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**MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA  
MACFAST)  
Thiruvalla - 689101**

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# **MENTORING AND COUNSELLING**





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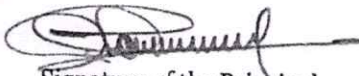
Circular No: 611/2020/M1

Date: 03/09/20

### Circular

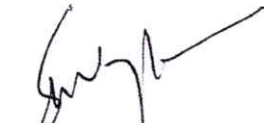
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In case of any discrepancies, immediately bring to the notice of concerned authorities.

  
Signature of the Principal

**Fr. Dr. CHERIAN J KOTTAYIL**  
PRINCIPAL  
Mar Athanasios College for Advanced Studies  
Tiruvalla - 689101, Kerala



  
Signature of HoD

Head, Department of Management Studies  
Mar Athanasios College for Advanced Studies  
(MACFAST)  
Tiruvalla - 689 101  
Kerala, India

**Mar Athanasios College for Advanced Studies Tiruvalla**

Affiliated to MG University and Approved by AICTE

A Minority Institution of the Corporate Educational Agency of the Catholic Archdiocese of Tiruvalla

Tiruvalla, Kerala, India-689101, Tel: 0469 2730300, 2730303. Email: [macfast@macfast.org](mailto:macfast@macfast.org)

[www.macfast.org](http://www.macfast.org)

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Main Campus  
MBA & MCA

Accredited by  
**NAAC 'A' GRADE**  
DSIR Recognized  
NIRF 2020 RANK  
BAND 151-200  
ISO 9001:2015  
Certified Institution

Sl.No	Name of Mentor	Names of the Mentees S1
1	Mr. VARGHESE ABRAHAM	Abhijeet Seraphin Pereira Abhishek T M Achamma N Thangalathil Adarsh Daniel Akash p kumar Akhil Gopakumar Akhil manoj
2	Dr. JEEMON JOSEPH	Akhila Ajayan Alben T mathew Albin Varghese Sunny Aleena Babu Aleena Varughese Alvin Issac Varghese Amal mathew
3	Dr. SUDEEP B CHANDRAMANA	Amrutha Sunil Amrutha V Nair Anandu K Anandu Krishna Anjaleena Soney Ann Maria Joy Anns Maria Thomas
4	Dr. V P VIJAYAMOHAN NAIR	Anusree Rajendran Archana Arjun S Arun Thomas Philip ARYA S Aryakrishna Ashley Shaji
5	Dr. ASHALAKSMI R K	Ashli P Hanna Aswathy D Athira Rachel Varghese Austin Joe Mathew Bibin Baiju Binoy K Baby Blessy Benny
6	Mr. B. PRAMOD KUMAR	Blessy Susan T Christina Shaji Devika Satheesh Nair Dilys Christian Varghese Elias Sebastian Elja Eldho Fathima H



7	Dr. AJAI KRISHNAN G	Feba Jacob Gautham Krishna.B Geethi Dileep Geethu S Geevarghese marks Gokul Satheesh Helen Raju
8	Dr. NEETHU ANN GEORGIE	Jacob Santosh Koshy Jainy Aleyamma Jane Jerin c Thomas Jerry Abraham Johnson Jishy Sebastian Jithin Jose Jojoy Mathew
9	Mr. LIGO KOSHY	Jomin Abraham Joychan Josma Elizabeth Punnoose Justin Abraham Reji Justin k Jose Abraham Justin sam James Karthik C Mouli Krishnapriya R Pillai
10	Mr. ARUN PREM	Krishnapriya Suresh Lekshmi Prakash Leon Varughese Abraham Liji Lalachen Lijo k jose Lijo P Mathew Linnet mary shaji
11	Ms. TINTUMOL P JOSEPH	Marteena Joseph Mathews benny Meera P. D Melvin Thomas Roy Merryn Ann Samuel Mohammed Bilal Mohammed Kabeer Nikhil A Nair
12	Ms. PREETHA G PANICKER	NIKHIL K Nithin Shaji Mathew Nivin Chacko Varghese Nivyaja Vinod Noble James Noel Mariya Kuruvilla Pranav Mohan



