	ZERO SEMESTER PRESENTATION		
	B2	YES PLUS TRAINING							
11/7/19 THURSDAY	B1	BU	ITM(LK)		QT(PGP)		AFM(JKG)	ZERO SEMESTER	
	B2	YES PLUS TRAINING						AFM(AL)	
12/7/19 FRIDAY	B1	BU	ITM(LK)	ECON(VPV)	AFM(JKG)		ENGLISH COMMUNICATION (Mr. JOSHY EAPEN)		
	B2	YES PLUS TRAINING							
15/7/19 MONDAY	B1	BU	QT(PGP)	PRESENTATION SKLLS (SPV)	AFM(JKG)		ZERO SEMESTER PRESENTATION		
	B2	BU	ITM(LK)		ECON(VPV)	PRESENTATI ON			
16/7/19 TUESDAY	B1	BU	ECON(VPV)		AFM(JKG)	QT(PGP)	ZERO SEMESTER PRESENTATION		
	B2	BU	ITM(LK)	ITR(AKG)	AFM(AL)	QT(JJ)			
17/7/19 WEDNESDAY	B1	BU	COMP(AP)			ECON(VPV)		ZERO SEMESTER PRESENTATION	
	B2	BU	COMP(AP)			QT(JJ)			
18/7/19 FRIDAY	B1	BU	ITR(AKG)	QT(PGP)	PLACEMENT	RADIO	ZERO SEMESTER PRESENTATION		
	B2	BU	ECON(VPV)						
20/7/19 SATU	B1	SELF- LEARNING, SELF -DISCIPLINE AND PROFESSIONALISM							
20/7/19 SATU	B1	INDUSTRIAL VISIT							



*Sanjay K*  
 Head, Department of Management Studies  
 Mar Athanasios College for Advanced Studies  
 (MACFAST)  
 Tiruvalla - 689 101  
 Kerala, India

# Photographs



# Attendance Sheet of Foundation cum Bridge course



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
DEPARTMENT OF MANAGEMENT STUDIES

LIFE SKILL TRAINING AND FOUNDATION COURSE SCHEDULE FOR BATCH 2019-21 FROM 27/06/2019

SL. NO.	NAME OF THE STUDENT	27/06		28/06		1/7		2/7		3/7		4/7		5/7		8/7		9/7		10/7		11/7		12/7		15/7		16/7		17/7		18/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
1	Achsah Saji	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
2	Aditya Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
3	Akash John Philip	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
4	Aksh P Anil	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
5	Alpha T Joy	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
6	Amal Biju	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
7	Amala Elsa Alex	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
8	Amala Velappan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
9	Anaina Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
10	Anju John	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
11	Ansu Achankunju	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
12	Anu Krishnan K	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
13	Arshit T S	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
14	Arunima R	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
15	Athira V	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
16	Ayush Joseph Jacob	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
17	Benilda Varughese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
18	Bright Binu Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
19	Christin M Titus	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
20	Christy John	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
21	Harikrishnan R	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
22	Hrithya Sali	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
23	Jamuna John	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
24	Jobin Kurian John	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
25	Johns Pulimootil Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
26	Joice Elizabeth Johnson	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
27	Jojis P Joseph	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
28	Jubin S Saji	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
29	Justin Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
30	Keziah Kuttappan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
31	Laxmi Prakash	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
32	Ligisha P Sabu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	



*Handwritten signature in blue ink*





MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
DEPARTMENT OF MANAGEMENT STUDIES

LIFE SKILL TRAINING AND FOUNDATION COURSE SCHEDULE FOR BATCH 2019-21 FROM 27/06/2019

SL NO.	NAME OF THE STUDENT	27/06		28/06		1/7		2/7		3/7		4/7		5/7		8/7		9/7		10/7		11/7		12/7		15/7		16/7		17/7		18/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
1	Adithya R Nair	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
2	Ajin Abraham John	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
3	Aleena Sara John	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
4	Allen V Philip	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
5	Anju Prakash	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
6	Ansil K N	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
7	Ansu A Titus	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
8	Arya Ravi Sankar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
9	Ashna Rajan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
10	Aswin Ashok	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
11	Athira S Kumar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
12	Athul Santhosh	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
13	Bibin Babu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
14	Blesswin Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
15	Cherian T Mali	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
16	Christin Thomas Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
17	Christin Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
18	Dhanya S Pradeep	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
19	Divya Binu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
20	Febin Samuel Eapen	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
21	Jack P James	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
22	Jeny Maret Rajee	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
23	Jeswin V Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
24	Jisha Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
25	Jithin Mathew Shaji	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
26	Jithin Thomas Philip	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
27	Joel Joseph	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
28	Justin Samuel	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
29	Meera Markose	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
30	Merin Ann Varughese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
31	Meriya Elizabeth Cherian	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
32	Midhuna Susan Samuel	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	







## FOUNDATION AND BRIDGE COURSE MBA (2018-2020 Batch)

Three-week long foundation-cum-bridge course for the 2018-20 batch of MBA students on fundamentals of Mathematics, Accounts, Economics, Management and Communication skills along with industrial visit , yoga, meditation programmes were conducted. Students came from different graduation streams take this as the best opportunity to familiar with Management programme. The programme commenced on 12<sup>th</sup> July 2018. 113 students enrolled for the programme



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

DEPARTMENT OF MANAGEMENT STUDIES

ORIENTATION AND BRIDGE COURSE SCHEDULE FOR 2018-20 BATCH FROM 12/07/2018

### OBJECTIVES OF THE PROGRAM

1. To familiarize the students with the college norms, rules and policies.
2. To give insights to the students about the opportunities available in the industry
3. To make them understand what are the expectations of the industry from an MBA Graduate
4. To understand the code of conduct, discipline and approach required from a PG student
5. To train the students in professional grooming and etiquettes.
6. To bridge the gap in the concepts of subjects like Mathematics, Accounting, Economics and computer.
7. To improve the soft skills of the students which eventually help in building up their career.

### FACULTY DETAILS:

SPV- Mr.Sanesh P varghese

JJ- Dr. Jeemon Joseph

VPV-Dr.V P Vijayamohan

AL- Dr.Ashalakshmi R K

AP- Mr.Arun Prem

JKG- Mr.Jibumon K G

TJ- Ms. Tintu Joseph

PGP- Ms.Preetha G Panicker

AKG – Dr. Ajaikrishnan G

LK – Mr. Ligo Koshy

JKG- Mr. Jibumon K G

NAG- Dr. Neethu Ann Georgie

VA- Prof. Varghese Abraham

JAC- Ms. Jerly Akku Cherian



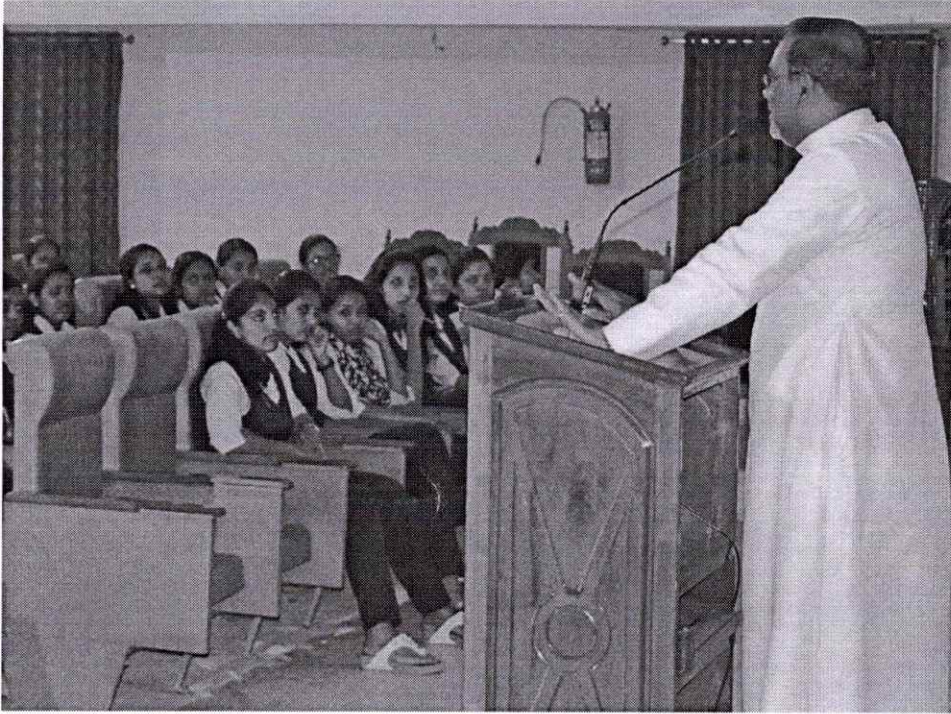
## SCHEDULE FOR FOUNDATION AND BRIDGE COURSE 2018

DAY	BATCH	8:30-9:00	9:00AM-9:55AM	10:00AM-10.55AM	11.10-12.05	12.10-1.05	1:50PM-2:45 PM	2:50PM - 3:45 PM	4:00PM - 4:45PM
12/7/2018 THURSDAY	TALENT US -ICE BREAKING,GOAL SETTING(INDUSTRY),MOTIVATION,GROOMING AND ETIQUETTES								
13/7/2018 FRIDAY	B1	BU	Maths	Accounting	Economics				Computer
	B2	BU	Computer	Maths	Maths		ZERO SEMESTER PRESENTATION		Economics
14/7/18 SATURDAY	INDUSTRIAL VISIT								
16/7/18 MONDAY	B1	BU	Interaction by Principal	Building Powerful Resume	MII and MBA plus	INDUSTRY TALK-BIMAL CMD DURAPLAST			
	B2	BU							
17/7/18 TUESDAY	B1	YES PLUS						ZERO SEMESTER PRESENTATION	Computer
	B2	BU	Computer	Accounting	Maths		Accounting		
18/7/18 WEDNESDAY	B1	YES PLUS						ZERO SEMESTER PRESENTATION	Maths
	B2	BU	Accounting	Economics			Maths		
19/7/18 THURSDAY	B1	YES PLUS						Accounting	Maths
	B2	BU	Accounting	Accounting	Maths		Computer	Accounting	
20/7/18 FRIDAY	B1	YES PLUS						Accounting	Maths
	B2	BU	Computer	Maths	Accounting		Computer	Maths	
21/7/18 SATURDAY	B1	YES PLUS							
23/7/18 MONDAY	B1	BU	Maths	Accounting	Computer	Maths	Economics	Computer	
	B2	BU	Computer	Maths	Accounting	Maths	Accounting	Accounting	
24/7/18 TUESDAY	B1	BU	Accounting	Maths		Computer		Maths	
	B2	YES PLUS TRAINING						Accounting	Maths
25/7/18 WEDNESDAY	B1	BU	Economics	Maths	Accounting	Maths		Maths	
	B2	YES PLUS TRAINING						ZERO SEMESTER PRESENTATION	Maths
26/7/18 THURSDAY	B1	BU	Accounting	Maths				Maths	
	B2	YES PLUS TRAINING						ZERO SEMESTER PRESENTATION	Computer
27/7/18 FRIDAY	B1	BU	Accounting	Computer				Economics	
	B2	YES PLUS TRAINING						ZERO SEMESTER PRESENTATION	Maths
28/7/18 SATURDAY	B2	YES PLUS TRAINING							
30/7/18 MONDAY	B1	BU	Maths	Computer	Accounting		ZERO SEMESTER PRESENTATION	Maths	Introducing Mentoring
	B2	BU	Economics	Maths	Accounting	Maths		Computer	
31/7/18 TUESDAY	B1	PG ORIENTATION-JOBIN KOTTARATHIL							
	B2								



Srinivas

**Photographs**



# Attendance Sheet of Foundation cum Bridge course



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
DEPARTMENT OF MANAGEMENT STUDIES

LIFE SKILL TRAINING AND FOUNDATION COURSE SCHEDULE FOR BATCH 2018-20 FROM 12th July 2018

SL.NO.	NAME OF THE STUDENT	12/7		13/7		16/7		17/7		18/7		19/7		20/7		23/7		24/7		25/7		26/7		27/7		30/7		31/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
1	Abin K Ninan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
2	Adarsh Remesh	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3	Ajina Ahammed	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4	Alan Anto	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5	Alen Cherian Chacko	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
6	Alisha Elizabeth Anoop	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
7	Alisha Elsa Charly	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
8	Anju G Krishna	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
9	Aravind M	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10	Asna Anna James	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
11	Aswathy Sadanandan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
12	Athul K Shanmughan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
13	Bibin Tharemaia Abraham	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
14	Biju Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
15	Bobin Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
16	Brijith Abraham	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
17	Devika B	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
18	Dona Rachel Achankunju	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
19	Febin Abraham	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
20	Gokul S Das	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
21	Gopika Nair S	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
22	Harisankar P	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
23	Jaison Joboy	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
24	Jenson Jim	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
25	Jikson Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
26	Jins Joseph	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
27	Jishnu J	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
28	Jithin Easow George	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
29	Karthika Aniyar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



S.NO.	NAME OF THE STUDENT	12/7		13/7		16/7		17/7		18/7		19/7		20/7		23/7		24/7		25/7		26/7		27/7		30/7		31/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
32	Liji Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
33	Manu K Raju	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
34	Mithin Madhu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
35	Mohammed Ajmal T R	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
36	Nikhil Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
37	Parvathy Jose Prakash	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
38	Prince Philip	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
39	Riya Mariet Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
40	Rohith Abraham	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
41	Samath M Philip	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
42	Serena Sangeeth	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
43	Serin Mariam Baby	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
44	Shania Ann Shibu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
45	Sherin Ann Dommen	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
46	Shibin Zachariah	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
47	Shine Modyell Sunny	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
48	Siby Paul Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
49	Siji Maria Sebastian	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
50	Sruthi Mohan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
51	Sruthi Sara Babu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
52	Sudheesh K S	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
53	Surabhi R Udayakumar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
54	Swathy S	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
55	Tom K Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
56	Vijo Vinu Cherian	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
57	Yameema Sabu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

