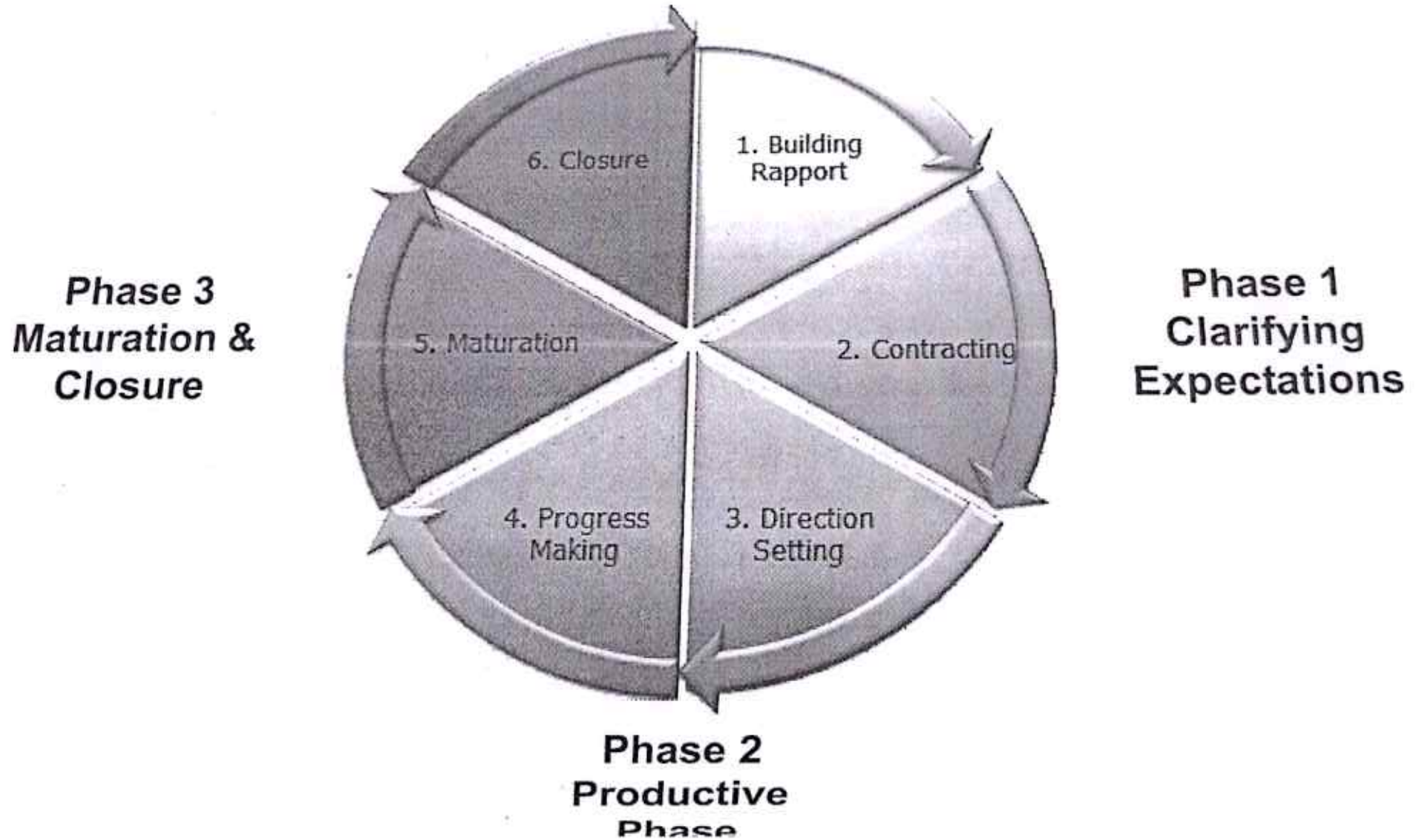


MENTORING CYCLE



What is Mentoring?

- Mentoring is a positive developmental partnership, which is driven primarily by the mentee. It offers a **reflective space** where the mentee can take responsibility for and discuss their development.
- Its primary aim is to **build capability and self-reliance** in the Mentee.
- Mentors can help **highlight issues** and to assist the Mentee in **planning** ways through them.
- They can help **clarify the Mentee's perspective** while bringing an additional **impartial view** to bear on the issues.
- **Confidentiality, trust, understanding and positive expectation** are key to a successful partnership.

STAGE- 1

- Arrange an ICE BREAKING session by any simple activity.
- Introducing ourselves in an informal way, speaking from our experience.
- Collect the complete personal details of the mentees.
- Make discussions on a mutually agreed specific topics by giving a chance for everyone to speak.
- BRAIN STORMING-Through discussion bring out the problems they are having.
- Share our own experience while addressing the students.
- Mentees are encouraged to open up and discuss their difficulties and problems.
- Try to identify and address issues of Introvert and Slient students.

■■ MENTORING DIARY ■■

STAGE -2

- On continued interaction with the students the FACILITATOR can identify the Attitude of the students. Corrective steps are to be taken to make their attitude positive.
- Try to build up self-confidence and self-respect among students.
- Try to build moral values in their lives.
- Inculcate social commitment among them.
- Provide social awareness among them.
- Build them to judiciously discuss the merits and demerits of visual media, mobile phone ect.

Do's and Don'ts of Mentoring

Do's

- Mentor need to be a good friend of the Mentee, should be able to be with them to understand their problems completely.
- Get all relevant and complete information about each mentee.
- Motivate students with talents by helping them identify and nurture their talents.
- In addition to the formal meetings try to arrange informal meetings and personal talks with needy students, for which pre plan time and venue.
- Give equal opportunities for all and be impartial.

Don'ts

- Don't discuss other teachers or their styles in the mentoring sessions.
- Don't compare students.
- Don't press your personal opinions on students.