13	Ms. JERLY AKKU CHERIAN	Rahul Raj.R Reshma Reghu Rini C R Rini Saju Riswana Ikkal Sagar Satheesh Sania Usman Abraham Shalin
14	Mr. JIBUMON K G	Shan Elsa James Sharon John Biju Sheron Issac George Shikha Mol Shyamjith T S Sibin Oommen Babu Sijo John Mathew Siju. S
15	Ms. JINU MARY VARGHESE	Siva Kumar J Sneha Sara Jacob Somy Sebastian Sona suresh Soniya ps Sreelekshmi.A Sreenath E S Sruthi Chandrasekharan
16	Mr. JEEVAN KUMAR J	Stephy M John Sujith Sunil Mathews Surya S Nair Swetha Ramesh Thanuja Vidhun Mohan M Vipin V Visakh S Kumar



*(Signature)*  
Dr. Sudeep B. Chandramana  
Head of the Department  
Head, Department of Management Studies  
Mar Athanasios College for Advanced Studies  
(MACFAST)  
Tiruvalla - 689 101  
Kerala, India



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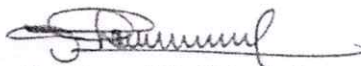
Circular No: 855/2019/M1

Date: 20/08/19

Circular


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Signature of the Principal

**Fr. Dr. CHERIAN J KOTTAYIL**  
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Signature of HoD

Head, Department of Management Studies  
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Circular No: 289/2020/M1

Date: 4/09/20

### Circular

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TIRUVALLA-689 101



Signature of HoD



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M.Sc Bioinformatics, M.Sc Plant Biotechnology  
M.Sc Food Technology & Quality Assurance  
M.Sc Phytomedicine Science & Technology

E-mail  
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MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES  
TIRUVALLA

(MACFAST)

Thiruvalla- 689101

**Mentor allocation for the academic year 2020-21**

MCA 2020-2022 (Sem I)		
SI No	Name of the Student	Mentor
1	Abhijith Krishnan B	DR.M.S.SAMUEL
2	Adarsh Unni	DR.M.S.SAMUEL
3	ADITHYA SANKER	DR.M.S.SAMUEL
4	Aiswarya. v.s	DR.M.S.SAMUEL
5	Ajo K Mathew	DR.M.S.SAMUEL
6	AKSHAIRAJ T	DR.M.S.SAMUEL
7	AKSHAY MOHAN	DR.M.S.SAMUEL
8	Alan Antony	DR.M.S.SAMUEL
9	Alen Joseph	DR.M.S.SAMUEL
10	Alen T Thomas	DR.M.S.SAMUEL
11	ALLEN K ACHANKUNJU	DR.M.S.SAMUEL
12	Alwin Alex	DR.M.S.SAMUEL
13	Amal saleem	MR.TIJI THOMAS
14	ANANDHU C SURESH	MR.TIJI THOMAS
15	Anandhu Krishna R	MR.TIJI THOMAS
16	Ancy Achankunju	MR.TIJI THOMAS
17	Anjali Selvakumar	MR.TIJI THOMAS
18	Anu Ajayan	MR.TIJI THOMAS
19	Anuja V A	MR.TIJI THOMAS





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20	Anumon Jacob	MR.TIJI THOMAS
21	Arathy R Nair	MR.TIJI THOMAS
22	Asha Joseph	MR.TIJI THOMAS
23	ASHFIN MUHAMMAD KK	MR.TIJI THOMAS
24	Ashna Anil	MR.TIJI THOMAS
25	Astile Easow John	MR.ASHOKRAJ.R
26	Aswathy Jaganath	MR.ASHOKRAJ.R
27	Aswini Manoharan	MR.ASHOKRAJ.R
28	Athira Krishna p	MR.ASHOKRAJ.R
29	BINDHYA.B	MR.ASHOKRAJ.R
30	BINUMON JACOB	MR.ASHOKRAJ.R
31	Christeena Varghese	MR.ASHOKRAJ.R
32	Christy Abraham	MR.ASHOKRAJ.R
33	ELBIN JOSEPH	MR.ASHOKRAJ.R
34	Fathima lulu	MR.ASHOKRAJ.R
35	George Abraham	MR.ASHOKRAJ.R
36	GLORY S RAJU	MR.ASHOKRAJ.R
37	Godly Elezabeth George	MR.STEPHEN JAMES
38	Gopu Pradeep	MR.STEPHEN JAMES
39	Gowri S	MR.STEPHEN JAMES
40	Harikrishnan K S	MR.STEPHEN JAMES
41	Haritha B	MR.STEPHEN JAMES
42	Jayakrishnan J	MR.STEPHEN JAMES