*Handwritten signatures and scribbles across the bottom of the table.*

*Handwritten signature: Sree B. Chandramano*  
*Address: ...*  
*Phone: ...*





**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA**  
**DEPARTMENT OF MANAGEMENT STUDIES**

LIFE SKILL TRAINING AND FOUNDATION COURSE SCHEDULE FOR BATCH 2018-20 FROM 12th July 2018

SL.NO.	NAME OF THE STUDENT	12/7		13/7		16/7		17/7		18/7		19/7		20/7		23/7		24/7		25/7		26/7		27/7		30/7		31/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
1	Abin Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
2	Aiswarya B S	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3	Akhil Jacob Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4	Aksa P Abraham	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5	Akshay Kumar A R	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
6	Alan Abraham	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
7	Ancy Ann Chacko	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
8	Anil Krishna Ananthu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
9	Anitha Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10	Ann Mary Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
11	Arvin Zachariah John	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
12	Ashik Salim	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
13	Avinash M Das	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
14	Bijin C Raj	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
15	Bini Anu Babu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
16	Chinthu Vinayak S	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
17	Christeena Moses Ali	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
18	Dimple Rose Boban	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
19	Emmanuel Francis	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
20	Feba Ann C Chacko	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
21	Jack Antony	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
22	Jain James	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
23	Jaisa Monachen	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
24	Jibu Sunny	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
25	Jiby John	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
26	Jinto Shaji	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
27	Jisha Raj	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
28	Jishin M Josy	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
29	Jitneesh J B	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



S.L.NO.	NAME OF THE STUDENT	12/7		13/7		16/7		17/7		18/7		19/7		20/7		23/7		24/7		25/7		26/7		27/7		30/7		31/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
30	Joel Mathew Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
31	Kiran Das	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
32	Liji Joyson	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
33	Mathew Jose	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
34	Midhun Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
35	Mohammed Roshan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
36	Nandu Gopal G	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
37	Neethu George	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
38	Nidhin Babu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
39	Nikhil Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
40	Prince Saji	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
41	Prinson K Prince	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
42	Rohin V Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
43	Rosin Cherian	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
44	Rosin Francis	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
45	S.R. Aravind Reghunath	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
46	Sachin S Kumar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
47	Shekha Shaji	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
48	Sherin Mariam Philip	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
49	Shilpa Rachal Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
50	Sijo Daniel	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
51	Sinu Saji	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
52	Sneha Sebastian	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
53	Sukanya Sabu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
54	Teny Tomy	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
55	V A Sulfa Shukoor	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
56	Veena R Nair	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	

*Handwritten signature*  
 Department of Management Studies  
 K. J. Somaiya Institute of Management Studies & Research  
 V. K. Rajwade Centre for Development of Rural Areas





## FOUNDATION AND BRIDGE COURSE MBA (2017-2019 Batch)

Three-week long foundation-cum-bridge course for the 2018-20 batch of MBA students on fundamentals of Mathematics, Accounts, Economics, Management and Communication skills along with industrial visit , yoga, meditation programmes were conducted. Students came from different graduation streams take this as the best opportunity to familiar with Management programme. The programme commenced on 10<sup>th</sup> July 2017. 93 students enrolled for the programme



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

DEPARTMENT OF MANAGEMENT STUDIES

ORIENTATION AND BRIDGE COURSE SCHEDULE FOR 2017-19 BATCH FROM 10/07/2017

### OBJECTIVES OF THE PROGRAM

1. To familiarize the students with the college norms, rules and policies.
2. To give insights to the students about the opportunities available in the industry
3. To make them understand what are the expectations of the industry from an MBA Graduate
4. To understand the code of conduct, discipline and approach required from a PG student
5. To train the students in professional grooming and etiquettes.
6. To bridge the gap in the concepts of subjects like Mathematics, Accounting, Economics and computer.
7. To improve the soft skills of the students which eventually help in building up their career.

### FACULTY DETAILS:

SBC- Dr. Sudeep B Chandramana

JJ- Dr. Jeemon Joseph

VPV-Dr.V P Vijayamohan

AL- Dr.Ashalakshmi R K

AP- Mr.Arun Prem

AA – Dr. Aggi Anand

TJ- Ms. Tintu Joseph



PGP- Ms.Preetha G Panicker

AKG – Dr. Ajaikrishnan G

LK – Mr. Ligo Koshy

FJ- Fr. Jossy CMI

\* NAG- Dr. Neethu Ann Georgie

VA- Prof. Varghese Abraham

JAC- Ms. Jerly Akku Cherian

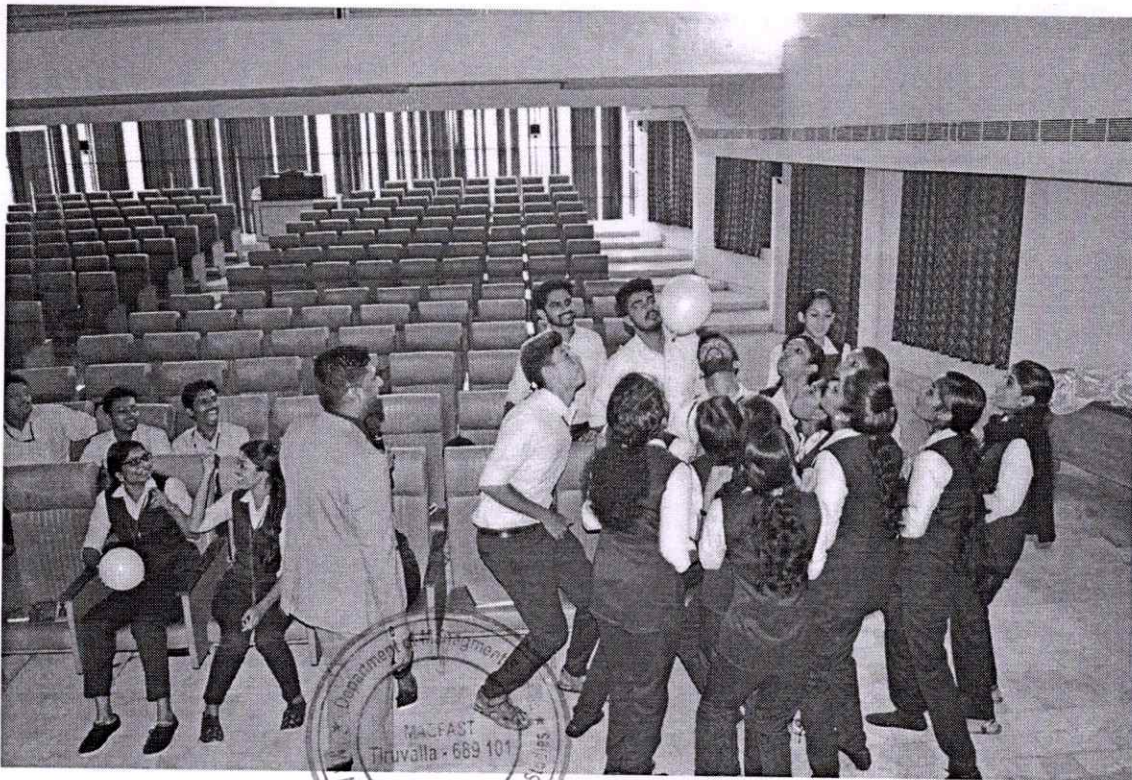
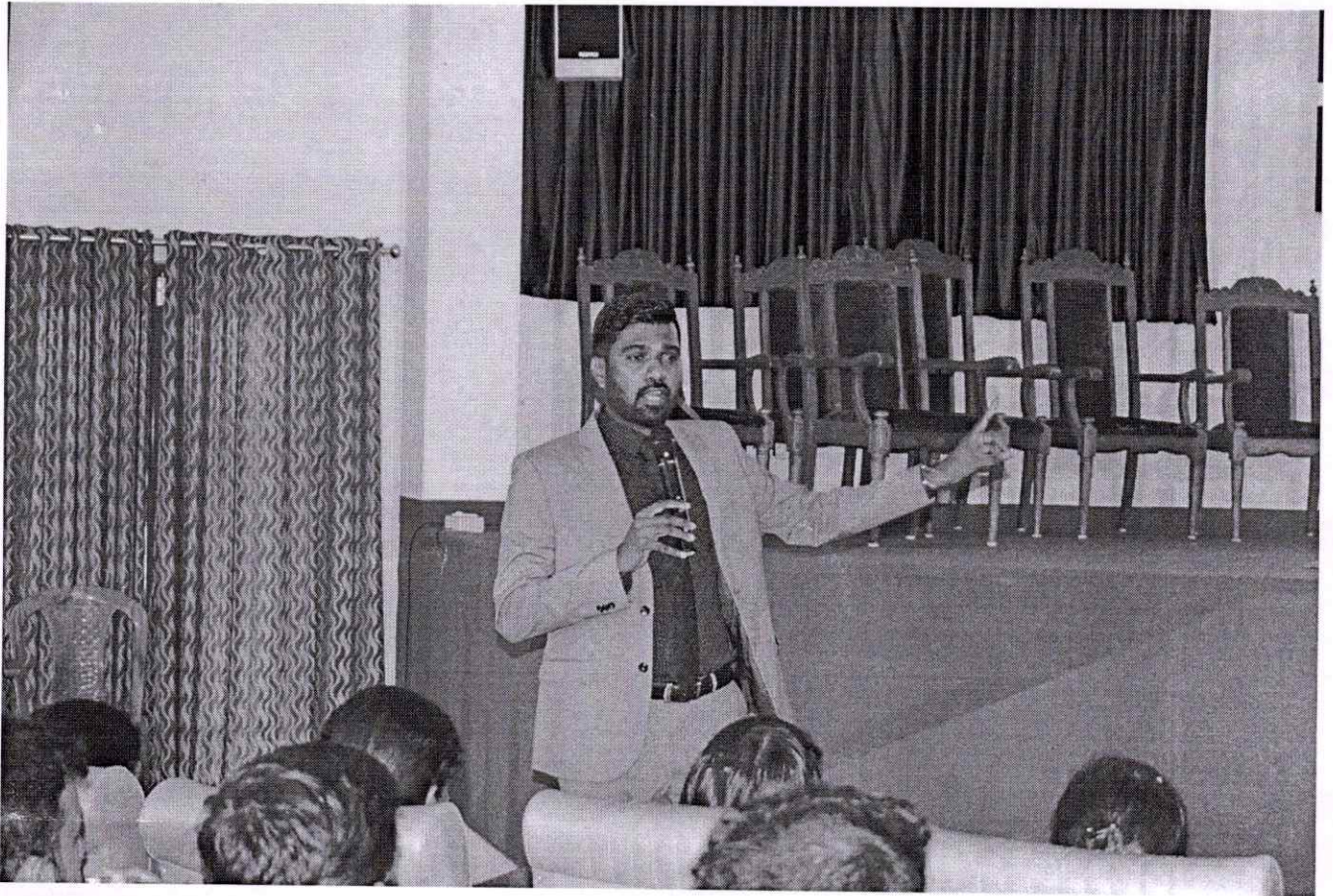
## SCHEDULE FOR FOUNDATION AND BRIDGE COURSE 2017

