

## Vegetable Kit Distribution in Adopted Village

17<sup>th</sup> Aug, 2021

Onam is a festival of annual harvest in Kerala, and is celebrated by Malayalees wherever they live. It is a festival of harvest, abundance and prosperity. During Onam, everyone irrespective of rich or poor prepares the traditional meal called '*Onasadhya*'. The NSS volunteers of MACFAST offered a helping hand to poor families during Onam by distributing Onam kits. The most deserving families from various villages and colonies are selected for distributing kits. The volunteers did the packaging and door delivery. The vegetable kits were distributed in the NSS adopted village. Each volunteer contributed Rs.50 for gathering the essential vegetables for preparing the Onam kit. We are proud of using handmade cloth bags by our volunteers instead of plastic bags for distributing kits. 31 NSS MACFAST volunteers visited the adopted village and gave the onam kit as a gift. Besides, we also distributed LED bulbs for saving energy for future generations. Local ward councillor guided in this endeavour. NSS MACFAST unit is very happy to be a part of social welfare activities.



**NSS volunteers distribute vegetable kits in the adopted village**



**Dr. JEEMON JOSEPH**  
PROGRAM OFFICER  
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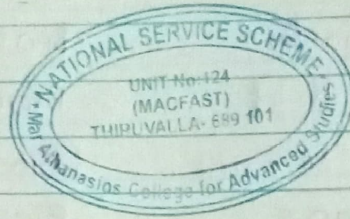
# Activity No.

## Vegetable Kit Distribution during Onam to the adopted village

Sl. No.	Name	Dept.	Signature
1.	Manda Gopan G.	Bioscience	
2	Sathyajith R.	Bioscience	
3	Vishnu S	Bioscience	
4	Hazikrishnan S	Bioscience	
5	SARAN A. SAMKUTTY	BIO SCIENCE	
6.	Sreelakshmi M	Bioscience	
7.	Mahipriya D	Bioscience	
8	Akash M. Dev	Bio	
9	Annary Antony	Bio	
10	Himavree M S	Bio	
11	Neeraj Antony	Bio	
12	Rishank Pradeep	Bio	
13	Rahul J. S.	Bio	
14	Megha S. S.	Bio.	
15	Varsha Nair	Bio	
16	U. W. Nagalakshmi	Bio	
17	Ajay S.S	Bio	
18	Abijith Sudhan	Bio	
19	Cerene Raju	Bio	
20	Fareen K A	Bio	
21	Nanda Gopan	BIOA	
23	Anusree P	Bio	
24	Harikrishnan S	BIOA	
25	Bonima R	Bio	
26	Greetha K A.	BIO	
27	Lakshmi Hari	"	
28	REEVIDYA S. DEVI	"	
29	Shreel S.	"	



- 20. Ajini A Bio Ajini
- 31. Swetha Sathish Bio SwL



A stylized handwritten signature in black ink, appearing to read "Jeemon".

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MACFAST  
THIRUVALLA- 689 101

A handwritten signature in green ink, appearing to read "Cherman".

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PRINCIPAL  
Mar Athanasios College For Advanced Studies,  
Thiruvalla- 689101, Kerala