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43	Jebin Jacob	MR.STEPHEN JAMES
44	JEFFIN K JOYS	MR.STEPHEN JAMES
45	Jerin M John	MR.STEPHEN JAMES
46	Jestin Joseph J	MR.STEPHEN JAMES
47	Jibin Joy	MR.STEPHEN JAMES
48	Jibini Baby	MR.STEPHEN JAMES
49	JOMI JOHNSON	MR.THOMAS MATHEW
50	Josy Jose	MR.THOMAS MATHEW
51	Krishna Prasad.A	MR.THOMAS MATHEW
52	MEDHINI P.J.	MR.THOMAS MATHEW
53	Megha. S	MR.THOMAS MATHEW
54	MUHAMMED SHABEER AV	MR.THOMAS MATHEW
55	Muhammed Sinan	MR.THOMAS MATHEW
56	Nandhu Rajeev	MR.THOMAS MATHEW
57	NEETHU T THANKACHAN	MR.THOMAS MATHEW
58	NEIL VARGHESE ABRAHAM	MR.THOMAS MATHEW
59	Nikhil chandran	MR.THOMAS MATHEW
60	Nikhitha Mariam Chacko	MR.THOMAS MATHEW
61	Nisa Ninan	MS.PHIJO.J
62	Nithin Mathew	MS.PHIJO.J
63	Parikshit	MS.PHIJO.J
64	Ponnu p Thomas	MS.PHIJO.J
65	Pooja Ajith	MS.PHIJO.J



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66	Rahul M	MS.PHIJO.J
67	Reji Varkey	MS.PHIJO.J
68	RESHMA. B	MS.PHIJO.J
69	Revathy R	MS.PHIJO.J
70	Rinu Ann George	MS.PHIJO.J
71	Robin Samuel Roys	MS.PHIJO.J
72	Safna Sudheer	MS.PHIJO.J
73	Saju Koshy Kurian	MS.RANJINI MARIAM
74	Sani Joseph	MS.RANJINI MARIAM
75	Sanu Sathyan	MS.RANJINI MARIAM
76	Sareena Saji	MS.RANJINI MARIAM
77	Sneha Suresh	MS.RANJINI MARIAM
78	Sona S	MS.RANJINI MARIAM
79	Soumya S Varghese	MS.RANJINI MARIAM
80	SREEJA SAJI	MS.RANJINI MARIAM
81	Sreelekshmy.V.R	MS.RANJINI MARIAM
82	Sruthi Sreedhar	MS.RANJINI MARIAM
83	Sruthi Viswam	MS.RANJINI MARIAM
84	Stemy Maria Biju	MS.RANJINI MARIAM
85	Subahana Hussain	MS. SREELEKSHMI.C
86	Sujo Koshy	MS. SREELEKSHMI.C
87	Swapna T. K	MS. SREELEKSHMI.C
88	Tinsmon Thomas	MS. SREELEKSHMI.C



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89	UNNI KRISHNAN C G	MS. SREELEKSHMI.C
90	Visak S	MS. SREELEKSHMI.C
91	Vishnu	MS. SREELEKSHMI.C
92	Vishnu Ajayan	MS. SREELEKSHMI.C
93	Vishnu Vijayan	MS. SREELEKSHMI.C



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Signature of HoD

Head, School of Bio Sciences  
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▶ Bioinformatics ▶ Bionanotechnology  
▶ Biotechnology ▶ Plant Biotechnology  
▶ Food Technology & Quality Assurance  
▶ Phytomedical Science & Technology

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[www.macfast.org](http://www.macfast.org)

Sl.No.	Name of Mentor	Number of Mentees	Name Of The Mentees
1	Dr. Blessan Santhosh George	10	Finas Anzar
			Alan Kuriakose
			Sajan A Samkutty
			Aswin R Nair
			Stalin Dany Shaji
			Rithwik Pradeep
			Abhiram .S
			Ahmad Tiyeb Yosofi
			Anakha Murali
			Anju Maria Jose
2	Dr. Jyothishkumar P.	7	Abijith Sudhan
			Ananthu R
			Sathyajith R
			Anns K Francis
			Anu Vijayan
			Anupama U
			Athira .P
3	Dr. Siby Simon	10	Ajay S S
			Harikrishnan S
			Vishnu S
			Neeraj Antony
			Ebin Siby
			Jojo Joseph
			Christy Johnson
			Devadas. M.P
			Ganga S
Gipson Joseph			