DAY	BATCH	8:30-9:00	9:00AM-9:55AM	10:00AM-11AM	11:10AM-12:05 PM	12:10AM-01:05 PM	1:50PM-2:45 PM	2:50PM-3:45 PM	4:00PM-4:45PM																																																																																																					
Mon 10/07/ 2017	B1 (Commerce)	Zero Sem Presentation	MATHS (PGP)		COMMUNICATION (JV)		ZERO SEM PRESENTATION (SBC/JAC)																																																																																																							
	B2 (Non-Commerce)	Zero Sem Presentation	COMMUNICATION (NA)		MATHS(JJ)		ZERO SEM PRESENTATION (NAG/NA)																																																																																																							
	Sirus	BU	IB(SBC)	BBM(AKG)/IS(NA/JMV)/HRP(LK)/TQM(NAG)	MFS(VA)	BM(AL)	ECIM(AP)/Placement Training (AKG/PGP/NMJ)	BE&CG(AA)	CB(JJ)																																																																																																					
Yamistha	BU	Tue 11/07/ 2017								B1 (Commerce)	Zero Sem Presentation	MATHS (PGP)		COMMUNICATION (JV)		ZERO SEM PRESENTATION (AL/NA)			B2 (Non-Commerce)	Zero Sem Presentation	COMMUNICATION (NA)		ACCOUNTANCY (AL)		ZERO SEM PRESENTATION (JAC/NAG)			Sirus	BU	CSM(FJ)	CSM(FJ)	PM(CKK)/Placement Training (AP/AL/NMJ)	PM(CKK)/Placement Training (AP/AL/NMJ)	IB(SBC)	MIGP(PGP)	IMC(AKG)	Yamistha	BU	Wed 12/07/ 2017	B1 (Commerce)	THE OTHER SIDE		ZERO SEM PRESENTATION (AA/PGP)		B2 (Non-Commerce)	Zero Sem Presentation	DISCIPLINED LIFE OF A PROFESSIONAL (FJ)		ACCOUNTANCY (AL)		ZERO SEM PRESENTATION (AKG/SBC)			Sirus	BU	IB(SBC)	IB(SBC)	BBM(AKG)/IS(NA/JMV)/HRP(LK)/TQM(NAG)	WG	BM(AL)	SCM(NAG)	MM(SRR)	Yamistha	BU	Thu 13/07/ 2017	B1 (Commerce)	Zero Sem Presentation	MATHS (PGP)		COMMUNICATION (JV)		LOOK GOOD FEEL GOOD (AU)			B2 (Non-Commerce)	Zero Sem Presentation	COMMUNICATION (NA)		ACCOUNTANCY (AL)		Sirus	BU	BE&CG(AA)	MR(SBC)/IFM(VPV)/CM(TJ)/IMM(CKK)	MR(SBC)/IFM(VPV)/CM(TJ)/IMM(CKK)	IMC(AKG)	MFS(VA)	MM(SRR)/Placement Training (AA/NMJ/AL)	ECIM(AP)	Yamistha	BU	Fri 14/07/ 2017	B1 (Commerce)	Zero Sem Presentation	DISCIPLINED LIFE OF A PROFESSIONAL (FJ)		ACCOUNTANCY (AL)		ZERO SEM PRESENTATION (PGP/AP)			B2 (Non-Commerce)	THE OTHER SIDE		ZERO SEM PRESENTATION (AL/AGK)		Sirus	BU	BE&CG(AA)	MFS(VA)
Tue 11/07/ 2017	B1 (Commerce)		Zero Sem Presentation	MATHS (PGP)		COMMUNICATION (JV)		ZERO SEM PRESENTATION (AL/NA)																																																																																																						
	B2 (Non-Commerce)		Zero Sem Presentation	COMMUNICATION (NA)		ACCOUNTANCY (AL)		ZERO SEM PRESENTATION (JAC/NAG)																																																																																																						
	Sirus	BU	CSM(FJ)	CSM(FJ)	PM(CKK)/Placement Training (AP/AL/NMJ)	PM(CKK)/Placement Training (AP/AL/NMJ)	IB(SBC)	MIGP(PGP)	IMC(AKG)																																																																																																					
Yamistha	BU	Wed 12/07/ 2017								B1 (Commerce)	THE OTHER SIDE		ZERO SEM PRESENTATION (AA/PGP)		B2 (Non-Commerce)	Zero Sem Presentation	DISCIPLINED LIFE OF A PROFESSIONAL (FJ)		ACCOUNTANCY (AL)		ZERO SEM PRESENTATION (AKG/SBC)			Sirus	BU	IB(SBC)	IB(SBC)	BBM(AKG)/IS(NA/JMV)/HRP(LK)/TQM(NAG)	WG	BM(AL)	SCM(NAG)	MM(SRR)	Yamistha	BU	Thu 13/07/ 2017	B1 (Commerce)	Zero Sem Presentation	MATHS (PGP)		COMMUNICATION (JV)		LOOK GOOD FEEL GOOD (AU)			B2 (Non-Commerce)	Zero Sem Presentation	COMMUNICATION (NA)		ACCOUNTANCY (AL)		Sirus	BU	BE&CG(AA)	MR(SBC)/IFM(VPV)/CM(TJ)/IMM(CKK)	MR(SBC)/IFM(VPV)/CM(TJ)/IMM(CKK)	IMC(AKG)	MFS(VA)	MM(SRR)/Placement Training (AA/NMJ/AL)	ECIM(AP)	Yamistha	BU	Fri 14/07/ 2017	B1 (Commerce)	Zero Sem Presentation	DISCIPLINED LIFE OF A PROFESSIONAL (FJ)		ACCOUNTANCY (AL)		ZERO SEM PRESENTATION (PGP/AP)			B2 (Non-Commerce)	THE OTHER SIDE		ZERO SEM PRESENTATION (AL/AGK)		Sirus	BU	BE&CG(AA)	MFS(VA)	CB(JJ)	SCM(NAG)/Placement Training (NMJ/AP/PGP)	IMC(AKG)	BM(AL)	MIGP(PGP)	Yamistha	BU																							
Wed 12/07/ 2017	B1 (Commerce)		THE OTHER SIDE		ZERO SEM PRESENTATION (AA/PGP)																																																																																																									
	B2 (Non-Commerce)		Zero Sem Presentation	DISCIPLINED LIFE OF A PROFESSIONAL (FJ)		ACCOUNTANCY (AL)		ZERO SEM PRESENTATION (AKG/SBC)																																																																																																						
	Sirus	BU	IB(SBC)	IB(SBC)	BBM(AKG)/IS(NA/JMV)/HRP(LK)/TQM(NAG)	WG	BM(AL)	SCM(NAG)	MM(SRR)																																																																																																					
Yamistha	BU	Thu 13/07/ 2017								B1 (Commerce)	Zero Sem Presentation	MATHS (PGP)		COMMUNICATION (JV)		LOOK GOOD FEEL GOOD (AU)			B2 (Non-Commerce)	Zero Sem Presentation	COMMUNICATION (NA)		ACCOUNTANCY (AL)		Sirus	BU	BE&CG(AA)	MR(SBC)/IFM(VPV)/CM(TJ)/IMM(CKK)	MR(SBC)/IFM(VPV)/CM(TJ)/IMM(CKK)	IMC(AKG)	MFS(VA)	MM(SRR)/Placement Training (AA/NMJ/AL)	ECIM(AP)	Yamistha	BU	Fri 14/07/ 2017	B1 (Commerce)	Zero Sem Presentation	DISCIPLINED LIFE OF A PROFESSIONAL (FJ)		ACCOUNTANCY (AL)		ZERO SEM PRESENTATION (PGP/AP)			B2 (Non-Commerce)	THE OTHER SIDE		ZERO SEM PRESENTATION (AL/AGK)		Sirus	BU	BE&CG(AA)	MFS(VA)	CB(JJ)	SCM(NAG)/Placement Training (NMJ/AP/PGP)	IMC(AKG)	BM(AL)	MIGP(PGP)	Yamistha	BU																																																	
Thu 13/07/ 2017	B1 (Commerce)		Zero Sem Presentation	MATHS (PGP)		COMMUNICATION (JV)		LOOK GOOD FEEL GOOD (AU)																																																																																																						
	B2 (Non-Commerce)		Zero Sem Presentation	COMMUNICATION (NA)		ACCOUNTANCY (AL)																																																																																																								
	Sirus	BU	BE&CG(AA)	MR(SBC)/IFM(VPV)/CM(TJ)/IMM(CKK)	MR(SBC)/IFM(VPV)/CM(TJ)/IMM(CKK)	IMC(AKG)	MFS(VA)	MM(SRR)/Placement Training (AA/NMJ/AL)	ECIM(AP)																																																																																																					
Yamistha	BU	Fri 14/07/ 2017								B1 (Commerce)	Zero Sem Presentation	DISCIPLINED LIFE OF A PROFESSIONAL (FJ)		ACCOUNTANCY (AL)		ZERO SEM PRESENTATION (PGP/AP)			B2 (Non-Commerce)	THE OTHER SIDE		ZERO SEM PRESENTATION (AL/AGK)		Sirus	BU	BE&CG(AA)	MFS(VA)	CB(JJ)	SCM(NAG)/Placement Training (NMJ/AP/PGP)	IMC(AKG)	BM(AL)	MIGP(PGP)	Yamistha	BU																																																																												
Fri 14/07/ 2017	B1 (Commerce)		Zero Sem Presentation	DISCIPLINED LIFE OF A PROFESSIONAL (FJ)		ACCOUNTANCY (AL)		ZERO SEM PRESENTATION (PGP/AP)																																																																																																						
	B2 (Non-Commerce)		THE OTHER SIDE		ZERO SEM PRESENTATION (AL/AGK)																																																																																																									
	Sirus	BU	BE&CG(AA)	MFS(VA)	CB(JJ)	SCM(NAG)/Placement Training (NMJ/AP/PGP)	IMC(AKG)	BM(AL)	MIGP(PGP)																																																																																																					
Yamistha	BU																																																																																																													



**Head, Department of Management Studies**  
**Mar Athanasios College for Advanced Studies**  
**(MACFAST)**  
**Tiruvalla - 689 101**  
**Kerala, India**

Photographs



Department of Management  
MACFAST  
Tiruvalla - 689 101  
Alphastios College for Advanced Studies

# Attendance Sheet of Foundation cum Bridge course



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
DEPARTMENT OF MANAGEMENT STUDIES

LIFE SKILL TRAINING AND FOUNDATION COURSE SCHEDULE FOR BATCH 2017-19 FROM 10th July 2017

SL.NO.	NAME OF THE STUDENT	10/7		11/7		12/7		13/7		14/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
1	Abhishek Purushothaman	✓	✓	✓	-ab-	✓	✓	✓	✓	✓	✓
2	Ajo Varghese Rajan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3	Akash Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4	Akhila O V	✓	✓	✓	✓	✓	✓	-ab-	-ab-	✓	✓
5	Akhilmon V Thomas	✓	✓	✓	✓	✓	ab	✓	✓	✓	✓
6	Albin Baby	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
7	Alma Mariam Abraham	ab	ab	✓	✓	✓	✓	✓	✓	✓	✓
8	Ameer Ismail	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
9	Amitha Rajesh R	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10	Ancy Monachan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
11	Anita Ann Alex	✓	✓	✓	✓	✓	✓	ab	✓	✓	✓
12	Anuja Elizabeth Joseph	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
13	Ashik S Antony	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
14	Athira R	✓	✓	✓	✓	✓	✓	✓	✓	-ab-	-ab-
15	Brian Binu Thomas	✓	✓	ab	ab	✓	✓	✓	✓	✓	✓
16	Cyriac Stephen George	✓	✓	✓	✓	✓	ab	✓	✓	✓	ab
17	Divya Ann Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
18	Heera Maria Vilson	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
19	Jayasree J	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
20	Jiby Varghese	✓	✓	✓	✓	✓	✓	ab	✓	✓	✓
21	Jikku Varughese Koruth	✓	ab	✓	✓	✓	✓	✓	✓	✓	✓
22	Job Justin	✓	✓	ab	ab	✓	✓	✓	✓	✓	✓
23	Jojo John Varughese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
24	Joshni Mary Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
25	Megha A P Panicker	✓	✓	✓	✓	ab	✓	✓	✓	✓	✓
26	Nidhi Elizabeth Philip	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
27	Nimmy Francis	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



SL.NO.	NAME OF THE STUDENT	10/7		11/7		12/7		13/7		14/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
28	Praveen P Nair	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
29	Riya Eliz Biju	✓	✓	✓	✓	✓	✓	✓	✓	✓	ab
30	Rony K J	✓	✓	✓	✓	✓	✓	✓	ab	✓	✓
31	Sanju Mariam Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
32	Senu C Mathew	✓	✓	✓	✓	ab	ab	✓	✓	✓	✓
33	Shijin Babu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
34	Sijin Saji	✓	✓	✓	ab	✓	✓	✓	✓	ab	ab
35	Simi Chacko	✓	✓	✓	✓	✓	✓	ab	ab	✓	✓
36	Sreejesh S	✓	✓	-ab-	✓	✓	✓	✓	✓	✓	✓
37	Steffi Philip	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
38	Sudheesh S Nair	✓	-ab-	✓	✓	✓	✓	✓	✓	✓	ab
39	Swathy Sathyavan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
40	Veena Mol V	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
41	Vivek Vijayan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



Head, Department of Management Studies  
 Mar Athanasios College for Advanced Studies  
 (MACFAST)  
 Tiruvalla - 689 101  
 Kerala, India



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
DEPARTMENT OF MANAGEMENT STUDIES

LIFE SKILL TRAINING AND FOUNDATION COURSE SCHEDULE FOR BATCH 2017-19 FROM 10th July 2017

SL.NO.	NAME OF THE STUDENT	10/7		11/7		12/7		13/7		14/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
1	Abiya Babu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
2	Achu C Thampi	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3	Akhilesh Kumar C A	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4	Akshaya E S	✓	✓	✓	✓	Absent	Absent	✓	✓	✓	✓
5	Aleena Jacob	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
6	Ananthu A Kochumon	✓	✓	✓	✓	✓	✓	✓	✓	-ab-	-ab-
7	Ananthu Santhan	✓	✓	✓	✓	✓	✓	✓	ab	✓	✓
8	Anjali B Joseph	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
9	Anju Vijay	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10	Anu Abraham	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
11	Anu Joseph	✓	✓	✓	✓	✓	Absent	✓	✓	✓	✓
12	Arya M M	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
13	Ashma C Das	✓	✓	✓	✓	✓	✓	ab	ab	✓	✓
14	Aswani S Kumar	✓	✓	✓	ab	✓	✓	✓	✓	✓	✓
15	Athira Babu	✓	✓	✓	✓	✓	Absent	✓	✓	✓	✓
16	Athira V M	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
17	Bibin John Babu	ab	ab	✓	✓	✓	✓	✓	✓	✓	✓
18	Bijina Beegam	✓	✓	ab	✓	✓	✓	✓	✓	✓	✓
19	C S Chitra	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
20	Chinnu Maria Thankachan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
21	Christopher George	✓	✓	✓	ab	✓	✓	✓	✓	-ab-	-ab-
22	Gibin Babu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
23	Harikrishnan V M	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
24	Haripriya J	✓	ab	✓	✓	Absent	✓	✓	✓	✓	✓
25	Jerin George	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
26	Jibi Joseph	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
27	Jikku George John	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



SL.NO.	NAME OF THE STUDENT	10/7		11/7		12/7		13/7		14/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
28	Jikku Mathew Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
29	Jilbi Susan James	✓	-ab-	✓	✓	✓	✓	✓	✓	✓	✓
30	Ligitha Anu Ninan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
31	Melbin Francies	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
32	Merin Anna Mathew	ab	ab	✓	✓	✓	✓	✓	✓	✓	✓
33	Merin Chacko	✓	✓	✓	✓	✓	absent	✓	✓	ab	ab
34	Midhun S Abraham	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
35	Preethy Mariam Kacheriparambil	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
36	Robin George Kurian	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
37	Rohan Alex Mathew	✓	✓	✓	✓	✓	✓	✓	ab	✓	✓
38	Sandra Biju	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
39	Sebin Sebastian	-ab-	✓	✓	✓	✓	✓	✓	✓	✓	ab
40	Shanu Eappen	✓	✓	✓	ab	absent	absent	✓	✓	✓	✓
41	Shany Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
42	Smrithi Viswanath	✓	✓	ab	✓	✓	✓	✓	✓	✓	✓
43	Sneha Cathrine James	✓	✓	✓	✓	✓	✓	ab	ab	✓	✓
44	Sneha Sara Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
45	Sruthi Raj	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
46	Swathy Harikuttan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
47	Teenamol Antony	✓	✓	✓	✓	✓	✓	✓	✓	ab	ab
48	Tom Abraham	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
49	Vandana V	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
50	Veena Vinayan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
51	Vijitha M Nair	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
52	Vishakh T Devan	✓	-ab-	-ab-	-ab-	✓	✓	✓	✓	ab	ab



Head, Department of Management Studies  
 Mar Athanasios College for Advanced Studies  
 (MACFAST)  
 Tiruvalla - 689 101  
 Kerala India

## FOUNDATION AND BRIDGE COURSE MBA (2016-2018 Batch)

Three-week long foundation-cum-bridge course for the 2018-20 batch of MBA students on fundamentals of Mathematics, Accounts, Economics, Management and Communication skills along with industrial visit , yoga, meditation programmes were conducted. Students came from different graduation streams take this as the best opportunity to familiar with Management programme. The programme commenced on 30<sup>th</sup> June 2016. 98 students enrolled for the programme



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
DEPARTMENT OF MANAGEMENT STUDIES

ORIENTATION AND BRIDGE COURSE SCHEDULE FOR 2016-18 BATCH FROM 30/06/2016

### OBJECTIVES OF THE PROGRAM

1. To familiarize the students with the college norms, rules and policies.
2. To give insights to the students about the opportunities available in the industry
3. To make them understand what are the expectations of the industry from an MBA Graduate
4. To understand the code of conduct, discipline and approach required from a PG student
5. To train the students in professional grooming and etiquettes.
6. To bridge the gap in the concepts of subjects like Mathematics, Accounting, Economics and computer.
7. To improve the soft skills of the students which eventually help in building up their career.

