



MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA

(MACFAST)

Thiruvalla - 689101

Rebuild Kerala Awareness Campaign - Tiruvalla Mini Marathon

Date : 31 December 2018

Mar Athanasios College For Advanced Studies Tiruvalla (MACFAST) and Kerala Police jointly organized "Thiruvalla Mini Marathon" on 3rd January 2019 with the theme "Rebuild Kerala". It was the first time in Pathanamthitta district, a mini marathon was organized with the motto "Rebuild People, Mind & Environment". This was organized with great interest to enlighten the people, the necessity to join hands together in order to reveal the importance of unity. An official meeting was conducted on 31st December, 2018 at 11.30am in the campus to discuss the conduct of a mini marathon. Representatives from Kerala Police, Decathlon, IIEMS, Physical Education trainer Dr. Reginold Varghese and Coordinators from MACFAST participated in the meeting in which major decisions regarding the mini marathon were taken and the required checklist was prepared. On 2nd January 2019 at 2.00pm a meeting was organized for the student coordinators to make them aware about their duties and responsibilities. Dr. Reginold Varghese and Mr. Prince from Decathlon headed the meeting.

Mr. T. Narayanan IPS, Pathanamthitta Superintendent of Police and Fr. Dr. Cherian J Kottayil, Principal, MACFAST were the main coordinators. Dr. Vinay Goyal IAS Thiruvalla Sub-Collector, Mr. J. Santhosh Kumar Thiruvalla DySP, Mr. P. R. Santhosh Thiruvalla CI, Mr. Sanesh Varghese Deputy Director MACFAST and Mr. Stephen James HoD School of Biosciences, MACFAST were the joint coordinators. Adv. Mathew T Thomas, MLA and Mr. Cherian Polachirackal, Thiruvalla Municipal Chairman took part in the event and encouraged the participants.

The mini marathon had 3 categories of run:

- Main Event – 14kms
- Under 17 – 5kms
- Dream Run- 3kms

Around 1000 participants including Kerala Police actively participated in this event. The mini marathon started from Thiruvalla Municipal Stadium at 7.00am and ended at the same location by covering a distance of 14kms. Dream Run was included as a part of this event for encouraging



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the people to join not for the material reward but for the satisfaction of having accomplished a daunting task. 117 students reported as volunteers for the event.

Trained sportspeople from Decathlon, Kottayam provided professional support for the participants. Registration was open for all. Prizes amounting to 40,000 were distributed.

Fr. Dr. CHERIAN J KOTTAYIL
PRINCIPAL
Mar Athanasios College For Advanced Studies
Tiruvalla- 689101, Kerala





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31 December 2018

Sl. No.	Name of student	Batch	Signature	Remarks
1	Alma Mariam Abraham	MBA		
2	Kamalpriya M	MSc		
3	Ribu Dilshad PP	MSc		
4	Athira P Amil	MSc		
5	Ashifa N	MSc		
6	Ajith R Pillai	MCA		
7	Reshma R	MSc		
8	Abis George	MSc		
9	Mohammed Saheer	MSc		
10	Teenamod Antony	MBA		
11	Jejo John Veayghere	MBA		
12	Christopher George	MBA		
13	Aevio H Wilson	MCA		
14	Melbin Francis	MBA		
15	Aevio + Bibio John Babu	MBA		
16	Anjali B Joseph	MBA		
17	Mesio Anna Mathew	MBA		
18	Ajmi S	MSc		
19	Abiya Babu	MBA		
20	Shany Thomas	MBA		



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21	Jibin Pasannom	MCA		
22	Shyju Varghese	MCA		
23	Ajith M. Nair	MCA		
24	Niji	MCA		
25	Gopin C. Nair	MCA		
26	Sreenath KP	MCA		
27	Vipin Dev	MCA		
28	Ashma C Das	MBA		
29	Akhira V. M	MBA		
30	CS Chitra	MBA		
31	Justin George	"		
32	Tom Abraham	"		
33	Vandana V	"		
34	Keenamol V	"		
35	Lyriac Stephen George	"		
36	Job Justin	"		
37	Amal P. K.	MSc		
38	Ajith M V	"		
39	Akshay B Chandran	"		
40	Abhijith A	"		
41	Saishma S Sureshkan			
42	Abhishek A			
43	Rahul Krishnan			
44	Unnimaya			