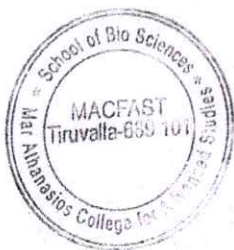
4	Dr. Haritha V H	8	Akhil A Nanda Gopan G Akash M Dev Rahul J S Gopika S Grevin S Kurian Jeemol Thomas Meenu Manoj
5	Prof. Beena Cherian	10	Ajini A Reshma Johnsy Anju M R Hannah Daniel Kunju Nileena Shimmichan Sumitha Sunil Kumar Nidal Ibrahim Reni Chacko Revathi Padmakumar Revathy .V.S
6	Mrs. Teena Merlin	7	Thasni A Prejitha Jayan Lekshmi Hari Riya Elza Philip Ryne Pereira Sandra S.P Shobal Jose
7	Dr. Dhanya Radhakrishnan	10	Athira J Malavika Lisa Sherlin Anu Balakrishnan Mahipriya O Reeba Rachel Simon Thrideep T. Nair Velgin Raj Vishnu S Kumar Wahidullah Faiz
8	Dr. Treesa Varghese	9	Aleesha Ahammed Samyuktha Soman Anusree P Lakshmi M Nair Shery S Joy Akshaya P.T Aleena Johnson Anju Alexander Asish Samuel

9	Mr. Biju Dharmapalan	9	Vijayalekshmi S
			Megha S S
			Sreevidya S Devi
			Megha P
			Geethu K A
			Athira K Rajan
			Behnam Akbari
			Fathima Salim
			Gopika Purushothaman
10	Mrs. Sini Kurien	11	Anjana M
			Shebina N
			Cerene Raju
			Lawra P George
			Loveina Gracious
			Nirmal Paulose
			Renjitha Rajeev
			Susan Issac
			Sebin K Joseph
			Bhagyalekshmi M T
Chinju Lidiya Joy			
11	Mr. Ebin Philip Thompson	7	Sibya S Joy
			Vismaya M
			Niyath Mary Eapen
			Swathika Ajith
			Anzia Azeez
			Bridget Jose
			Divya Sara Varghese
12	Dr. Shilpa Lekshmi L	9	Asha S
			Sreemol S
			Christeena Varghese
			Maria KJ
			Sneha Elizabeth Mary
			Geethu .E.G
			Jemy Merin Jose
			Krishnapriya H
			Levin John
13	Ms. Samitha Sara Abraham	8	Anagha S Kumar
			Riya Augustin
			Anie M A
			Rose Maria Binoy
			Margaret K Samuel
			Meenu Madhu
			Rehma Hanif
			Sajith S Nair

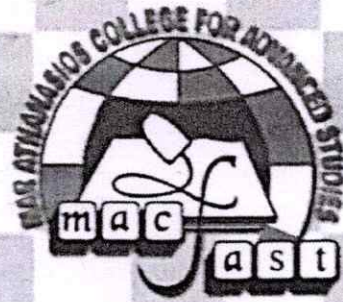


14	Ms. Ajmal Kallar Moidu	6	Sruthy Omanakuttan Himasree M Sisira Prasad Sonet D Thomas Theresa George Aiswarya M. Panicker
15	Mrs. Steffy Merin John	7	Jesly Joy Swetha Sathish Fereen K A Aiswarya S Nair Anjali Murali Anjana .S Anjana Viswanath
16	Dr. Smitha Vijayan	10	Lakshmi B Varsha Santhosh Gayathri Chandran Nayana Martin Stefy Sosa Thomas Anju Maria George Anulekshmi. S Ardra A.P Arya Manumohan Devika B
17	Ms.Femin S Uthup	10	Varsha S Nair Chandhini U. N Nagalekshmi Bijitha B Nair Nair Sruthi Krishna Unnikrishnan Jyothi Varsha K P Freedia Sebastian Haritha M A Mejo George Parvathy U R
18	Dr.Soumya Madhavan	9	Metty J Anto Alphonsa Thomas Geethu Mol P Joseph Nehal Fathima P A Suhana Rosmi Salomy K. S Abiya Ann Mathew Aiswarya Suresh Anjali T