### FACULTY DETAILS:

SBC- Dr. Sudeep B Chandramana

JJ- Dr. Jeemon Joseph

VPV-Dr.V P Vijayamohan

AL- Dr.Ashalakshmi R K

AP- Mr.Arun Prem

TJ- Ms. Tintu Joseph



PGP- Ms.Preetha G Panicker

AKG – Dr. Ajaikrishnan G

LK – Mr. Ligo Koshy

FJ- Fr. Jossy CMI

NAG- Dr. Neethu Ann Georgie

VA- Prof. Varghese Abraham




## SCHEDULE FOR FOUNDATION AND BRIDGE COURSE 2016

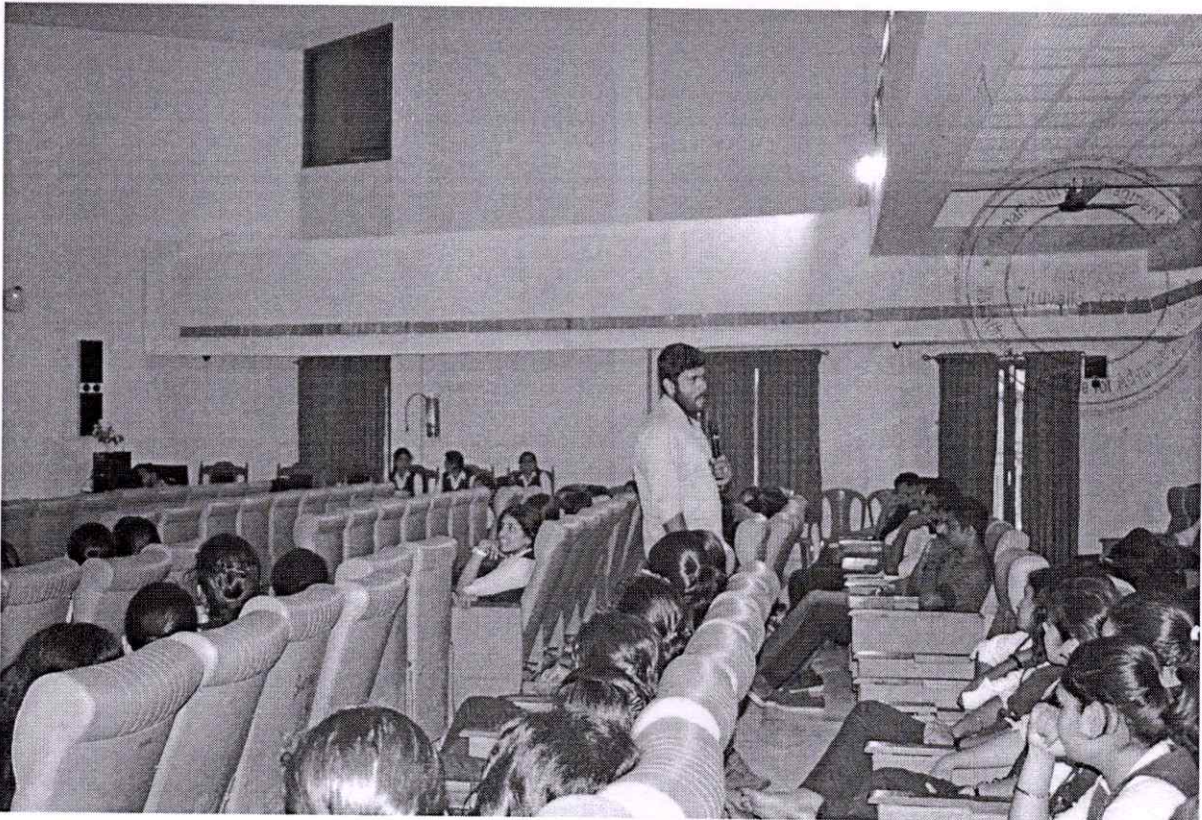
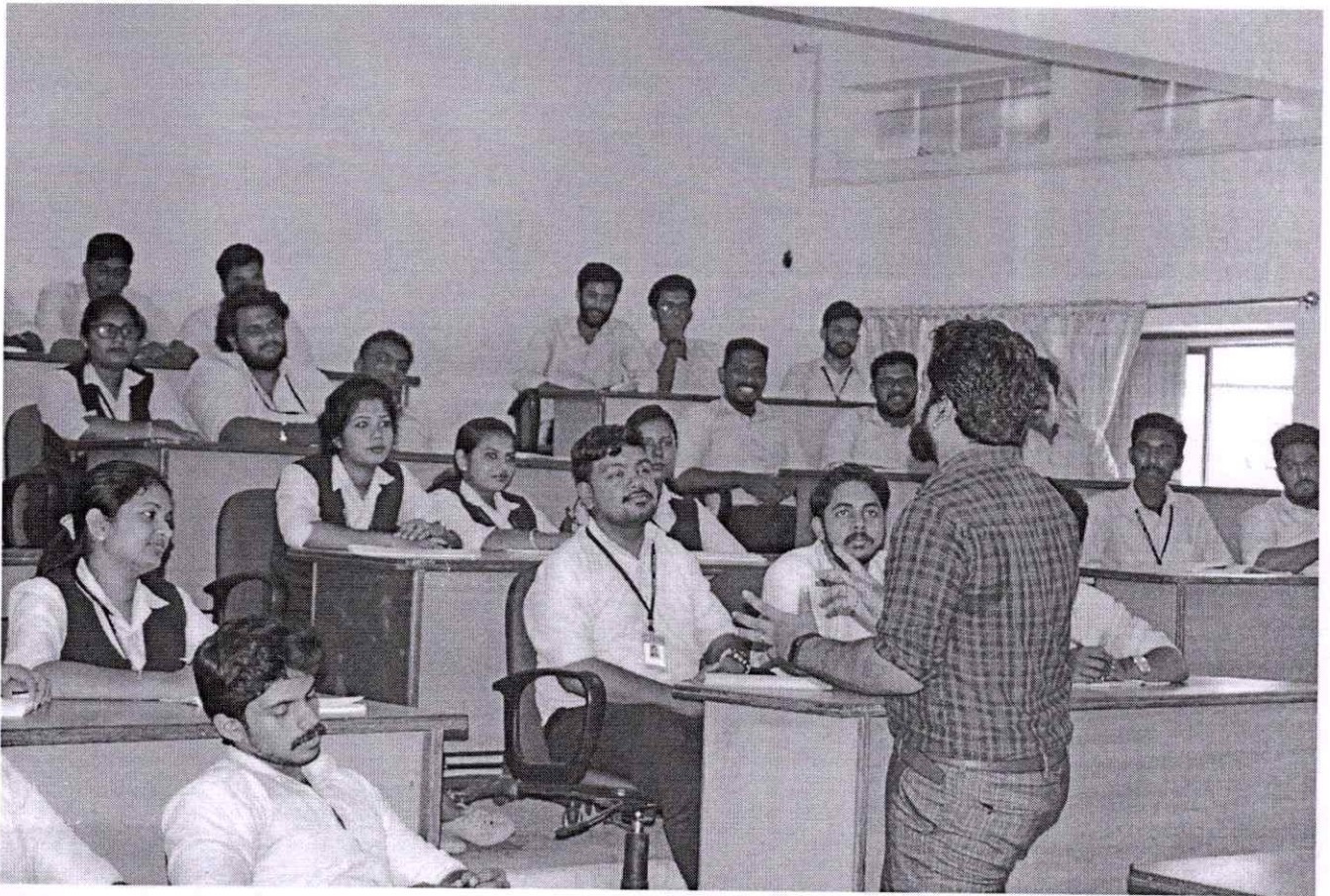
DAY	BATCH	8:30 - 9:00	9:00AM-9:55AM	10:00AM - 11AM	11:10AM-01:10 PM	1:50PM-2:45 PM	2:50PM - 3:45 PM	4:00PM - 4:45PM
Thu 30/06/2016	B1 (Commerce)	BU	MATHS (PGP)		COMMUNICATION	MATHS (JJ)		PROBLEM PRACTICE
	B2 (Non-Commerce)	BU	ACCOUNTANCY (KRS)		COMMUNICATION	ACCOUNTANCY (KMG)	ACCOUNTANCY (KRS)	PROBLEM PRACTICE
Fri 01/07/2016	B1 (Commerce)	BU	MATHS (PGP)		COMMUNICATION	MATHS (PGP)		PROBLEM PRACTICE
	B2 (Non-Commerce)	BU	ACCOUNTANCY (KRS)		COMMUNICATION	ACCOUNTANCY (KMG)	ACCOUNTANCY (VA)	PROBLEM PRACTICE
Mon 04/07/2016	B1 (Commerce)	BU	MATHS (JJ)		COMMUNICATION	MATHS (JJ)		PROBLEM PRACTICE
	B2 (Non-Commerce)	BU	ACCOUNTANCY (KMG)	ACCOUNTANCY (VA)	COMMUNICATION	ACCOUNTANCY (KMG)	ACCOUNTANCY (VA)	PROBLEM PRACTICE
Tue 05/07/2016	B1 (Commerce)	BU	MATHS (JJ)		COMMUNICATION	MATHS (JJ)		PROBLEM PRACTICE
	B2 (Non-Commerce)	BU	ACCOUNTANCY (KMG)	ACCOUNTANCY (VA)	COMMUNICATION	ACCOUNTANCY (KMG)	ACCOUNTANCY (VA)	PROBLEM PRACTICE
Thu 07/07/2016	B1 (Commerce)	BU	MATHS (PGP)		COMMUNICATION	ACCOUNTANCY (KRS)		PROBLEM PRACTICE
	B2 (Non-Commerce)	BU	ACCOUNTANCY (KMG)	ACCOUNTANCY (VA)	COMMUNICATION	MATHS(JJ)		PROBLEM PRACTICE
Fri 08/07/2016	B1 (Commerce)	BU	ACCOUNTANCY (KRS)		COMMUNICATION	ACCOUNTANCY (KMG)	ACCOUNTANCY (VA)	PROBLEM PRACTICE
	B2 (Non-Commerce)	BU	MATHS(PGP)		COMMUNICATION	MATHS(JJ)		PROBLEM PRACTICE

JJ: Dr. Jeemon Joseph, KRS: Dr.K.R.Sukumaran Nair,KM: Dr. KM George, VA: Varghese Abraham, PGP: Preetha G Panicker



  
**Head, Department of Management Studies**  
**Mar Athanasios College for Advanced Studies**  
**(MACFAST)**  
**Tiruvalla - 689 101**  
**Kerala, India**

Photographs



# Attendance Sheet of Foundation cum Bridge course



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
DEPARTMENT OF MANAGEMENT STUDIES


LIFE SKILL TRAINING AND FOUNDATION COURSE SCHEDULE FOR BATCH 2016-18 FROM 30th June 2016

SL.NO.	NAME OF THE STUDENT	30/6		1/7		4/7		5/7		7/7		8/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
1	Aaron Thomas George	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	A	A
2	Alfa Azad	✓	✓	A	✓	✓	✓	✓	✓	✓	✓	A	A
3	Akhilesh James	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4	Amal Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5	Anisha Mathew	✓	✓	✓	A	✓	✓	A	✓	✓	✓	✓	✓
6	Anita Ann Thomas	✓	✓	✓	✓	✓	A	A	A	✓	✓	✓	✓
7	Ann Stella Sebastian	A	A	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
8	Antony Tom	✓	✓	✓	✓	✓	✓	A	A	✓	✓	✓	✓
9	Anusha Anil	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10	Arun Shibu	✓	A	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
11	Aswathy Shaji	✓	✓	✓	✓	✓	✓	✓	✓	A	A	✓	✓
12	Biju V Mathew	✓	✓	A	✓	✓	✓	✓	✓	A	A	✓	✓
13	Divya Samuel	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
14	Gokul r Nair	✓	✓	✓	✓	✓	✓	A	A	✓	✓	✓	✓
15	Gopika S	A	✓	✓	✓	✓	✓	A	A	✓	✓	A	A
16	Greeshma Babu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
17	Jackson Antony John	✓	✓	✓	✓	A	A	✓	✓	✓	✓	✓	✓
18	Jalson Jackson	✓	A	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
19	Josny Jose	✓	✓	✓	A	✓	✓	✓	✓	✓	✓	A	A
20	Kalamol S	✓	✓	✓	✓	✓	✓	✓	✓	A	A	A	A
21	Fr Libu V Babu	✓	✓	✓	✓	✓	✓	A	✓	✓	✓	✓	✓
22	Linda Ann Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
23	Manisha Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
24	Meenu M Kumar	✓	✓	A	✓	✓	✓	✓	✓	✓	✓	✓	✓
25	Megha Chacko Peter	✓	✓	✓	✓	A	✓	✓	✓	✓	A	✓	✓
26	Panikar Vishnupriya Surendra	✓	✓	✓	A	✓	✓	✓	✓	✓	✓	✓	✓
27	Pooja Prakash	✓	✓	✓	A	✓	✓	✓	✓	✓	✓	✓	✓



