

Lifestyle diseases and organic vegetable gardening awareness campaign

23-12-2019

On 23rd December 2019, 60 NSS volunteers visited residents of different nearby localities and gave an awareness talk about the health and environmental impacts of persistent organic pollutants and use of toxic free vegetables. They also distributed organic vegetable seeds, and tree saplings to the farmers. This Phase I project was themed under toxic free vegetables.

As part of Phase II, on 24th December 2019, 60 NSS volunteers conducted an awareness programme on lifestyle diseases. As part of this, students divided into 10 groups and visited 10 nearby areas and gave classes about the foods causing lifestyle diseases & its impact.

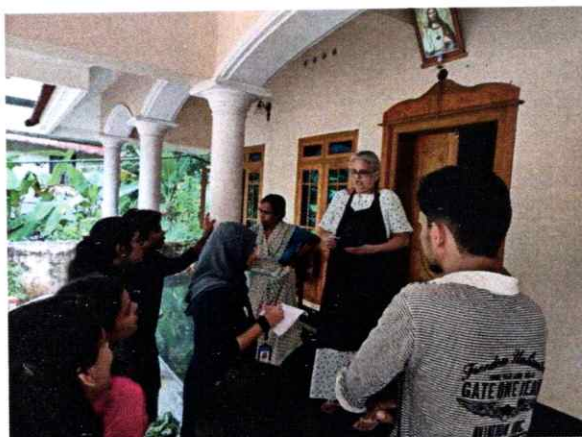


NSS volunteers discussing the impact of toxic vegetables with local population.





National Service Scheme (NSS) Unit
MAR ATHANASIOS COLLEGE FOR ADVANCED STUDIES TIRUVALLA
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NSS volunteers exploring the scope for organic vegetable gardens in the local households.

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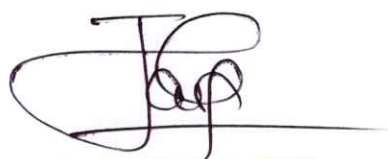


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Photo collage showing different views from the awareness campaign.


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Plastic free Awareness Campaign at Thukalassery


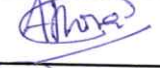
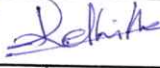

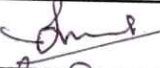



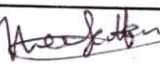
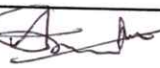


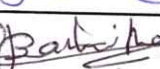
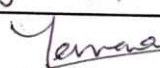
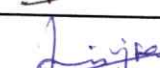

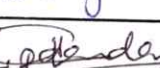
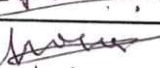

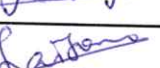

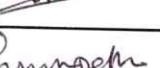
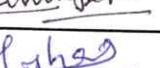
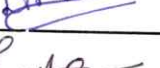
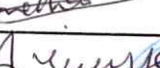
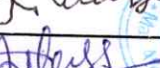

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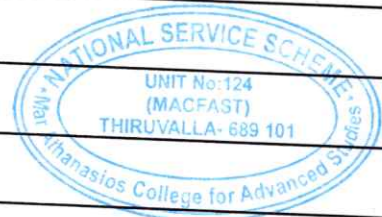
NAME	COURSE	SIGNATURE
1 Blesson Shaji	M.C.A.	Blesson
2 Vijil George	M.C.A.	Vijil
3 Reshma S Raju	M.C.A.	Reshma
4 Sibin Thomas	M.C.A.	Sibin
5 S Seethalakshmi	M.C.A.	Seethalakshmi
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7 Sreelakshmy S Nair	M.C.A.	Sreelakshmy
8 Sajishna K	M.C.A.	Sajishna
9 Akhil Kizhakkevila	M.C.A.	Akhil
10 Binimol Sibi	M.C.A.	Binimol
11 Shilpa P	M.C.A.	Shilpa
12 Vineesh V	M.C.A.	Vineesh
13 Anu Prasannan	M.C.A.	Anu
14 Arjun B Ajith	M.C.A.	Arjun
15 Riya Ealiyas	M.C.A.	Riya
16 Melbi Biju	M.C.A.	Melbi
17 Melvin C Thomas	M.C.A.	Melvin
18 Renju R	M.C.A.	Renju
19 Muhammed Roshan	M.B.A	Muhammed
20 Tom K Thomas	M.B.A	Tom



21	Kiran Das	M.B.A	
22	Athira R Thankam	M.Sc.	
23	Rakhith R	M.Sc.	
24	Aiswarya Lakshmi S	M.C.A.	
25	Sini Mathew	M.C.A.	
26	Jito J Thomas Vaidyan	M.C.A.	
27	Jaina Jacob	M.C.A.	
28	Blesson K Chandy	M.C.A.	
29	Jibu Sunny	M.B.A	
30	Alisha Elsa Charly	M.B.A	
31	Jitheesh J B	M.B.A	
32	Jishnu J	M.B.A	
33	Bobin Mathew	M.B.A	
34	Yameema Sabu	M.B.A	
35	Liji Mathew	M.B.A	
36	Asna Anna James	M.B.A	
37	Gokul S Das	M.B.A	
38	Nikhil Thomas	M.B.A	
39	Jikson Thomas	M.B.A	
40	Jaison Joboy	M.B.A	
41	Mithin Madhu	M.B.A	
42	Sampath M Philip	M.B.A	
43	Jisha Raj	M.B.A	
44	Sneha Sebastian	M.B.A	
45	Aiswarya B S	M.B.A	
46	Nandu Gopal G	M.B.A	
47	Jack Antony	M.B.A	



48	Mathew Jose	M.B.A	<i>Mathew</i>
49	Jinto Shaji	M.B.A	<i>Jinto</i>
50	Abin Thomas	M.B.A	<i>Abin</i>
51	Sijo Daniel	M.B.A	<i>S. Daniel</i>
52	Arvin Zachariah Johns	M.B.A	<i>Arvin</i>
53	Harikrishna	M.Sc.	<i>H.K.R.</i>
54	Gokul Shaji	M.Sc.	<i>Gokul</i>
55	Abhijith R S	M.Sc.	<i>Abhijith</i>
56	Asheena Banu J	M.Sc.	<i>Asheena</i>
57	Niya Benny	M.Sc.	<i>Niya</i>
58	Jestin James	M.Sc.	<i>Jestin</i>
59	Meera T S	M.Sc.	<i>Meera</i>
60	Vineeth K V	M.Sc.	<i>Vineeth</i>
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