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45	Sarwar Iqbal	M.Sc	Janna	
46	Anju Jose k	"	Anju	
47	Anjali Prakash	"	Anji	
48	Fathima Rahim SR	"	Fathima	
49	Vandana S kumar	"	Vandana	
50	Remina M shajahan	"	Remin	
51.	Abhisrani S Babu	M.CA	Abh	
52.	Aishwarya Lalitha	"	Aishwarya	
53.	Aleekha Chandan	"	Aleekha	
54.	Binisha Suresh B	"	Binisha	
55.	Benson K. Chacko	"	Benson	
56.	Benny Benny	"	Benny	
57.	Devika Pritam	"	Devika	
58	Jaiwa Jamb	"	Jaiwa Jamb	
59.	Jisha M. Varghese	"	Jish	
60	Jyothi V.	"	Jyothi	
61	Kezia Susan John	"	Kezia	
62	Manisha Elizabeth P	"	Manisha	
63	Majumol.	"	Majumol	
64.	Nilata Ajayan.	"	Nilata	
65	Nilatha Ajayan.	"	Nilatha	
66	Parvathy K.	"	Parvathy	
67	Rubin Joseph Chris	"	Rubin	
68	Rean Suresh Varghese	"	Rean	



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69	Reshma R	M CA	<u>Resma</u>	
70	Shilpa S. Mohan	"	<u>Shilpa</u>	
71	Stena Thomas		<u>Stena</u>	
72	Swathi Sajeer	"	<u>Swathy Sajeer</u>	
73	Yugma S	"	<u>Yugma S</u>	
74	Analyith M.S	"	<u>Analyith M.S</u>	
75	Anya S. Kumar	"	<u>Anya S.</u>	
76	Dilna Basheer	"	<u>Dilna</u>	
77	Elza Varghese	"	<u>Elza</u>	
78	Sony Elza John	"	<u>Sony</u>	
79	Anu Elza Kodiy	"	<u>Anu</u>	
80	Agil Sukan	"	<u>Agil</u>	
81	Aneena Sana Vajpee	"	<u>Aneena</u>	
82	Ann Swan Alexander	"	<u>Ann</u>	
83	Vignesh P. Vijay	"	<u>Vignesh</u>	
84	Taha Martin	"	<u>Taha</u>	
85	Thejus Krishna	"	<u>Thejus</u>	
86	Sumitha S	"	<u>Sumitha</u>	
87	Subin S	"	<u>Subin</u>	
88	Breedalshmi S	"	<u>Breedalshmi</u>	
89	Sueba mt.	"	<u>Sueba</u>	
90	Joel V. Samuel	"	<u>Joel</u>	
91	Linto Thomas	ACA	<u>Linto</u>	
92	Mahesh M	"	<u>Mahesh</u>	



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93.	Benitta Benny	M.Sc.	<u>Benitta</u>	
94.	Sunitha A.T.	M.Sc.	<u>Sunitha</u>	
95.	Neena Krishnan	M.Sc.	<u>Neena</u>	
96.	Basma Yousuf	M.Sc.	<u>Basma</u>	
97.	Surya B.S.	M.Sc.	<u>Surya</u>	
98.	Neha Lukose	M.Sc.	<u>Neha</u>	
99.	Aswathy A.S.	M.Sc.	<u>Aswathy</u>	
100.	Rineesh Milton	M.Sc.	<u>Rineesh</u>	
101.	Anu Anna Joy	M.Sc.	<u>Anu</u>	
102.	Jessyja Jacob	M.Sc.	<u>Jessy</u>	
103.	Sona George	M.Sc.	<u>Sona</u>	
104.	Christeena Siby	M.Sc.	<u>Christeena</u>	
105.	Ahroa Thomas	M.Sc.	<u>Ahroa</u>	
106.	Sherin Sabu Thomas	M.Sc.	<u>Sherin</u>	
107.	Anjali G.	M.Sc.	<u>Anjali</u>	
108.	Vijeeesh V.	M.Sc.	<u>Vijeeesh</u>	
109.	Ratheesh G.	M.Sc.	<u>Ratheesh</u>	
110.	Linus Elias Jose	M.Sc.	<u>Linus</u>	
111.	Susamma Jay	M.Sc.	<u>Susamma</u>	
112.	Chippy Mathew	M.Sc.	<u>Chippy</u>	
113.	Durga Venugopal	M.Sc.	<u>Durga</u>	
114.	Keerthana Roop	M.Sc.	<u>Keerthana</u>	
115.	Arya C. Mitor	M.Sc.	<u>Arya</u>	
116.	Aryama Krishna	M.Sc.	<u>Aryama</u>	
117.	Twinkle Jose	M.Sc.	<u>Twinkle</u>	

Fr. Dr. CHERIAN J KOTTAYIL
PRINCIPAL

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