SL.NO.	NAME OF THE STUDENT	30/6		1/7		4/7		5/7		7/7		8/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
28	Priya Raman G	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
29	Rahul S	✓	✓	✓	a	✓	✓	✓	✓	a	a	✓	✓
30	Raiby Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	a
31	Reenu Mathew	a	✓	✓	✓	a	a	✓	✓	✓	✓	✓	✓
32	Ridson P davis	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
33	Rijo Suresh	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	a	a
34	Rintumol Chacko	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
35	Riya Antony	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	a	a
36	Riya Mariam Reji	✓	✓	a	a	✓	✓	a	a	✓	✓	a	a
37	Rohan P	✓	✓	✓	✓	✓	✓	✓	✓	a	a	✓	✓
38	Roshin Mathew	a	✓	✓	✓	a	a	✓	a	a	a	✓	✓
39	Ruby Prasad	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
40	Seeja Mathai	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
41	Sheba Mary John	✓	a	✓	✓	a	✓	✓	✓	✓	✓	a	✓
42	Shijin Sam Varghese	✓	a	✓	✓	a	✓	✓	✓	a	✓	✓	✓
43	Shyno Sajan	✓	✓	✓	✓	✓	✓	✓	✓	a	✓	✓	✓
44	Taniamol Antony	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
45	Tiny Saly Ponnachan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
46	Tracy Ann Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
47	Vimal	✓	✓	✓	a	✓	✓	✓	✓	✓	✓	a	a
48	Vishnu Sajan	a	a	✓	✓	✓	✓	a	a	✓	✓	✓	✓
49	Vishnu Satheesan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



  
 Head, Department of Management Studies  
 Mar Athanasios College for Advanced Studies  
 (MACFAST)  
 Tiruvalla - 689 101  
 Kerala, India



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
DEPARTMENT OF MANAGEMENT STUDIES

LIFE SKILL TRAINING AND FOUNDATION COURSE SCHEDULE FOR BATCH 2016-18 FROM 30th June 2016

SL.NO.	NAME OF THE STUDENT	30/6		1/7		4/7		5/7		7/7		8/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
1	Abhijith Babu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
2	Aju Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3	Amal Augustine	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4	Anetta Marin Kurien	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5	Ansu Mary Joji Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
6	Anu Susan Raji	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
7	Aparna	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
8	Arda S Pillai	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
9	Arun Babu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10	Binu Mathew James	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
11	Chinu Marine John	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
12	Chippymol Joy	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
13	Christeena Susan Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
14	Devika M	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
15	Eisy Johnson	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
16	Geseela James	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
17	Goldy Perumal samuel	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
18	Ismitha E.V	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
19	Jas Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
20	Jeena Jose	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
21	Job P Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
22	Josmy Jose	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
23	Justin James	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
24	Lij Philip	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
25	M Krishna Kumar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
26	Manju George	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
27	Megha Babu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

*Red Red*


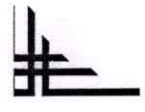


SL NO.	NAME OF THE STUDENT	30/6		1/7		4/7		5/7		7/7		8/7	
		FN	AN	FN	AN	FN	AN	FN	AN	FN	AN	FN	AN
28	Madhun Raj	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
29	Neenu Alen Varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
30	Nethina Mohan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
31	Pallavi Dinesh C P	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
32	Parvath S	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
33	Rajul Krishna G	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
34	Rejo Raj Mathew	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
35	Reshma Kurien	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
36	Reshmi K S	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
37	Rini Sara Thomas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
38	Robn Kurakose	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
39	Ronak Radhakrishnan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
40	Sachin varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
41	Sebastian Philip	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
42	Sheba Mary Abraham	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
43	Shern Susan Jacob	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
44	Shobin T varghese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
45	Shree Ashok	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
46	Shrma John	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
47	Symon Joshua	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
48	Suathi Sathiesan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
49	Tinsu Annu Chacko	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
50	Vineetha Daniel	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
51	Vysek C M	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Handwritten initials and marks below the table, including 'DL', 'DL', 'P', 'P', 'P', 'P', 'P', 'P', 'P', 'P', 'P', 'P', 'P', 'P'.



  
 Head, Department of Management Studies  
 Mar Athanasius College for Advanced Studies  
 (M.A.C.A.S.T.)  
 Truvalla - 686 101  
 Kerala, India



**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
(MACFAST)**



**MACFAST**<sup>TM</sup>  
Igniting wisdom since 2001

**ORIENTATION AND BRIDGE COURSE  
2016-17 to 2020-21**



---

**SCHOOL OF BIOSCIENCES**

**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA (MACFAST)**

**Tiruvalla, Pathanamthitta, Kerala 689 101**

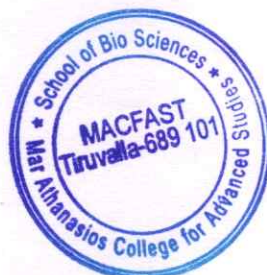


**SCHOOL OF BIOSCIENCES**

**ORIENTATION AND BRIDGE COURSE REPORT (2020-2022 BATCH)**

Orientation and Bridge course of 2020-2022 batch biosciences was conducted from 4<sup>th</sup> to 8<sup>th</sup> January 2020. 51 students were enrolled in the programme. The programme was inaugurated by Fr. Dr. Cherian J Kottayil, Principal, MACFAST Tiruvalla. Lecture sessions were handled by faculty members of the college as well as subject experts from reputed research institutions. The programme was coordinated by Dr. Blessan Santhosh George & Mr. Stephen James. The major sessions taken are listed below:

- Information Technology & daily life
- Yoga and meditation -yes plus life skill training programme
- Guidance to Research & Competitive examination
- Introduction to communication
- Skills needed for beginners
- MACFAST Industry interaction
- Placement training
- General introduction to library
- Applications of Mathematics in Science
- General introduction to MACFAST Radio



Head, School of Bio Sciences  
Mar Athanasios College for Advanced Studies  
(MACFAST)  
Tiruvalla-689 101  
Kerala, India



**TIME TABLE FOR ORIENTATION AND BRIDGE COURSE**

**SCHOOL OF BIOSCIENCES, 2020-2022 Batch**

**Duration: 04/01/2020-08/01/2020**

**Faculty Co-ordinators: Dr.Blessan Santhosh George**

**Mr.Stephen James**

	<b>8:45 AM-9:30 AM</b>	<b>9:45 AM- 10:45 AM</b>	<b>11:00 AM-12:00 PM</b>	<b>12:15 PM - 1:15 PM</b>
Jan 4, Monday	Mr. Thomas Mathew, HOD, IT Dept, MACFAST	Dr. Nishad P M Associate Professor, DCA, MACFAST	Mr. Radhakrishnan Kuttoor, Station Director, RADIO MACFAST	Dr. Jeemon Joseph, Director, DMS, MACFAST
Jan 5, Tuesday	Mr. Tom K Thomas, Asst Coordinator, MICS, MACFAST	Dr. Sibu Simon, Faculty member, School of Biosciences, MACFAST	Dr. Sudeep Chandramana, HOD, DMS, MACFAST	Ms. Sini Kurien, Asst. Professor, School of Biosciences, MACFAST
Jan 6, Wednesday	Sr. Licy K Thomas OSS, Chief Librarian, MACFAST	Dr. M S Samuel Director & Professor, DCA, MACFAST	Ms. Anjali Thomas, Asst Professor, School of Biosciences, MACFAST	Dr. Cibin T Raghavan, Asst Professor, Dept. of Biochemistry, SCTIMST, Trivandrum  (2:00 PM - 3:30 PM)
Jan 7, Thursday	Ms. Sreechithra TV, Asst Professor, School of Biosciences	Dr. Anoop Kumar T. Scientist 'G'  SCTIMST, Trivandrum	Dr. Treesa Varghese, Asst Professor, School of Biosciences, MACFAST	Mr. Nithin James, Placement Officer, MACFAST
Jan 8, Friday	Mr. Ajay Kurien, Asst. Coordinator, IQAC, MACFAST	Dr. Vijayamohan V P, Associate professor, DBA, MACFAST	Prof. Varghese Abraham, Administrator, MACFAST	Ms. Tintu Joseph, Department of Communications, MACFAST



*[Handwritten signature]*

*[Handwritten signature]*  
Head, School of Bio Sciences  
Mar Athanasios College for Advanced Studies  
(MACFAST)  
Thiruvalla-689 101  
Kerala, India

**Zoom link to student orientation program**

**From Jan 4<sup>th</sup> - Jan 8<sup>th</sup> 2020**

Session 1	8:30 AM - 9:30 AM	<a href="https://zoom.us/j/98004515863?pwd=TzBEQ3hPNEEwWS8xbFBpRVFXMG14UT09">https://zoom.us/j/98004515863?pwd=TzBEQ3hPNEEwWS8xbFBpRVFXMG14UT09</a>  Meeting ID: 980 0451 5863  Passcode: SOPW2S1
Session 2	9:45 AM - 10:45 AM	<a href="https://zoom.us/j/91301561351?pwd=SEYya01XRmpYQW9mUHRsb3dncUJvUT09">https://zoom.us/j/91301561351?pwd=SEYya01XRmpYQW9mUHRsb3dncUJvUT09</a>  Meeting ID: 913 0156 1351  Passcode: SOPW2S2
Session 3	11:00 AM - 12:00 PM	<a href="https://zoom.us/j/95359222501?pwd=M3lBUHdXTk1zSkRia3RNZE5uRTJlLdz09">https://zoom.us/j/95359222501?pwd=M3lBUHdXTk1zSkRia3RNZE5uRTJlLdz09</a>  Meeting ID: 953 5922 2501  Passcode: SOPW2S3
Session 4	12:15 PM - 1:15 PM	<a href="https://zoom.us/j/95995736250?pwd=YXBXRkFJbTMxc0JOWEs3V0Vkd0hKUT09">https://zoom.us/j/95995736250?pwd=YXBXRkFJbTMxc0JOWEs3V0Vkd0hKUT09</a>  Meeting ID: 959 9573 6250  Passcode: SOPW2S4




**Relevant Clips**

**Critical Questions of  
Research During a  
Pandemic**

**Dr. Anoop Kumar T**  
Scientist 'G'  
SCTIMST, Trivandrum

**January 7, 2021  
10 AM to 11.30 AM**

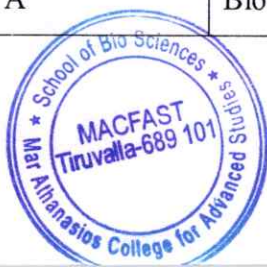
**Join Zoom Meeting**  
Meeting ID: 294 464 9601  
Passcode: SOP6JS2

 Jenny Jacob 8075567847 jenny@macfast.org Stephen James 9746835363 stephen@macfast.org Blessan S George 7025403827 blessan@macfast.org		
---	--	--



**Students list of participation in orientation cum Bridge course (2020-2022)**

Sl.No.	Name	Batch	Signature				
			04/01/ 2020	05/01/ 2020	06/01/ 2020	07/01/ 2020	08/01/ 2020
1	Abhijith Sudhan	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
2	Ajay S.S	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
3	Akhil A	Food Technology And Quality Assurance	✓	✓	-A-	✓	✓
4	Alan Kuriakose	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
5	Alphonsa Thomas	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
6	Ananthu R	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
7	Anju M.R	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
8	Anju S. Nair	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
9	Akash M. Dev	Biochemistry	✓	✓	✓	✓	✓
10	Ebin Siby	Bioinformatics	✓	✓	✓	✓	✓
11	Haritha B	Bioinformatics	✓	✓	✓	✓	✓
12	Jojo Joseph	Bioinformatics	✓	✓	✓	✓	✓
13	Malavika	Bioinformatics	✓	✓	✓	✓	✓
14	Anju Maria George	Biochemistry	✓	✓	✓	-A-	✓
15	Lisa Sherlin Ninan	Plant Biotechnology	✓	✓	✓	✓	✓
16	Reeba Rachel Simon	Bioinformatics	✓	✓	✓	✓	✓
17	Mahipriya O	Plant Biotechnology	✓	✓	✓	✓	✓
18	Ajini A	Biotechnology	✓	✓	✓	✓	✓