19	Ms. Anjali P Thomas	8	Anmary Antony
			Haritha B
			Deepthi Suresh Kumar
			Anagha P M
			Aparna Tom
			Arathi Raghavan
			Arathi Saji
			Bini San George
20	Ms Sreechithra T. V.	12	Sukrutha Krishnan
			Anilda Biji
			Sreelakshmi M
			Anet P Kurian
			Chippy B
			Sruthi Sreekumar
			Febin Fathima
			Mayadevi PV
			Sofitha J
			Devika Pradeep
			Jayalakshmi T.L
			Parvathi Suresh
21	Dr. Jenny Jacob	11	Aksa Alex
			Shruthi M
			Roshini Reji
			Anju S Nair
			Keerthana Gopal
			Poornima R
			Veena Swathy
			Gowtham S
			Satyakrishna PK
			Chinju Shaji
22	Ms. Ann Mary C Simon	5	Mubeena Shahul
			Sreelakshmi G
			Anjana J S
			Teena Susan Sam Thasneem Nissam Babu



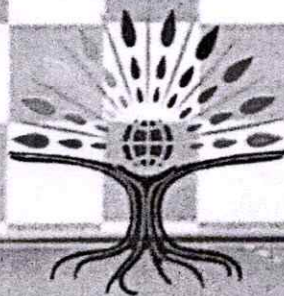
  
 Head, School of Bio Sciences  
 Mar Athanasios College for Advanced Studies  
 (MACFAST)  
 Tiruvalla-689 101  
 Kerala, India



# MACFAST MENTORING GROUP (MMG)



## MENTORING DIARY



# MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA



## MACFAST

the trendsetter in education

Kerala, Pin-689 101, India

Tel : 0469 2730300, 2730301

2730303. Fax: 0469 2730317

To,  
**Dr. Mariamma Cherian**  
Devasoba  
Nattakom -KTM - 686013

12<sup>th</sup> June 2016

Dear Dr. Mariamma Cherian,

I am happy to offer you a position of **College Counselor**. You will be required to comply with the Rules of the College and the "Code of Conduct".

The appointment is made relying upon the information furnished and representation made by you from time to time. If any information or representation is found to be incorrect or if any material information is detected by us to have been suppressed by you or any action on your part is found to be in contravention to the terms and conditions of employment or the College's Code of Conduct, the College will have the right to terminate your services at any time without notice.

In case you decide to leave the College's services, you will be required to give to the College one month's notice, which period or part thereof the College may waive at its sole discretion. You will not be entitled to avail privilege leave while serving the notice period. Your services will be liable to be terminated by the College without assigning any reason, on one month's notice or on payment of thirty days base salary in lieu of the notice period.

Very Truly Yours  
For **MACFAST**

**Fr. Pradeep Vazhatharamalayil**  
Principal



Original Received  
12<sup>th</sup> June 2016  
n. Mariamma Cherian



**MACFAST**<sup>TM</sup>

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Proceedings of the Principal Mar Athanasios College For Advanced Studies, Tiruvalla

Ref. No: 974 /2021/M1

01/12/2021

To

Rev. Fr. Ritto Mathew  
Psychiatric Social Worker  
Department of Psychiatry  
Pushpagiri Medical College  
Thiruvalla.

Dear Rev. Ritto Mathew,

**Sub: Appointment as Official Counselor of MACFAST- reg**

**Ref: Your Bio data dated 23-10-2021**

With lots of love and thanks for the Director, Department of Psychiatry, Pushpagiri Medical College, for allowing us to avail the services of Rev. Fr. Ritto Mathew, as a part-time Counselor ,MACFAST w.e.f 1<sup>st</sup> December 2021.

Your office with facilities for one to one counselling is arranged. You may maintain a Counselling diary or Register with confidentiality. Sessions can be arranged twice in a week, preferably Tuesday & Wednesday or Monday & Thursday with needy students.

Your honorarium will be 1500/- per session of two hours. Your responsibilities include general counselling and mentoring sessions for students and teachers.

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*We wish you a long and healthy association with MACFAST.*



Fr. Dr. Cherian J. Kottayil  
Principal, MACFAST



2  
3/12