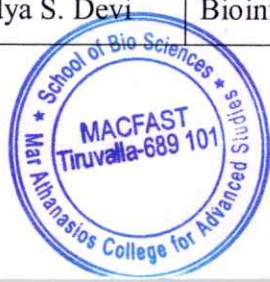


**MACFAST**<sup>TM</sup>

Igniting wisdom since 2001

**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101**

19	Aksa Alex	Biotechnology	✓	✓	✓	✓	✓
20	Aleesha Ahammed	Biotechnology	✓	✓	✓	✓	✓
21	Anjana M	Biotechnology	✓	✓	✓	✓	✓
22	Asha S	Biotechnology	✓	✓	✓	✓	✓
23	Chippy B	Biotechnology	✓	✓	✓	✓	✓
24	Anagha S. Kumar	Biochemistry	✓	✓	✓	✓	✓
25	Sreevidya S. Devi	Bioinformatics	✓	✓	✓	✓	✓
26	Anjana J.S	Biochemistry	✓	✓	✓	✓	✓
27	Anusree P	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
28	Cerene Raju	Food Technology And Quality Assurance	-A-	✓	✓	✓	✓
29	Christeena Varghese	Food Technology And Quality Assurance	✓	✓	✓	-A-	✓
30	Febin Fathima	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
31	Fereen K.A	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
32	Gayathri Chandran	Food Technology And Quality Assurance	✓	✓	-A-	✓	✓
33	Stalin Dany Shaji	Bioinformatics	✓	✓	✓	✓	✓
34	Chandhini	Plant Biotechnology	✓	✓	✓	✓	✓
35	Geethu Mol P. Joseph	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
36	Hannah Daniel Kunju	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
37	Sreelakshmi M	Plant Biotechnology	✓	✓	✓	✓	✓
38	Sruthi Sreekumar	Plant Biotechnology	✓	✓	✓	✓	✓
39	Jesly Joy	Biotechnology	✓	✓	✓	✓	-A-
40	Varsha K.P	Plant Biotechnology	-A-	✓	✓	✓	✓
41	Finas Anzar	Biotechnology	✓	✓	✓	✓	✓
42	Sreevidya S. Devi	Bioinformatics	✓	✓	✓	✓	✓





**MACFAST**<sup>TM</sup>

Igniting wisdom since 2001

**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)**

**Thiruvalla - 689101**

43	Anet P. Kurian	Biochemistry	✓	✓	✓	✓	✓
44	Harikrishnan S	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
45	Keerthana Gopal	Food Technology And Quality Assurance	✓	✓	✓	-A-	✓
46	Reeba Rachel Simon	Bioinformatics	✓	✓	✓	✓	✓
47	Lawra P George	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
48	Laskshmi M Nair	Food Technology And Quality Assurance	✓	✓	✓	✓	✓
49	Anagha P.M	Phytomedical Science And Technology	✓	-A-	✓	✓	✓
50	Anu Balakrishnan	Phytomedical Science And Technology	-A-	✓	✓	✓	✓
51	Geethu K.A	Bionanotechnology	✓	✓	✓	✓	✓



Head, School of Bio Sciences  
Mar Athanasios College for Advanced Studies  
(MACFAST)  
Tiruvalla-689 101  
Kerala, India



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101

**SCHOOL OF BIOSCIENCES**

**ORIENTATION AND BRIDGE COURSE REPORT (2019-2021 BATCH)**

Bridge and orientation course of 2019-2021 batch biosciences commenced on 24<sup>th</sup> to 27<sup>th</sup> June 2019. 47 students were enrolled in the programme. The programme was inaugurated by Fr. Dr. Cherian J Kottayil, Principal, MACFAST Tiruvalla. Faculty members from the college as well as subject experts from reputable research institutions gave the lectures. The programme was coordinated by Mr. Ebin Philip Thompson & Ms. Ann Mary C Simon. The major sessions taken are listed below:

**OBJECTIVES OF THE PROGRAM**

- To familiarize the students with the college norms, rules and policies.
- To develop communication skills
- To give insights to the students about the placement facilities
- To acquaint students with the code of conduct, discipline, and approach required from a post graduate student
- To bridge the gap in the basic concepts of subjects like Physics, Chemistry, Biology, and Computer.
- To improve the soft skills of students, which eventually help in building up their careers.

**The major sessions taken are listed below:**

- Yoga and meditation -yes plus life skill training programme
- Introduction to communication and skill development
- 'Applications of Physics and Mathematics in Biology'
- 'Applications of Chemistry in Life Sciences'
- Technical writing
- Research & Competitive Examination guidance



Head, School of Bio Sciences  
Mar Athanasios College for Advanced Studies  
(MACFAST)  
Tiruvalla-689 101  
Kerala, India



**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101**

**TIME TABLE FOR ORIENTATION AND BRIDGE COURSE**

**SCHOOL OF BIOSCIENCES, 2019-2021 Batch**

Orientation Course: 24/06/2019-27/06/2019

Faculty Co-ordinators: Mr.Ebin PhilipThompson & Ms. Ann Mary C Simon

Date	8.30am- 8.55am	9.00am- 9.55am	10.00am - 10.55am	11.10am- 12.05pm	12.10pm- 1.05pm	1.05pm- 1.50 pm	1.50pm- 2.45pm	2.50pm- 3.45pm	3.50pm- 4.45pm
24/06/2019	News Analysis	Rev. Fr. Dr.Cherian J Kottayil	Dr. Vijaymohan ( Life Skills)		B R E A K	Prof.VPN Nampoori 'Applications of Physics and Mathematics in Biology'			
25/06/2019	News Analysis	Dr.Sudeep Chandramana (Yoga-Life skill programme)		Administrative session  (Prof.Varghese Abraham)		Prof.S Shivadas 'Applications of Chemisry in Life Sciences'			
26/06/2019	News Analysis	Placement Mr.Nithin James (Placement Officer)	General Information about Library) Sr. Licy			Communic ation & Skill developm ent (Ms.Tintu mol)	IT Section Mr.Roshin		
27/06/2019	News Analysis	Introduction to Data Mining Mr. Tiji Thomas, Associate Professor & Head, Department of Computer Applications	Research & CompetitiveExamination (Mr.Biju Dharmapalan)			Prof.Vijayakumar 'Technical writing'			

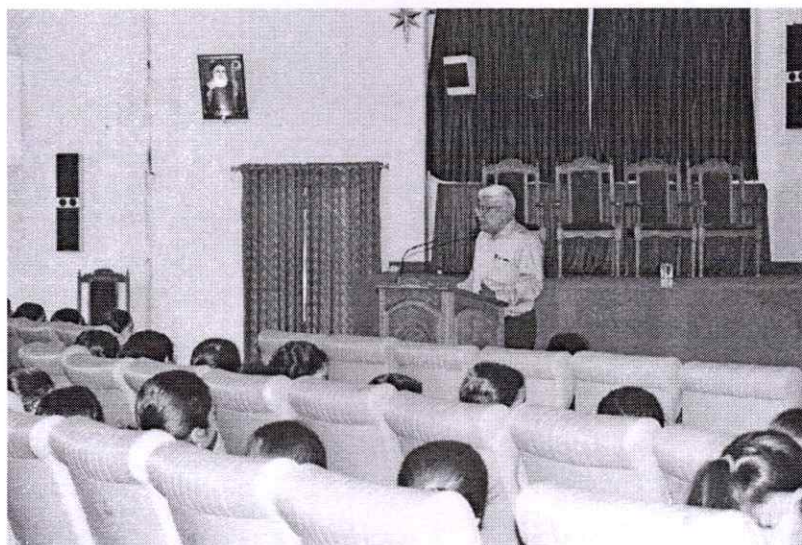
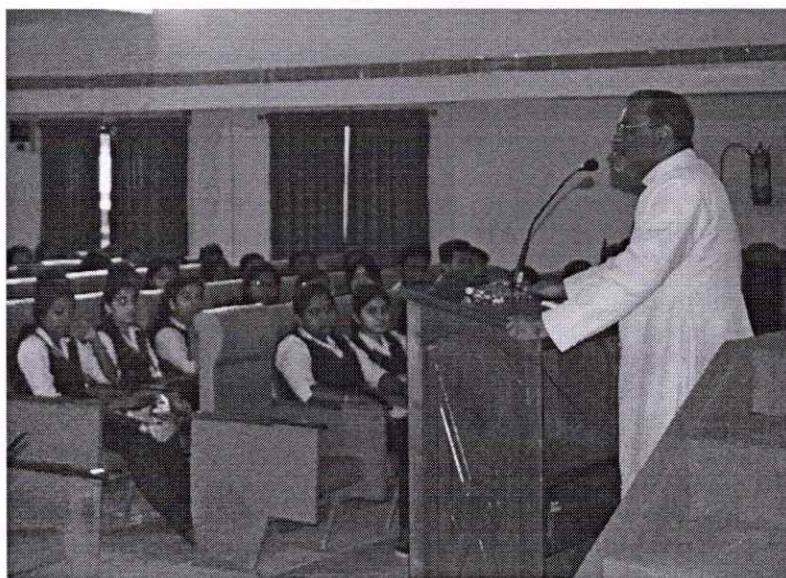






MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101

RELEVANT CLIPS





MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)

Thiruvalla - 689101

Students list of participation in Foundation cum Bridge course

Sl.No:	Name	Batch	Signature			
			24/06/ 2019	25/06/ 2019	26/05/ 2019	27/06/ 2019
1	Riya Elza Philip	Food Technology And Quality Assurance	Riya	Riya	Riya	Riya
2	Anns K Francis	Food Technology And Quality Assurance	Anns	Anns	Anns	Anns
3	Christy Johnson	Food Technology And Quality Assurance	Christy	Christy	Christy	Christy
4	Revathy Padmakumar	Food Technology And Quality Assurance	Revathy	Revathy	Revathy	Revathy
5	Sandra S P	Food Technology And Quality Assurance	Sandra	Absent	Sandra	Sandra
6	Devadas M P	Food Technology And Quality Assurance	Dev	Dev	Dev	Dev
7	Vishnu S Kumar	Food Technology And Quality Assurance	Vishnu	Vishnu	Vishnu	Vishnu
8	Reni Chacko	Food Technology And Quality Assurance	Reni	Reni	Reni	Reni
9	Anulekshmi S	Biochemistry	Anulekshmi	Anulekshmi	Anulekshmi	Anulekshmi
10	Anjana Viswanadh	Bioinformatics	Anjana	Anjana	Anjana	Anjana
11	Jeny Merin Jose	Bioinformatics	Jeny	Jeny	Jeny	Jeny
12	Meenu Madhu	Bioinformatics	Meenu	Meenu	Meenu	Meenu
13	Divya Sara Varghese	Bioinformatics	Divya	Divya	Divya	Divya
14	Sofomy K S	Biochemistry	Salomy	Salomy	Salomy	Salomy
15	Aleena Johnson	Plant Biotechnology	Aleena	Aleena	Aleena	Aleena
16	Margaret K Samuel	Bioinformatics	Margaret	Absent	Margaret	Margaret
17	Rahmath Khadiri	Plant Biotechnology	Rahmath	Rahmath	Rahmath	Rahmath
18	Devika Pradeep	Biotechnology	Devika	Devika	Devika	Devika
19	Parvathi Suresh	Biotechnology	Parvathi	Parvathi	Parvathi	Parvathi
20	Sruthi M	Biotechnology	Sruthi	Sruthi	Sruthi	Sruthi
21	Anjali T	Biotechnology	Anjali	Anjali	Anjali	Anjali
22	Bini San George	Biotechnology	Bini	Bini	Bini	Bini
23	Chitra K K	Food Technology And Quality Assurance	Chitra	Chitra	Chitra	Chitra
24	Anjali Murali	Biochemistry	Absent	Anjali	Anjali	Anjali
25	Anzia Azeez	Bioinformatics	Anzia	Anzia	Anzia	Absent
26	Anjana S	Biochemistry	Anjana	Anjana	Anjana	Anjana





MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)

Thiruvalla - 689101

27	Anju Maria Jose	Food Technology And Quality Assurance	<del>Anju Maria</del>	<del>Anju Maria</del>	<del>Anju Maria</del>	<del>Anju Maria</del>
27	Gopika S	Food Technology And Quality Assurance	Gopika	Gopika	Gopika	Gopika
28	Abhiram S	Food Technology And Quality Assurance	Abhi	Abhi	Abhi	Abhi
29	Nidal Ibrahim	Food Technology And Quality Assurance	Nidal	Nidal	Nidal	Nidal
30	Chinju Lidya	Food Technology And Quality Assurance	Chinju	Chinju	Chinju	Chinju
31	Ganga S	Food Technology And Quality Assurance	Ganga	Ganga	Ganga	Ganga
32	Theresa George	Bioinformatics	<del>Th</del>	<del>Th</del>	<del>Th</del>	<del>Th</del>
33	Anju Alexander	Plant Biotechnology	Anj	Anj	Anj	Anj
34	Athira P	Food Technology And Quality Assurance	<del>Athira</del>	<del>Athira</del>	<del>Athira</del>	<del>Athira</del>
35	Chinju Shaji	Food Technology And Quality Assurance	Absent	Chinju	Chinju	Chinju
36	Akshaya P T	Plant Biotechnology	AK	AK	AK	AK
37	Aleena M Jose	Plant Biotechnology	Aleena	Aleena	Aleena	Aleena
38	Abhiya Ann Mathew	Biotechnology	Abhiga	Abhiga	Absent	Abhiga
39	Susan Issac	Plant Biotechnology	Susan	Susan	Susan	Susan
40	Aparna Tom	Biotechnology	Aparna	Aparna	Aparna	Aparna
41	Bridget Jose	Bioinformatics	B	B	B	B
42	Velgin Raj	Food Technology And Quality Assurance	Velg	Velg	Velg	Velg
43	Grevin S Kurien	Food Technology And Quality Assurance	Greer	Greer	Greer	Greer
44	Thrideep T Nair	Food Technology And Quality Assurance	Thrid	Absent	Thrid	Absent
45	Sonet D Thomas	Bioinformatics	Sonet	Absent	Sonet	Sonet
46	Joyet Thomas	Food Technology And Quality Assurance	Loyal	Loyal	Loyal	Loyal
47	Ryne Pereira	Food Technology And Quality Assurance	Ryn	Ryn	Ryn	Absent





**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101**

**SCHOOL OF BIOSCIENCES**

**ORIENTATION AND BRIDGE COURSE REPORT (2018-2020 BATCH)**

Bridge and orientation course of 2018-2020 batch biosciences commenced on 8<sup>th</sup> to 9<sup>th</sup> August 2018. 44 students were enrolled in the programme. The programme was inaugurated by Fr. Dr. Cherian J Kottayil, Principal, MACFAST Tiruvalla. Faculty members from the college as well as subject experts from reputable research institutions gave the lectures. The programme was coordinated by Ms. Beena Cherian & Ms. Samitha Sara Abraham.

**OBJECTIVES OF THE PROGRAM**

- To familiarize the students with the college norms, rules and policies.
- To develop communication skills
- To give insights to the students about the placement facilities
- To acquaint students with the code of conduct, discipline, and approach required from a post graduate student
- To bridge the gap between graduation and post graduation level.
- To improve the soft skills of students, which eventually help in building up their careers.

**The major sessions taken are listed below:**

- Yoga and meditation -Life skill training programme
- Introduction to communication and skill development
- Research practice guidelines
- Technical writing
- Interdisciplinary aspects in science
- Placement opportunities



*Chy*  
Head, School of Bio Sciences  
Mar Athanasios College for Advanced Studies  
(MACFAST)  
Tiruvalla-689 101  
Kerala, India



**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101**

**TIME TABLE FOR ORIENTATION AND BRIDGE COURSE,**

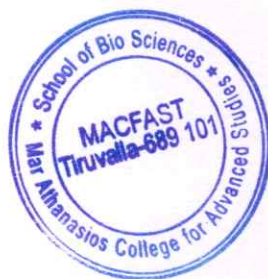
**SCHOOL OF BIOSCIENCES, 2018-2020 Batch**

**Duration: 08/08/2018-09/08/2018**

**Faculty Co-ordinators: Ms.Beena Cherian**

**Ms.Samitha Sara Abraham**

08/08/2018	9.00-11.00 am	About the college	Fr. Dr.Cherian J Kottayil Principal, MACFAST
	11.10-1.10 pm	Research Practice Guidelines	Dr.R P Singh Scientist CFTRI HR
	1.50 -3.30 pm	Interdisciplinary aspects in science	Mr.Biju Dharmapalan (HOD)
	3.40-4.45 pm	Communication and skill development	Ms. Tintumol P Joseph (Communication Dept)
09/08/2018	9.00-11.00 am	Yoga-Life skill programme	Dr.Sudeep Chandramana
	11.10-1.10 pm	Technical writing	Prof.Vijayakumar
	1.50 -3.30 pm	Introduction to Biosciences	Ms.Beena Cherian (Dean of Bioscience)
	3.40-4.45 pm	Placement opportunities	Mr.Nithin James (Placement officer)



  
Head, School of Bio Sciences  
Mar Athanasios College for Advanced Studies  
(MACFAST)  
Thiruvalla-689 101  
Kerala, India



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101

## RELEVANT CLIPS





**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101**

**Students list of participation in Foundation cum Bridge course**

Sl.No:	Name	Batch	Signature	
			08/08/2018	09/08/2018
1	Abhijith R S	Food Technology And Quality Assurance		
2	Aishwarya S	Food Technology And Quality Assurance		
3	Ajith PA	Food Technology And Quality Assurance		
4	Ajmal Kallar Moidu	Food Technology And Quality Assurance		
5	Akshaya C	Food Technology And Quality Assurance		
6	Aleena Sara Mathew	Food Technology And Quality Assurance		
7	Anjali R	Food Technology And Quality Assurance	Absent	
8	Anju Mariam Sebastian	Food Technology And Quality Assurance		
9	Acsah Varghese	Biochemistry		
10	Ajo J	Biochemistry		
11	Arya S Kumar	Biochemistry	Absent	
12	Asheena Banu J	Biochemistry		
13	Aswani Lal	Biochemistry	Absent	Absent
14	Amal Joseph Varghese	Bioinformatics		
15	Anjaly S Krishnan	Plant Biotechnology		Absent
16	Anjana J	Bioinformatics		
17	Akhil R Chandran	Plant Biotechnology		
18	Ancy Alfred	Biotechnology		
19	Anzila Asharaf	Biotechnology		
20	Athira R Thankam	Biotechnology		
21	Jenie Mary Varghese	Biotechnology	Absent	
22	Pheba Ann Varghese	Biotechnology		
23	Anooja Anilkumar	Food Technology And Quality Assurance		
24	Fidamol K S	Biochemistry		
25	Anisha Anto	Bioinformatics		
26	Haritha K	Biochemistry	Absent	
27	Athira S	Food Technology And Quality Assurance		





MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101

28	Gokul Shaji	Food Technology And Quality Assurance	<i>Gokul</i>	Absent
29	Gopika S Pillai	Food Technology And Quality Assurance	Absent	Absent
30	Harikrishna	Food Technology And Quality Assurance	<i>Hg</i>	<i>Hg</i>
31	Jency Rajan	Food Technology And Quality Assurance	<i>Jency</i>	<i>Jency</i>
32	Jerin V George	Food Technology And Quality Assurance	<i>Jerin</i>	<i>Jerin</i>
33	Anooja P	Bioinformatics	<i>Anooja</i>	<i>Anooja</i>
34	Aneesha Susan Alex	Plant Biotechnology	<i>Aneesha</i>	<i>Aneesha</i>
35	Athira C K	Plant Biotechnology	<i>Athira</i>	<i>Athira</i>
36	Chithra A M	Plant Biotechnology	Absent	
37	Amala Antony	Biotechnology	<i>Amala</i>	<i>Amala</i>
38	Ganga Jayakumar	Plant Biotechnology	<i>Ganga</i>	<i>Ganga</i>
39	Abhirami S	Biotechnology	<i>Abhirami</i>	<i>Abhirami</i>
40	Nibil Paul Varghese	Bioinformatics	<i>Nibil</i>	<i>Nibil</i>
41	Jestin James	Food Technology And Quality Assurance	<i>Jestin</i>	<i>Jestin</i>
42	Jobin S	Food Technology And Quality Assurance	<i>Jobin</i>	<i>Jobin</i>
43	Joel Tom Jose	Food Technology And Quality Assurance	<i>Joel</i>	<i>Joel</i>
44	Parvathy Sreekumar	Bioinformatics	<i>Parvathy</i>	Absent







**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101**

**SCHOOL OF BIOSCIENCES**

**ORIENTATION AND BRIDGE COURSE REPORT (2017-2019 BATCH)**

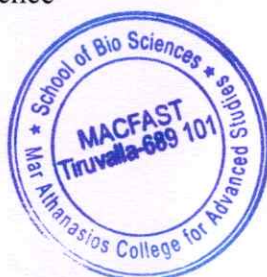
Bridge and orientation course of 2017-2019 batch biosciences commenced on 25<sup>th</sup> to 28<sup>th</sup> September 2017. 45 students were enrolled in the programme. The programme was inaugurated by Fr. Pradeep Vazhatharamalayil, Principal, MACFAST Tiruvalla. The lectures were given by college faculty as well as subject experts from reputable research institutions. The programme was coordinated by Ms. Shery M Varghese, Ms. Pinchu Elizabeth Thomas and Ms. Gipthi Mohan.


**OBJECTIVES OF THE PROGRAM**

- To familiarize the students with the college norms, rules and policies.
- To develop communication skills
- To give insights to the students about the placement facilities
- To acquaint students with the code of conduct, discipline, and approach required from a post graduate student
- To bridge the gap in the basic concepts of subjects like Physics, Chemistry and Biology,
- To improve the soft skills of students, which eventually help in building up their careers.

**The major sessions taken are listed below:**

- Yoga and meditation -Life skill training programme
- Introduction to communication and skill development
- Research practice guidelines
- Technical writing
- Interdisciplinary aspects in science
- Placement opportunities



  
Head, School of Bio Sciences  
Mar Athanasios College for Advanced Studies  
(MACFAST)  
Thiruvalla-689 101  
Kerala, India



**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101**

**TIME TABLE FOR ORIENTATION AND BRIDGE COURSE,  
SCHOOL OF BIOSCIENCES, 2017-2019 Batch**

Orientation Course: 25/09/2017-28/09/2017

Faculty Co-ordinators: Ms. Shery M Varghese

Ms. Pinchu Elizabeth Thomas

Ms. Gipthi Mohan

Date	8.30-8.55am	9.00-9.55am	10.00-10.55am	11.10-12.05pm	12.10- 1.05pm	1.05-1.50pm	1.50-2.45 pm	2.50-3.45 pm	3.50-4.45 pm	
5/09/2017	News Analysis	Rev. Fr. Pradeep Vazhatharamalayil	Dr. Vijaymohan (Basic Needs of Life)		B R E A K		Communication skill (Ms.Lakshmi)			
26/09/2017	News Analysis	Dr.Sudeep Chandramana (Yoga-Life skill programme)		Administrative session (Prof.Varghese Abraham)			Icebreaking (Ms. Lakshmi & Ms. Nikhila)			
27/09/2017	News Analysis	Placement Mr.Nithin James (Placement Officer)	General Information about Library) Sr. Licy				Systematic English (Ms. Tintumul P Joseph)		IT Section Mr.Thomas Mathew	
28/09/2017	News Analysis	Computer & Science (Mr.Terry Jacob)	Research & CompetitiveExamination (Mr.Biju Dharmapalan)				Bioscience Lab Introduction(Ms. Gipthi Mohan)			

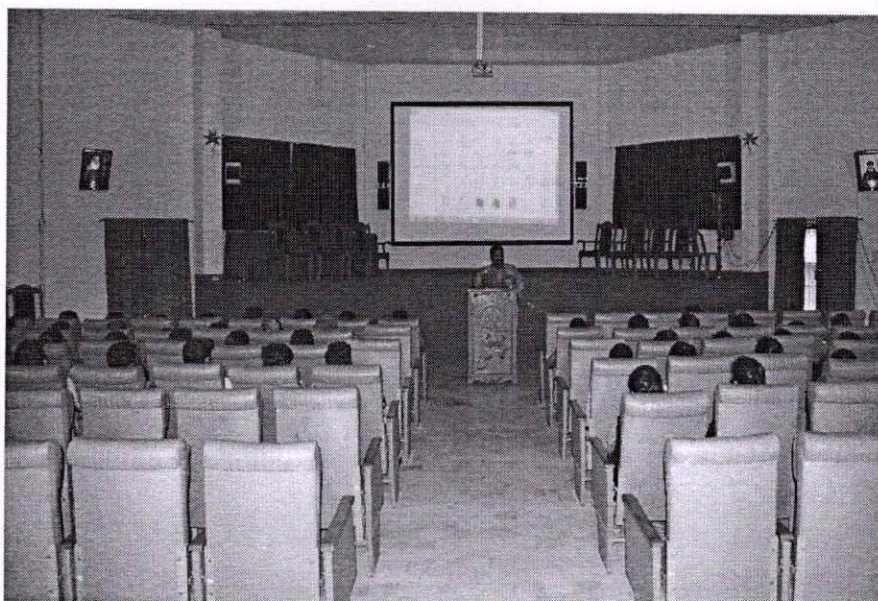
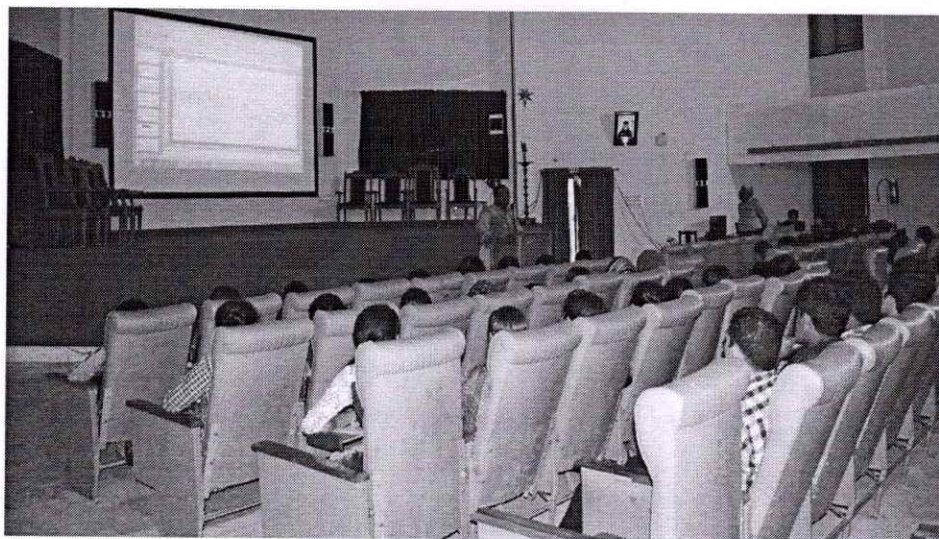


  
 Head, School of Bio Sciences  
 Mar Athanasios College for Advanced Studies  
 (MACFAST)  
 Tiruvalla-689 101  
 Kerala, India



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101

### RELEVANT CLIPS





**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
(MACFAST)  
Thiruvalla - 689101**

**Students list of participation in Foundation cum Bridge course**

**List of students participated 2017-2019**

Sl.No:	Name	Batch	Signature			
			25/09/2017	26/09/2017	27/09/2017	28/09/2017
1	ABHIJITH A	Food Technology and Quality Assurance	<i>Abhijith</i>	<i>Abhijith</i>	<i>Abhijith</i>	<i>Abhijith</i>
2	ABIN GEORGE	Food Technology and Quality Assurance	<i>A.S</i>	<i>A.S.</i>	<i>As.</i>	<i>As.</i>
3	ANIL T LUKE	Food Technology and Quality Assurance	<i>Absent</i>	<i>Absent</i>	<i>Anil</i>	<i>Anil</i>
4	ARYA C MITRA	Food Technology and Quality Assurance	<i>Absent</i>	<i>Aryamitra</i>	<i>Absent</i>	<i>Aryamitra</i>
5	ARYAMA KRISHNA	Food Technology and Quality Assurance	<i>Aryama R.</i>	<i>Aryamada</i>	<i>Aryama R.</i>	<i>Aryama R.</i>
6	ATHIRA RAJAN	Food Technology and Quality Assurance	<i>Athira</i>	<i>Athira</i>	<i>Athira</i>	<i>Athira</i>
7	AYANA ASHOK	Food Technology and Quality Assurance	<i>Ayana</i>	<i>Ayana</i>	<i>Ayana</i>	<i>Ayana</i>
8	CHIPPY MATHEW	Food Technology and Quality Assurance	<i>Absent</i>	<i>Chippy</i>	<i>chippy</i>	<i>Chippy</i>
9	ABHISHEK. A	Biochemistry	<i>Abhishek</i>	<i>Abhishek</i>	<i>Abhishek</i>	<i>Abhishek</i>
10	AKSHAY B .CHANDRAN	Biochemistry	<i>Akshay</i>	<i>Absent</i>	<i>Akshay</i>	<i>Akshay</i>
11	AKSHAYA S S	Biochemistry	<i>Ashma</i>	<i>Ashma</i>	<i>Ashma</i>	<i>Ashma</i>
12	ANEESHA S KUMAR	Biochemistry	<i>Aneasha</i>	<i>Aneasha</i>	<i>Aneasha</i>	<i>Aneasha</i>
13	ANJALI PRAKASH	Biochemistry	<i>Anjali</i>	<i>Anjali</i>	<i>Anjali</i>	<i>Anjali</i>
14	SIVA CHANTHNU R K	Bioinformatics	<i>Absent</i>	<i>Absent</i>	<i>Absent</i>	<i>Absent</i>
15	AJMI S	Plant Biotechnology	<i>Ajmi</i>	<i>Absent</i>	<i>Ajmi</i>	<i>Ajmi</i>
16	RESHMA R	Bioinformatics	<i>Reshma</i>	<i>Reshma</i>	<i>Reshma</i>	<i>Reshma</i>
17	APPUS MV	Plant Biotechnology	<i>Appu</i>	<i>Appu</i>	<i>Appu</i>	<i>Appu</i>
18	ANUPAMA I	Biotechnology	<i>Anupama</i>	<i>Anupama</i>	<i>Anupama</i>	<i>Anupama</i>
19	ASHIFA N	Biotechnology	<i>Ashifa</i>	<i>Ashifa</i>	<i>Ashifa</i>	<i>Ashifa</i>
20	CHANDINI THANKACHAN	Biotechnology	<i>Chandini</i>	<i>Chandini</i>		<i>Chandini</i>
21	DURGA VENUGOPAL	Biotechnology	<i>Absent</i>	<i>Durga</i>	<i>Durga</i>	<i>Durga</i>
22	RINEESH MILTON	Biotechnology	<i>Rineesh</i>	<i>Absent</i>	<i>Rineesh</i>	<i>Rineesh</i>
23	CHRISTEENA SIBY	Food Technology and Quality Assurance	<i>Christeena</i>	<i>Christeena</i>	<i>Christeena</i>	<i>Christeena</i>
24	JEEBA S BABU	Biochemistry	<i>Jeeba</i>	<i>Jeeba</i>	<i>Jeeba</i>	<i>Jeeba</i>
25	NEELIMA S NAIR	Bioinformatics	<i>Neelima</i>	<i>Neelima</i>	<i>Neelima</i>	<i>Neelima</i>
26	RAHUL KRISHNAN	Biochemistry	<i>Rahul</i>	<i>Rahul</i>	<i>Rahul</i>	<i>Rahul</i>
27	FATHIMA RAHIM S R	Food Technology and Quality Assurance	<i>Fathima</i>	<i>Absent</i>	<i>Fathima</i>	<i>Fathima</i>





**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA**  
**(MACFAST)**  
**Thiruvalla - 689101**

27	GOPIKA RAJ P	Food Technology and Quality Assurance	Gopika	Gopika	Gopika	Gopika
28	KEERTHANA ROOP	Food Technology and Quality Assurance	Keer	Keer	Keer	Keer
29	LITTY ELZA ABRAHAM	Food Technology and Quality Assurance	Lidley	Lidley	Lidley	Lidley
30	MISHEL ELIZABETH	Food Technology and Quality Assurance	Absent	Mishel	Mishel	Mishel
31	RIBU DILSHAD P P	Food Technology and Quality Assurance	Ribu	Ribu	Absent	Ribu
32	LINUS ELIAS JOSE	Bioinformatics	Linus	Linus	Linus	Linus
33	ASWATHY A S	Plant Biotechnology	Absent	Absent	Absent	Absent
36	JINSA SARA KURIAN	Plant Biotechnology	Jinsa	Jinsa	Jinsa	Jinsa
37	JISHA GEORGE THYKKADAVIL	Plant Biotechnology	Absent	Jisha	Jisha	Jisha
38	RINEESH MILTON	Biotechnology	Rineesh	Rineesh	Rineesh	Rineesh
39	KAMALAPRIYA M	Plant Biotechnology	Kamala	Kamala	Kamala	Kamala
40	SREYA ANTONY	Biotechnology	Sreya	Sreya	Sreya	Sreya
41	ATHIRA P ANIL	Bioinformatics	Athira	Athira	Athira	Athira
42	MOHAMMED SAHEED	Food Technology and Quality Assurance	Mohammed	Mohammed	Mohammed	Mohammed
43	RATHEESH G	Food Technology and Quality Assurance	Ratheesh	Absent	Ratheesh	Ratheesh
44	REMINA M SHAJAHAN	Food Technology and Quality Assurance	Remina	Remina	Remina	Remina
45	BENITTA BENNY	Bioinformatics	Ben	Ben	Ben	Absent





**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101**

**SCHOOL OF BIOSCIENCES**

**ORIENTATION AND BRIDGE COURSE REPORT (2016-2018 BATCH)**

**ORIENTATION AND BRIDGE COURSE BIOSCIENCES 2016-2018 BATCH**

Bridge and orientation course of 2016-2018 batch biosciences commenced on 27<sup>th</sup> to 29<sup>th</sup> September 2016. 47 students were enrolled in the programme. The programme was inaugurated by Fr. Pradeep Vazhatharamalayil Principal, MACFAST Tiruvalla. The programme was coordinated by Ms. Treesa Varghese Ms. Sini Kurien.

**OBJECTIVES OF THE PROGRAM**

- To familiarize the students with the college norms, rules and policies.
- To understand the code of conduct, discipline and approach required from a post graduate student
- To improve the soft skills of the students which eventually help in building up their career.
- To train how to improve personality
- To develop communication skill



  
Head, School of Bio Sciences  
Mar Athanasios College for Advanced Studies  
(MACFAST)  
Tiruvalla-689 101  
Kerala, India



**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)  
Thiruvalla - 689101**

**TIME TABLE FOR ORIENTATION AND BRIDGE COURSE  
SCHOOL OF BIOSCIENCES, 2016-2018 Batch**

Orientation Course: 27/09/2016-29/09/2016

Faculty Co-ordinators: Ms.Treesa Varghese  
Ms.Sini Kurien

Date	8.30- 8.55am	9.00- 9.55am	10.00- 10.55am	11.10- 12.05pm	12.10- 1.05pm	1.05- 1.50pm	1.50- 2.45pm	2.50- 3.45pm	3.50-4.45pm
27/09/ 2016	News Analysis	Rev. Fr. Pradeep Vazhatharamalayil		Dr. Vijaymohan Life skills		B R E A K	Introduction to communication & Self introduction (Mr. Joseph Varkey, Ms. Lakshmi & Ms. Nikhila)		
28/09/ 2016	News Analysis	Prof. Saneesh Varghese			Systemat ic English (SE) (Mr. Joseph Varkey)		SE (Mr. Joseph Varkey)	Icebreaking (Ms. Lakshmi & Ms. Nikhila)	
29/09/ 2016	News Analysis	On the spot (Ms. Lakshmi & Ms. Nikhila)		Mr. Sudeep B. Chandramana (yoga)			SE (Mr. Joseph Varkey)	Green Hour (Bioscience Dept)	
30/09/ 2016	News Analysis	Aptitude Test (Ms. Lakshmi & Ms. Nikhila)		SE (Mr. Joseph Varkey)			General Information about Library (Sr.Licy)		



  
 Head, School of Bio Sciences  
 Mar Athanasios College for Advanced Studies  
 (MACFAST)  
 Tiruvalla-689 101  
 Kerala, India

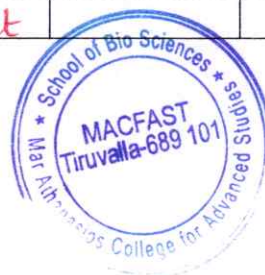


**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
(MACFAST)  
Thiruvalla - 689101**

**Students list of participation in Foundation cum Bridge course**

**List of students participated 2016-2018**

Sl.No:	Name	Batch	Signature		
1	Ansu Mary John	Food Technology and Quality Assurance	27/09/2016 <i>Ansu</i>	28/09/2016 <i>Ansu</i>	29/09/2016 <i>Ansu</i>
2	Arathi Ben	Food Technology and Quality Assurance	<i>Arathi</i>	-	<i>Arathi</i>
3	Archa U L	Food Technology and Quality Assurance	<i>Archa</i>	<i>Archa</i>	<i>Archa</i>
4	Aswin Sanjeev	Food Technology and Quality Assurance	<i>Aswin</i>	<i>Aswin</i>	<i>Aswin</i>
5	Athira Krishnan. R	Food Technology and Quality Assurance	<i>Athira</i>	<i>Athira</i>	<i>Athira</i>
6	Bhagya Vijayan	Food Technology and Quality Assurance	<i>Bh</i>	<i>Bh</i>	<i>Bh</i>
7	Binil Alias	Food Technology and Quality Assurance	<i>Binil</i>	<i>Binil</i>	<i>Binil</i>
8	Boby George	Food Technology and Quality Assurance	<i>Bobby</i>	<i>Bobby</i>	<i>Bobby</i>
9	Anjali S.	Biochemistry	<i>Anjali</i>	<i>Anjali</i>	<i>Anjali</i>
10	Abhijith M. Anandan	Bioinformatics	<i>Abhijith</i>	<i>Abhijith</i>	<i>Abhijith</i>
11	Annu S. George	Bioinformatics	<i>Annu</i>	<b>Absent</b>	<i>Annu</i>
12	Daliya Simon	Bioinformatics	<i>Daliya</i>	<i>Daliya</i>	<i>Daliya</i>
13	Kesiya Joy	Bioinformatics	<b>Absent</b>	<i>Kesiya</i>	<i>Kesiya</i>
14	Reshma Shaji	Biochemistry	<i>Reshma</i>	<i>Reshma</i>	<i>Reshma</i>
15	Ria Elza Varghese	Biochemistry	<i>RE</i>	<i>RE</i>	<i>RE</i>
16	Sonia Philip	Biochemistry	<i>Sonia</i>	<i>Sonia</i>	<i>Sonia</i>
17	Sujila S.P.	Biochemistry	<i>Sujila</i>	<i>Sujila</i>	<i>Sujila</i>
18	Varsha S.S.	Biochemistry	<b>Absent</b>	<i>Varsha</i>	<i>Varsha</i>
19	Vinitha Francis	Biochemistry	<i>Vinitha</i>	<i>Vinitha</i>	<i>Vinitha</i>
20	Litty Thomas	Biotechnology	<i>LT</i>	<i>LT</i>	<b>Absent</b>
21	Maria Joy P.	Biotechnology	<i>Maria</i>	<i>Maria</i>	<i>Maria</i>
22	Elma Susan Reji	Biotechnology	<i>Elma</i>	<i>Elma</i>	<i>Elma</i>
23	Muhammad Jasir M. T. K	Food Technology and Quality Assurance	<i>T.K.DM</i>	<i>T.K.DM</i>	<i>T.K.DM</i>
24	Binsu Bose	Biochemistry	<b>Absent</b>		







MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALA  
(MACFAST)

Thiruvalla - 689101

25	Anju C. Anand	Biochemistry	<u>AS</u>	<u>AS</u>	<u>AS</u>
26	Denna Mary Tom	Food Technology and Quality Assurance	<u>Dnp</u>	<u>Dnp</u>	<u>Dnp</u>
27	Dhanu S. Lakshmi	Food Technology And Quality Assurance	<u>Dnp</u>	<u>Dnp</u>	<u>Absent</u>
28	Priya Elizabeth Francis	Food Technology And Quality Assurance	<u>Priya</u>	<u>Priya</u>	<u>Priya</u>
29	Renu John	Food Technology And Quality Assurance	<u>Rnu</u>	<u>Rnu</u>	<u>Rnu</u>
30	Sera Treesa Mathew	Food Technology And Quality Assurance	<u>Sere</u>	<u>Sere</u>	<u>Sere</u>
31	Sibin Babu	Food Technology And Quality Assurance	<u>Sib</u>	<u>Sib</u>	<u>Sib</u>
32	Samuel Grace Anna Mathai	Bioinformatics	<u>@</u>	<u>@</u>	<u>@</u>
33	Amal Anand	Plant Biotechnology	<u>Amal</u>	<u>Amal</u>	<u>Amal</u>
34	Teena Joseph	Food Technology And Quality Assurance	<u>Teena</u>	<u>Teena</u>	<u>Teena</u>
35	Mercy Jose	Food Technology And Quality Assurance	<u>Mercy Jose</u>	<u>Mercy Jose</u>	<u>Mercy Jose</u>
36	Athira Rajan	Plant Biotechnology	<u>Athira</u>	<u>Athira</u>	<u>Athira</u>
37	Leskshmi S Kumar	Plant Biotechnology	<u>Leskshmi</u>	<u>Leskshmi</u>	<u>Leskshmi</u>
38	Elma Susan Reji	Biotechnology			
39	Parvathy J	Plant Biotechnology	<u>Parvathy J</u>	<u>Parvathy J</u>	<u>Parvathy J</u>
40	Denna Mary Tom	Food Technology And Quality Assurance	<u>Absent</u>	<u>Denna</u>	<u>Denna</u>
41	Gayathri U.	Bioinformatics	<u>Absent</u>		
42	Manija Madhu	Food Technology And Quality Assurance	<u>Absent</u>	<u>Manija</u>	<u>Manija</u>

